

# Site Site Online Golf

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# Shomethamoney



- May 06 2009 00:34
- 1342 posts
- Member since 2009
- View Monitored Posts

I would like to see if I am 'onthamoney' with this thought

Tiger's downswing below....4.30



Mickelson's downswing below.....more like 5.30-6 oclock



I would think by Mickelson bringing the club too far down the line into p3 he flicks his hands after impact to try and save his shots

If he is on he is on...if he isn't he carves everything way left (for him)

Winged Foot 18th....Colonial 18th are prime examples

Put it this way his bad shot now has certainly become the push cut because of this different club path... he was never this way as much even only a few years ago... Butch might be wrong on this action with Phil

I know Tiger hits some bad ones too but his is just too fast rotation at times and he doesn't get the club square but his path at p3 is quite good

What do you think? Does that make sense?

I am learning more about all this from Lag every day

"Now I know why Tigers eat their young"

## Prot

- May 06 2009 01:03
- 354 posts
- Member since 2008

I can't watch Mickelson swing....

I absolutely love his short game, but as odd as it sounds I find his swing goes against a lot of things I'm trying to do (yes, even at my lowly ability).

In his defense, I don't think Phil is as steep anymore since seeing Butch. He also doesn't seem to overswing as much.

I have no right to comment on his mechanics, but what I see when I watch Phil with driver is- swing too long, bad weight transfer (he gets stuck on his back foot a lot), a very handsy manipulation (almost flippy) at impact.

I'm curious what Lag thinks too. Tiger is so inside the ball it's pretty cool to think how much work he has to do from P3 to get it square. Boy he just is not getting along with that new NIKE 360CC driver though eh? How many shafts did he go through already? 3?

\_\_\_\_\_\_

## Flatleftwrist



- May 06 2009 02:50
- 87 posts
- Member since 2006

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"A flute with no holes is not a flute...a donut without a hole is Danish"

Tiger is dead-on the Turned Shoulder Plane with the club but downshifting unfortunately to the elbow plane. It's difficult to tell from this angle because he just entered Release (need an impact and Downstroke photo to be perfectly clear). The Right Elbow Bend and Pitched Right Elbow are a give-away. He's beginning to Uncock his left Wrist and his hands, elbow and pivot are perfectly set-up for a longish swivel with just 1/8 roll into impact. It's a Hogan like swivel but with a Flat Left Wrist.

Phil on the otherhand has blown it. He's on a Turned Shoulder Plane at Impact. He's way above plane on the Downstroke and his hip location suffers from it. He holds the pivot back otherwise he'll pull hook the ball off the golf course. He does flip in this picture otherwise he'd push (he would run out of left arm. In fact, he ran out of left arm) the ball off the course. What a slacker.

The Secret to Golf is producing a constant rate of acceleration of the Primary Lever Assembly.

## lagpressure

- May 06 2009 04:08
- 1430 posts
- Member since 2008

Arnie,

I am a huge fan of hitting down on the putts... especially on bad greens, but the key is to hit down without reverse loft. If you push the ball into the ground on poor greens you could be asking for unnecessary complications..

Essentially, for this to work, you need to have some loft on your putter, so you can move your hands forward, that way you can hit down on it with little or no loft...

The key is a descending blow into the ball... a little scruff of the grass post impact, just like other shots.. it gives me extra feel for impact.

I don't like golf to feel like it is some kind of ultra sensitive experience.

I like firm, strong, and deliberate.. especially chipping, and pitching...

and especially out of long grass..

The bottom line is that by punching your putts a bit, in encourages acceleration through impact.. hence more feel into your hands for your brain to process.

I really believe that the weight of the ball is just not enough sensation for a lot of players, including myself, and particularly better ball strikers, because everything about their feel for the game is based upon bigger compression or impact sensations.

I often wished we had a separate putting ball that was made of lead so I could really smack it on the greens. Think how heavy billiard balls are.. and how fast the surface. The golf ball is too light on the greens for my tastes I suppose. Divot putting really helps me a lot to be a decent putter.

Lag Pressure throwaway is the root of all golf's evils

### lagpressure



- May 06 2009 04:24
- 1430 posts
- Member since 2008

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## lagpressure



- May 06 2009 04:38
- 1430 posts
- Member since 2008

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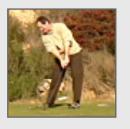
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## lagpressure



- May 06 2009 04:39
- 1430 posts
- Member since 2008

•

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Lag Pressure throwaway is the root of all golf's evils

hansli



- May 06 2009 05:20
- 7 posts
- Member since 2009
- View Monitored Posts

[4+(4+1)(4+2+3)(4+1)+(4+1+5)] So 4 is alway there..

I think of it more like this... not sure this is the right mathematical way of writing it, but basically 4 is always there, and the others work within #4 as if subsets. There is lots of overlapping going on.

I teach 2 and 3 to work first within the movement of #4.. then I teach #4 to pick up speed to then get ahead of #2 and #3 post impact to keep the feeling of acceleration going, and then finish it off with #5. #5 still uses #4 as a platform to blast off from as well.

I feel PP#4 in two stages, one at transition, the other right through and beyond impact...because the pivot does slow down to allow the hands, arms and clubhead to catch up and arrive at the P3 launching pad... then it's like a second stage rocket firing.

hope that makes sense...

# aiguille

I have not met P5 in the "book" before. Can you please explain what that pressure point is.

Hans

Every time you make a swing, remember it is a unique performance.

## lagpressure



- May 06 2009 06:58
- 1430 posts
- Member since 2008

Showme,

Tiger is nicely on the 4:30 line here.. his iron swing is very sound.

It's no mystery he struggles with his driver, and I really blame the driver itself. Too light, and I have said this over and over that the modern drivers are so out of sync with the rest of the clubs in the bag, it really creates big problems.

Tiger and Phil both have egos, and bombing the ball long is part of what they know they have to do in today's tour game. The courses are more open than they used to be.. and off fairway recoveries are just common place.

Tiger is very strong, and the modern drivers are just too light for him to feel the club. He has terrible over acceleration problems with the driver, and you can see it in the high speed photos, swingvision and all that. He loses shaft flex before impact so driving the ball for him is like watching a popcorn kernel in the hot oil.. it could go anywhere.

I really think he would solve the problem immediately if he swung a driver that weight wise was right in line with his irons.. but he would

lose too much distance, and since he doesn't have to really hit it straight, he chooses not to.. he's aware of these things I'm sure.

I think working on his horizontal ground forces would help him a lot..

It's hard to be too critical.. but I do suspect he would be an even better striker in the persimmon age.

Everyone thinks they know what Tiger needs.. but this is just my two cents.

Lag Pressure throwaway is the root of all golf's evils

# aiguille

- May 06 2009 07:07
- 28 posts
- Member since 2009

Hansli,

Lag's overarching principle, or holy grail, of the golf swing is sustaining lagpressure, holding the flex of the shaft or having the feeling that the grip end of the club is moving quicker than the clubhead throughout the golf swing.

The only way to do this is to have an accelerating swing such that one has the feeling if not the reality that the club is moving quicker post impact.

Its not easy, particularly if you have never felt it before! But it is

achievable....the really tricky part is how to accelerate post impact and this is where the fifth accumulator comes in....

Having deployed the hitters technique of pulling the club out of its natural orbit, or desire just to dump into the ground out to right field.... this puts enormous feel in the hitter's hands, almost a slashing feeling, you can almost sense the grooves rasping across the ball through impact.

So how does one accelerate from this already very powerful position?

After all, most of the traditional power accumulators are spent, however #4 is still there as is the ability to lift your arms which had been tightly packed in through impact...its this lifting of the arms and further rotation of the pivot which is the rather enigmatically titled fifth accumulator as described by Lag.

I am sure Lag will post a much more desriptive answer but I hope that explains a bit...#5 refers to the fifth accumulator, not a pressure point per se.

Remember to keep accelerating!

Aiguille

## lagpressure



- May 06 2009 07:09
- 1430 posts
- Member since 2008

As far as Phil...

He is smart to swing the way he does, because he is a swinger.. not what I would call a pivot driven hitter..

His lines are crooked and all over the place, but he he gets into a decent position at P3, and just slings it out as swingers do into the off plane post impact sea shell (equal-angular) spiral thing that I personally am not a big fan of.

Like all people who swing that way, it's very hit and miss, all timing and tempo, which Phil is very good at.. but when it's off, it's going all over the place.. He plays everyday, and is great at managing his different feels and demons, so he know's what to do to get it around.. like Tiger he is lost with the driver, but like I said the PGA Tour allows and even promotes that style of golf.. I don't.

Both these guys are short game geniuses, or they wouldn't have the trophy racks they do.

All around I think Tiger is a much better ball striker.

Lag Pressure throwaway is the root of all golf's evils

## lagpressure



- May 06 2009 07:18
- 1430 posts
- Member since 2008

•

The pressure point for the 5th accumulator is in the hands, but where it is depends upon the type of hinge action you used post impact..

At that point in the swing, the pressure moves more under the shaft, so where ever the hands are on the club depending upon the rotation of the hands at P4 and beyond will determine where that pressure is being applied. It's not really all the complicated..

Homer didn't include this in TGM because he was only thinking about how power is being applied into the ball.. not necessarily beyond it.. yet he talks about hitting Through the Ball about 8 million times.. so he was aware of it I'm sure. Especially for pivot driven hitters.. not so much for CF swingers..

Off to the golf course for a round with Mr Barkow!

Lag Pressure throwaway is the root of all golf's evils

### Junior



- May 06 2009 08:44
- 412 posts
- Member since 2009

Showme,

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Lag Pressure throwaway is the root of all golf's evils

Shock Horror, I could not agree more Lag with that assessment. IoI...

Call me crazy but I would have thought it mandatory for any golfer to have a uniform swingweight throughout their whole set Driver 
Wedge... Is this not common place? Does this not bring in a variable that does not need to be in place ie different "feels" throughout a set... WOW seems like common sense to me if I was going to be a golf pro.

Re Tiger losing distance, I don't think that would occur as I know for a fact he has a whole lot more in the bag than he shows on course.

Distance wise he is very restrained when in tournament play compared to some of the stories I have heard about his distance abilities from the US LD boys.

Whilst distance is nice, surely consistant feel is a premium for the tour

pro... I cant believe I just said that!! hahahaha....

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

# Whitednj



- May 06 2009 12:20
- 774 posts
- Member since 2007

My 460cc TM driver floats. None of my other clubs are that way inclined. I am trying to seemlessly swap between this driver and its 3-wood cousin on the practice tee but they very different animals in my hands.

# Junior



- May 06 2009 13:47
- 412 posts

My 460cc TM driver floats. None of my other clubs are that way inclined. I am trying to seemlessly swap between this driver and its 3-wood cousin on the practice tee but they very different animals in my hands.

What do you mean by "floating" White? I am pretty sure from the way you are describing it as a negatively quality, not the "float" that we

Member since 2009

desire in LD?

"Floating" is the optimum condition to get in LD where you hit the ball with a very low spin rate and the ball "floats" in its carry, resulting in a travel that is extraordinarily long. It is characterised as a flat trajectory (can be high or low in launch) that has no "rise" or "lift" in its flight. This is a very desirable quality to get mate. If you ever see the ball off a driver rise or lift you are officially "dead" as you have no control over it's flight and are at the mercy of the elements with a ball that will go anywhere and land very softly!

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# **Tigersworld**



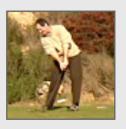
- May 06 2009 15:50
- 11 posts
- Member since 2009

Lag I hear this screaming your name...hope I'm not breaking any rules but had to show it hope you guys get a kick out of it.

**JuNiOR** 

ebay link

## lagpressure



- May 06 2009 17:09
- 1430 posts
- Member since 2008

Tiger,

That's a tough one to believe.. maybe.. but I would think I would see some wear marks on the face slightly in from center on those things if they were Ben's main playing set..

Maybe Ben owned them.. I own about 20 or so sets, and only a couple of them would I take to a serious event.

Personally, I'd rather own Hogan's swing than his clubs..! .lol

That's a fun link! who knows.. maybe that was Ben's great set!

I'd like to own a set of those anyway...

Lag Pressure throwaway is the root of all golf's evils

# Whitednj



- May 06 2009 18:57
- 774 posts

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I mean "floats on water". The head is obviously hollow. My 3-wood and hybrids don't float so must be filled with a heavier than water substance and I would assume they have a more consistent weight as compared to their size.

I play with a guy (ex rep hockey player) who smashes his driver a long way and the ball noticably lifts in flight from an initially low trajectory. He is wild off the tee as his swing is all over the place but when he gets them they are fun to watch. So this is bad in long driving?

### Mashie72



- May 07 2009 04:50
- 105 posts
- Member since 2008

Lag,

I just wanted to reiterate what a great post you had earlier on alignment and low point..Some true insight for me!

I've got a couple of examples I want to run by you to make sure your points are clear in my mind. #1) If my goal is to hit it as high as possible with a ball position to the extreme right & a max shallow approach from a lie well above my feet, I might do the following coming into and through impact A) release early, B) closed shoulders, C) have axis tilt and D) widen my stance. Example #2 If I have a 4-iron fairway bunker shot I might A) release late, B) open my shoulders, C) have no axis tilt D) narrow my stance, E) Move the ball slightly left in my stance and F) and add ACC#3

Have I got it right? Thanks for your help

## Beezneeds



- May 07 2009 05:12
- 427 posts
- Member since 2008

•

Re: this technique of pulling the club out of its natural orbit etc.

Does this mean basically dropping the club from the top of the backswing a little.....to sort of allow for extra right arm participation from a deeper position behind the body - get to top of backswing, start back (leg action) and drop club - then WHAM!

Would love to hear Styles's take on the 'out of orbit' and right arm ideas and sensations as he seems to have had some success with them lately.

Warning: I have bought my impact bag!

Glide.....WHAM!

# AddingtonArnie



- May 07 2009 06:43
- 413 posts
- Member since 2008

Hi Lag,

Just back to putting for a second or two. Do you view putters the same way as irons (i.e) perimeter weighting nulifies pure feedback etc? How about the weight of a putter which I think Beez raised in another thread? If you already find the weight of a golf ball too light, as you said above. wouldn't a heavier putter just make that worse?

Cheers, Arnie

## lagpressure



- May 07 2009 09:21
- 1430 posts
- Member since 2008

I agree, I think a tight sweetspot on a putter is nothing but good. The stroke needs to be precise, and getting great feedback is critical to having that happen..

I course I would be in favor of much more regulation on equipment, and I really have to laugh at some of the space age looking stuff I see out on the market. I really believe that everyone would do themselves a big favor if they completely let go of the idea that technology is the answer to better golf. Technique is much MORE the answer. Probably 90-10.

Arnie, you make a good point about the heavier putter making it seem worse, in that you can't feel the ball.

For me it is a lesser of two evils.. I either have light putter that is so far removed from my other clubs.. being too light.. and I do get more ball feel that way.. but.. it is still not enough...

Therfore, I can give up the ball feel, and go with a heavy putter that at least I CAN FEEL..

As we move down through our set, we come to the wedges, which have MUCH heavier heads in dead weight than our long irons.

for instance I have a wedge that has an 12 ounce head on it.

Yet my 1 iron is about 7.5 in head weight.

Now this leads to the next obvious conclusion...

As we get closer to the green our clubs get shorter and heavier.. much heavier, and for good reason..

Now we walk onto the dance floor, and now I am handed a toothpick from my caddie? It makes ZERO sense to me if I look at things from a perspective of FLOW.. some of my putters have 5 ounce heads!

Throw in a super loose shaft to boot.

It should be short and heavy.. heavier than a sand wedge.. at least to me.. and stiff.

I can't do short anymore with the putter, because it just kills my back having to bend over 60 degrees from the waist, and I have never been able to putt with long straight arms.

There are two things missing for me on the greens.. a club I can feel, and the violent shock from the impact coming up the shaft, combined with some vibration from the divot from the ground. As divots get steeper and more proportionally relevant as we get closer to the green or to the hole.. it just makes no sense to me that that relevance of a bigger vibration coming up the shaft, that that feel.. goes away on the putting green..

My golf swing is based upon feeling and utilizing CF in a big way.. on the greens I get zero CF pull as far as I'm concerned.

So the only thing I CAN DO.. is putt with a putter that has a heavy head.. and I also am filling the shaft up with rock salt. It is now the heaviest club in my bag by a long shot, not the lightest... and the stiffest.

I also made a putter that has teeth on the bottom, so as it hits the green, it literally stops after impact.. so now I am getting some of the impact feel back into my stroke. This way, I can grip it firm, I can feel the head, and I can hit down slightly and putting now feels like an impact bag..

which is GREAT! The best thing is ... I don't have to practice.. I only need to roll a few putts on a green, to get a sense of the speed, and how they are rolling out.. and NO thought on the stroke.

Last month I played the Presido Golf Club in SF in a little pro am and birdied 6 of the last 11 holes.. without a bogey on really bad greens. So when that kind of thing happens,

THAT kind of putting in the bag even if it stays mostly dormant.. I know it is there.. and I didn't have to grind on my putting to have that happen. I like to know that my putting can "once in a while" be explosive. I still enjoy going deep, shooting a 65 or whatever, even if

it's just a couple rounds a year. it's really fun!

But you need to make putts to even do that..

Anyway, the point I am trying to make, or I continue to seek in this game as a player, is to feel a flow, and sense of sameness throughout my game from tee to green.. So a persimmon driver that basically is just a SLIGHT extension from say my 1 iron in both length weight, and overall feel.. and then on the other end as I get closer to the hole, my putter is more like my short irons.. so there is a gradual transgression like a golden rainbow.. and this is the key to golf without having to practice.. I don't practice.

Lag Pressure throwaway is the root of all golf's evils

## AddingtonArnie

Thanks Lag, fascinating stuff as usual.....



- May 07 2009 09:38
- 413 posts
- Member since 2008

## Junior



- May 07 2009 10:15
- 412 posts
- Member since 2009

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I play with a guy (ex rep hockey player) who smashes his driver a long way and the ball noticably lifts in flight from an initially low trajectory. He is wild off the tee as his swing is all over the place but when he gets them they are fun to watch. So this is bad in long driving?

All heads are hollow mate, I am yet to see one split and have something come out of it. Perhaps the less density you feel in the 3 wds are due to the lower volume involved and therefore they feel "more solid"

A lift in flight is a bad thing when it comes to maximising distance. It happens with high rates of backspin where the ball will upshoot into the wind. When the ball upshoots it can then be pushed and pulled by crosswinds. If hit into a fair breeze they can nearly look like they are going in a supersonic elevator. The problem being when a ball climbs it increases its trajectory and the descent of such a ball flight is very steep which will cause a ball to land extremely softly with next to no

roll. If I personally hit a ball that "lifts" I bend over and pick up my tee as I know it is not going to get a maximum carry and roll.

Launch trajectory is fairly irrelevant, it is basically a spin contest. You can hit a high launch with a low spin rate and get an awesome carry and roll. Even into strong winds and in strong crosswinds a ball hit with low spin will bore through the wind and remain relatively untouched. We call this ball flight a "floater" and it is a very desirable quality to have. The flight is characterised by an extremely flat nature - like a dart flight... Hit a ball like this and you will achieve a shallow trajectory on landing and get a hot release with run...

It is quite possible that your sole purpose in life is simply to serve as a warning to

Numbers



others.

- May 07 2009 11:41
- 109 posts
- Member since 2008

Lag, great stuff on putting. Please tell more about teeth on putters.

Photos would be great to getsome better idea.

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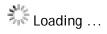
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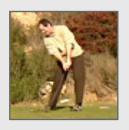
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## lagpressure



- May 07 2009 12:29
- 1430 posts
- Member since 2008

So far with the putting, I have only been using myself as a test subject for the concepts, and haven't unleashed the ideas onto my students.. as I am first trying to get them onto the putting green first! Iol

Regardless of the stroke or club itself.. a player must have a touch for speed.. and I feel I do have a certain gift for that.. being a very good approach putter... my issue has always been line.. not speed.

Putting,

you have to read it right, you have to start it on the intended line, and at the right speed. You DON'T have to aim it correctly... read the last sentence again..

I remember the week I won The Windsor Charity Classic in Canada,
I NEVER once aimed on line.. I aimed left on every putt all week, and
just pushed the ball to the right.... and down the line all week. really
just going at the inside quadrant, and had all kinds of wrist action
going..

It was a big out to in loop and a push... I remember it really working well on breaking putts because if it was a left to right putt, I was aiming to play too much break, and then feeling I was pushing it down the hill.. If I quit on the putt a bit, I would tend to pull it up the hill some, but that "quit" gave the ball less speed, but the "pull" essentially created more break.. so I might very well still make the

putt..

Very interesting stuff.. because that way, making the putt, suddenly had more that one option.. a soft pull with less break, or a firm push with more speed but less break, so I started to feel that I could still make the putt even if I pushed or pulled it..

That is a putter's dream!

It was an incredible run with the putter.. I had shot 7 under the week before in Winnipeg, 17 under at Windsor, played a 2 day pro am the next week and shot 66 65. So in 10 rounds I was 37 under par. And that is really because of putting... I've hit the ball better though 10 rounds and not scored anywhere near that..

I wrote down as much as I could about putting, and I still have those notes.. and all the ideas from Alvie Thompson that led up to that weeks before when I took a lesson from him in Vancouver in June of 91.

But then somehow golf comes back to haunt you again, and two weeks later I couldn't find the hole and missed the cut at the Quebec Open. I was hitting it great.. but it was like the hole had a piece of glass over it.. the stroke felt good, putts looked good, but I could not get anything to fall.. I obviously wasn't short on confidence.. so that wasn't it.. all the concepts were there.. but the grass was different.. the greens were a bit spongy and rolled different.

That's the thing about putting, unlike ball striking where the club hits the ball and it goes off into the air.. with putting it has to roll across a surface all the way from the ball to the hole, and it's not as easy to control what is going on during "the roll" as it is during "the flight"

Moe talked about this to me all the time...

He'd look up into the air and point..

The air, it's the same, the same, the same"

Then he would point to the putting green...

"that's not the same, it's not the same, it's not the same"

It was hard to disagree.. so you put your clubs in the car, pay your hotel bill, tip your caddy, put in some petrol, and drive off into the sunset hoping the "putting fairy" comes for another visit someday.

Lag Pressure throwaway is the root of all golf's evils

# Whitednj



- May 07 2009 12:33
- 774 posts
- Member since 2007

•

Junior, how are you consistently driving the ball with minimum spin?

Are you getting to it at the precise bottom of your swing? On the up?

Down through?

I have an idea of what you are saying as I hit the longest drive of my life on Saturday - the ball went a little higher than normal and it flew many yards past my normal landing spot and just bounced and ran and ran. I knew I'd hit something special without even looking it was so sweet. I have been working on this "feel" for some weeks but don't really know why this particular drive delivered such long and straight results. I always thought backspin was good to keep the ball straight in cross winds.

## rt1



- May 07 2009 12:57
- 157 posts
- Member since 2009

Arnie,

Hi Weetabix,

Just so you don't have to wait for Lag to wake up later in the day. Each "P" is when the club is parallel to the ground:

P1= club parallel to the ground after takeaway

P2 = club parallel to the ground at or near the top of the backswing

P3: club parallel to the ground before impact

P4: club parallel to the ground after impact

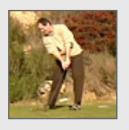
Remember this is the club being parallel to the ground nothing to do with the club being parallel to the target line etc.

Cheers,

Arnie

Maybe the terms are used different than I learned from Mike Bender, who studied under Mac O'Grady. P'S refer to position. We have 10 p's during the swing P-7 is impact.

## lagpressure



- May 07 2009 13:59
- 1430 posts
- Member since 2008

I use different terms than Mac...

I just don't think the golf swing needs that many divisions.. the less the better.. if I thought I could teach it in just two motions, back and through I would.. but P1 - 5 cover everything I need to convey..

the move into P1 starts the takeaway.. P2 moves you into the top of the backswing.

The transition from the top.. we load, compress and deliver to the launching pad at P3..

The move over to P4 defines the vital path, plane and the intention of the hinge action.. with impact just getting in the way..

The move to P5 I really like PV5 (vertical) establishes our final destination and intentions..

These five "P"s certainly cover all of the swings actions, and give enough space in between for the body to have a reasonable range of motion to work on movement, or strengthening drills.

If you divide it up and include all the vertical positions too, it complicates things much more.. and I question the benefit of that. If I say P3 it's easy for the student to go there quickly as a starting position for a bag drill or whatever...

There is just no possible way a student can think of 3 or 4 things on the downswing. You could feel something at transition, and maybe a firing at the bottom.. but no way more than that...

I only use these to do drill work anyway.. on the course .. forget all has been said and "dance with the gal you brought"

\_\_\_\_\_\_

Lag Pressure throwaway is the root of all golf's evils

#### macs



- May 08 2009 09:04
- 58 posts
- Member since 2009
- View Monitored Posts

Lag

Thats a good one. Fro me I swing best when I am not even feeling the transition. So the tempo is a push back with my pivot and the next thing I want to feel is a wait at p3. I almost feel that my hands are there waiting to catch the club and run with it. If I attempt to feel the club to the top and then transition I often overswing and OTT on the way back. Does one really need to feel the top of the swing and transition?

New Goal (after a 78) to do the same with persimmons.

"Golf is happiness. Its intoxication without the hangover. Its stimulation without the pill. Its price is high; yet its rewards are richer. Some say its a boy's pastime, yet it builds men....."

#### Junior



- May 08 2009 09:12
- 412 posts
- Member since 2009

Junior, how are you consistently driving the ball with minimum spin? Are you getting to it at the precise bottom of your swing? On the up? Down through?

I have an idea of what you are saying as I hit the longest drive of my life on Saturday - the ball went a little higher than normal and it flew many yards past my normal landing spot and just bounced and ran and ran. I knew I'd hit something special without even looking it was so sweet. I have been working on this "feel" for

some weeks but don't really know why this particular drive delivered such long and straight results. I always thought backspin was good to keep the ball straight in cross winds.

White, it is all about consistantly practising and training for the flight you are looking for. However there are some things that help with low spin rates...

Obviously our lower lofts aid us to control the spin rate to a degree, however as you pointed out this will increase sidespin effects (not that we [LDers] could ever claim to use precision [sarcasm])

I dont like to use the term "hit up" as it brings to mind the wrong feelings and incorrect body motions. I rather term it a "positive angle of attack". In TGM terms this would mean making impact ahead of the swing's low point. How far in front depends on the strength and speed of the individual and experimentation.

Shallow path into the ball: By this I mean "not intentionally hitting down on the driver". I see many amateurs who approach the ball too steeply, this is a sure fire way to increase backspin not minimise it.

Teeing the ball higher: This encourages a shallow path and the positive attack we look for.

You are right in the thinking that backspin stabilised the flight however

the "lift" slows the ball speed and what you are getting in the "up" you are losing on the "out". A shot that has lower spin and more forward penetration will have better aerodynamics for boring through the air and will be effected less in wind conditions. Of course this is taking into account that you hit it flush with little hook or slice spin. Hit side spin and no much saves this, even for us.

The need for high backspin for flight stability is one of many golf ball flight myths, the biggest of which is a draw will go further than a fade but we can cover that at a later date if people are interested.

Junior

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

## Junior



- May 08 2009 09:14
- 412 posts

## Lag

Thats a good one. Fro me I swing best when I am not even feeling the transition. So the tempo is a push back with my pivot and the next thing I want to feel is a wait at p3. I almost feel that my hands are there waiting to catch the club and run with it. If I attempt to feel the club to the top and then transition I often overswing and OTT on the way back. Does one really need to feel

<ul> <li>Member since 2009</li> </ul>	the top of the swing and transition?.
	This Year goal "break 80" (best 84 twice)
	That is a very good thing to be developing MACS, there is a definite
	"wait" or "float" in transition before the power is ms45 Tj (n! TthebBody )T

The Secret to Golf is producing a constant rate of acceleration of the Primary Lever Assembly.

# lagpressure

- May 09 2009 11:11
- 1430 posts
- Member since 2008

Macs,

everything really depends upon the degree of pivot rotation on the backswing...

If you can make a great turn but keep hand travel to a minimum, you enter a whole new world of transition.

If you can feel the pivot is doing the bulk of the movement, the wait and delays become a by-product rather than something you "have to do"

This type of golf swing embraces more of our natural desire to just "react" rather than concentrate upon feeling slow, waiting, pausing, all those very unnatural sensations in a high velocity impact sport such as golf..

However...

For us to be able to feel a quick back quick through impulsive strike upon the golf ball, we have to do that driven by the pivot and not the

arms.. and secondly, you need to develop the strength and muscular support for such an activity.. I'm talking hitting here..

For those who don't have the strength or refuse to commit to a proper training course to develop the necessary muscular structure within the body, then those golfers are bound to the world of swinging.. and although that technique can be mastered as well, guaranteed results become much more questionable.. Some have it some don't.

I agree with Dart, anyone can learn to hit.

Lag Pressure throwaway is the root of all golf's evils

# lagpressure

- May 09 2009 11:32
- 1430 posts
- Member since 2008

I respect that Homer acknowledged twelve sections of the swing..

However, most good strikers I know, particularly hitters, can literally start from an "at the top" loaded position, and hit a golf ball. It's not mandatory that a golfer even take a backswing, yet alone address, setup, impact fix, or preliminary address.. helpful? yes.. mandatory? no..

I start my students at Homer's 8-9 or what he calls release position.

8-9 8-10 8-11

release, impact, follow through...

I call it P3 to P4.

I think impact is really incidental.

In other words, impact is just in the way of getting over to P4 or even beyond. Once I move the club forward, it's all about committing to my predetermined P5, or PV5 with as much conviction as I can muster.

Homer admits that these divisions are really only for the purpose of pinpointing interim locations.

The less divisions the better.

If I could figure out a way to get students to make all the proper moves in two simple actions or drills I would..

on the other hand, I don't think slicing the "swing pie" into too many pieces is beneficial, unless those slices contain some very important biomechanical functions that will directly move the player towards increasing lag pressure upon the shaft of the golf club through the impact arena.

One of my students told me he spent 10 months with an instructor that never got him past the top of the backswing..

All I can say to that is.. I hope you took some nice photos of that backswing for either wallpaper, or a marble statue made.

Lag Pressure throwaway is the root of all golf's evils

# lagpressure



This thread turned 1 year old today!

- May 09 2009 11:51
- 1430 posts
- Member since 2008

Thanks for everyone who fed and nourished it in it's infancy!

Lag Pressure throwaway is the root of all golf's evils

## Loren



Looks like Dart's hat.

• May 09 2009 12:12

- 906 posts
- Member since 2007
- View Monitored Posts

(Systems Analyst, not an Al)

"To be consistent, you must apply Extensor Action." HK

## Flatleftwrist



May 09 2009 12:49

87 posts

Member since 2006

Congratulations Lagpressure and Golfguru. This thread has more posts than any other about TGM.

The Secret to Golf is producing a constant rate of acceleration of the Primary Lever Assembly.

## rt1



• May 09 2009 13:02

• 157 posts

Member since 2009

I use different terms than Mac...

I just don't think the golf swing needs that many divisions.. the less the better.. if I thought I could teach it in just two motions, back and through I would.. but P1 - 5 cover everything I need to convey..

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These five "P"s certainly cover all of the swings actions, and give enough space in between for the body to have a reasonable range of motion to work on movement, or strengthening drills.

If you divide it up and include all the vertical positions too, it complicates things much more.. and I question the benefit of that. If I say P3 it's easy for the student to go there quickly as a starting position for a bag drill or whatever...

There is just no possible way a student can think of 3 or 4 things on the downswing. You could feel something at transition, and maybe a firing at the bottom.. but no way more than that...

I only use these to do drill work anyway.. on the course .. forget all has been said and "dance with the gal you brought"

Lag Pressure throwaway is the root of all golf's evils

Lag, We use these numbers to convey the specified area simply for

communication, as opposed to some teachers that may say " this postion about here" Our system makes it more specific and easy for student and teacher to be on the same page.

# Whitednj



- May 09 2009 17:31
- 774 posts
- Member since 2007

Lag,

Guru and Dart put me on to impact fix a few weeks ago and the improvement in my consistency is excellent - my handicap is starting to move down after 6 months at a plateau. As a "student" who doesn't really get TGM I'd be interested to know if you have introduced this concept to your students and if so, why? And of course, if not, why not?

## TheDart



- May 09 2009 17:56
- 2266 posts
- Member since 2006
- View Monitored Posts

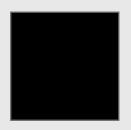
Lag regards it as a given.

Never loose it. Good for you.

For tuition in Sydney call Paul Hart (TheDart) 0412 070 820.

Terry Hill's, St. Michael's or Milperra Driving Range

# KycGolfer



Hi Lag,

Wondering how's your march towards the US Open @ Bethpage?

Cheers

- May 11 2009 10:06
- 4324 posts
- Member since 2008
- View Monitored Posts

If Tiger plays Lefty will he be that good?

Square is Good? Sure is, if it's the right stick!

Good Golf is Fun plus the Great Outdoors...

In the Bag: Clubs and Balls. My Handicap is Bad Golf.

# lagpressure



- Кус,
- Thanks for asking..
- Moe .. the Q is on Tuesday, so I'm taking the day off tomorrow.
  - Not sure how many spots there are, maybe 4? It's a one round crap shoot...

I played my one practice round today with my old touring pal Kris

The course is beyond severe.... I didn't know it was a Nicklaus course or

- May 11 2009 17:51
- 1430 posts
- Member since 2008

I might have chosen a different site. You need to bomb it so you can hit short irons in.. drop them in high to hold the ball on the greens, and the greens are as fast as any US Open.

Today I struck it pretty good actually so that is encouraging.. but it's the kind or course where anything can happen.. you can make doubles, triples or worse with only slight mishits. My short game is far from being in the kind of shape to finesse my way around this place.. so I'll really need to pure the ball tee to green.

Today, I hit 11 greens, made 4 birdies, had a triple and three doubles..

I didn't hit every shot perfect, but I didn't make any "bad" swings.

This is tightrope golf..

What I need to do is hit 14 greens out there.. get up and down twice, and avoid three putting the lightening greens. If I can make 4 birdies that will be key because this is the kind of course that is so penalizing that bogeys will happen even hitting good solid golf shots.

That's Nicklaus courses. Just the way it is..

From what I hear, few players shoot par out there.. 71 makes it every year from what I have been told..

Anyway.. I'm sure I'll turn some heads when I pull my head cover off on the first tee!

If anyone is around the Bay Area and wants to jump on the bag, let me know.. teeing off at 8 am..

lagpressure@yahoo.com

Lag Pressure throwaway is the root of all golf's evils

Rochie

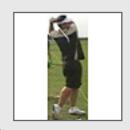
Good luck Lag.....



- May 11 2009 18:46
- 220 posts
- Member since 2008

•

## Prot



- May 11 2009 23:09
- 354 posts
- Member since 2008

Lag, just do what you do and I'm sure it'll be good enough. I can't say I believe in luck, but I do think you can make your own.

Kick old man par in the pants and enjoy the moment!

I was just reading in Golf Magazine, a great interview with Rocco Mediate after his playoff loss to Tiger at the U.S. Open; He commented on his qualifier.....

He said the 'kids' were out bombing him by a mile. They're cracking it 300 hundred, he's always the first one to hit, but from the fairway. But he said he relished it, because he took that challenge and took his shoots as close to the pin as possible and was enjoying 'putting the sweat' on the kids.

I thought it was an interesting point of view. He took it as a challenge to put pressure on the younger guys just bombing it.

How many rounds is the Q? 4?

"Try smarter, not harder." Moe Norman

## Prot



- May 12 2009 01:32
- 354 posts
- Member since 2008

I found this post very interesting, relating it to my experiences since taking on Lag's approach to TGM.

Macs,

everything really depends upon the degree of pivot rotation on the backswing...

If you can make a great turn but keep hand travel to a minimum, you enter a whole new world of transition.

I understand this. It took a while of learning that overwinding of the arms just add extra.... crap to this swing. No good can come of it IMHO.

If you can feel the pivot is doing the bulk of the movement, the wait and delays become a by-product rather than something you "have to do"

This type of golf swing embraces more of our natural desire to just "react" rather than concentrate upon feeling slow, waiting, pausing,

all those very unnatural sensations in a high velocity impact sport such as golf..

This part above is kinda tricky. In an armsy, swinging motion, is there a

great need to slow down at the top, await the transition? I think so.

Does the need to slow down exist with hitting? I still think so. It is more a need to gradually accelerate though. The reasoning is different, but I find rushing down is still a demon, causing casting, and pre-mature acceleration! (sorry no pills for that problem)

#### However...

For us to be able to feel a quick back quick through impulsive strike upon the golf ball, we have to do that driven by the pivot and not the arms.. and secondly, you need to develop the strength and muscular support for such an activity.. I'm talking hitting here..

For those who don't have the strength or refuse to commit to a proper training course to develop the necessary muscular structure within the body, then those golfers are bound to the world of swinging

I'm at a point where when I'm doing the bag drill with a 2 iron, the hands travel maybe... a foot, and I can pound the bejesus out of that bag. Could I do this with a ball? No way. The beauty of the drill is, the club never gets above your waist.

This means from that point (waist height) it is "GO" time. That's nice, and simple. Sometimes I wonder what my 2 iron club head speed is at

the impact bag. It feels very, very hard.

My 'hand/arm' travel might only be about 1 foot in that impact drill, but the deception here is that the hands/wrists/forearm/core are doing TREMENDOUS work here. (that one foot of hand movement is a mountain of work for the rest of the body IMHO).

You've given me a thought to try at the range tonight. For fun, I am going to hit the ball like an impact bag. I've never actually done that. I'd guess it would result in straight, but very short hits, but it might be a good warm up drill. Because truth is, there still seems to be some connection between the top of the backswing, and club head speed, even if I don't want to admit it (makes me think I'm doing something wrong).

"Try smarter, not harder." Moe Norman

## robbo65



- May 12 2009 02:08
- 98 posts
- Member since 2008

For fun, I am going to hit the ball like an impact bag. I've never actually done that. I'd guess it would result in straight, but very short hits, but it might be a good warm up drill. Because truth is, there still seems to be some connection between the top of the backswing, and club head speed, even if I don't want to admit it (makes me think I'm doing something wrong).

"Try smarter, not harder." Moe Norman

Prot,

I think you'll see some interesting results doing this. In fact when I feel a little "off", this is a swing thought I use to get back on track. I don't use a waist high start point, but during a full swing I approach P3 with the thought that I'm about to move an impact bag, not a golf ball (much like the drill). It seems to help stop any over-acceleration and produces that nice "heavy impact feel".

I think Lag states somewhere that you can only bring into impact the amount of lag pressure you can handle. A slow start down is key for "any type" of hitting.

Robbo

# AddingtonArnie



- May 12 2009 03:25
- 413 posts
- Member since 2008



This thread turned 1 year old today!

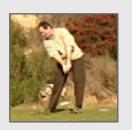
Thanks for everyone who fed and nourished it in it's infancy!

Lag Pressure throwaway is the root of all golf's evils

Just a note of appreciation for all you have shared here Lag. Its never been less than fascinating for us golf nuts!

Cheers, Arnie

# lagpressure



- May 12 2009 04:06
- 1430 posts

Hitting does require patience at the transition, but this patience becomes much easier when you have 4 canons going off at P3. It's easy to drop the club "into the slot" or as Hogan would say "the free ride down" if you are confident that you have the speed and strength and power down at the bottom. If you know that you don't have that at the bottom, then it really doesn't make sense to start down slow right? If you have weak dead hands, and you start down

Member since 2008

slow, where is the power going to come from? If you think it's only going to come from the pivot, the pivot will get so far ahead that the club will never catch up, and you'll be hitting the ball dead right all day long.

If you are going to "hit" properly, you have to learn to release the club. If you're loaded up nicely with lots of angles.. you are going to have to get rid of those angles.. meaning you deliver them to P3 then you fire them into impact. Because with hitting, we are stressing the shaft at the bottom, so the hands release the club.. if you are stressing the shaft at the top, (swinging) then you can try to feel that steady even passive hand delivery and hope the CF releases it for you..

Prot,

remember, the bigger the torso rotation and the less the hand travel, the less you have to wait.. even for a hitter... There are different ways to approach transition..

Lag Pressure throwaway is the root of all golf's evils

## Prot



- May 12 2009 05:04
- 354 posts
- Member since 2008

@Robbo, The one thing I think of with what I'm mentioning (Drill ball hitting) is with the drill sometimes I like to see how 'late in the hitting sequence' can I wait and make the most violent impact possible. I agree it may be a way of... syncing stuff up?

@Lag,

I can do quite a decent turn still so I am going to try this. Some of this is confusing....

"the free ride down" if you are confident that you have the speed and strength and power down at the bottom. If you know that you don't have that at the bottom, then it really doesn't make sense to start down slow right?

But if you hit 100% acceleration with muscles firing too soon on the way down (even with a short backswing) then the only thing that can happen at this point is **deceleration**... no?

If you have weak dead hands, and you start down slow, where is the power going to come from? If you think it's only going to come from the pivot, the pivot will get so far ahead that the club will never catch up, and you'll be hitting the ball dead right all day long.

Okay, but which is better? And for what reasons? Slow accelerationlonger drop? Or Fast acceleration, shorter drop?

If there is no difference, then why do hitters take the club back beyond ...let's say chest height? What's the point? I think there is a point where the drop, even if it's a "Free RIde" acts to increase delivery speed into the ball.

It would seem to me, any backswing beyond that is playing into 1) a waste of time, and introduces error, or 2) a swinging form.

If you are going to "hit" properly, you have to learn to release the club.

If you're loaded up nicely with lots of angles.. you are going to have to get rid of those angles.. meaning you deliver them to P3 then you fire them into impact. Because with hitting, we are stressing the shaft at the bottom, so the hands release the club.

What would happen if when your hands are coming down, and reach waist height (think between the legs), they stopped moving forward... almost entirely! For the sake of argument, on the downswing, let's say the 'arms' place the hands just in front of the ball, and STOP. Then the torso, wrists, and forearms unload everything from here. Is that not an "ideal" hit?

I've seen old black and white pictures of players like Gary Player. I think it's called 'Stop time photography', where it takes a lot of pictures in a very short time frame, but evenly spaced out. (Man I wish I could find the photo). Anyway, the alarming thing I found with these pictures is the gap in Gary's hand location gets SMALLER as he gets closer to impact, meaning he is actually slowing his hands at impact!

I can only imagine a hitter is doing this whether conscious or not of it, to transfer power from the arms, to the club.

>

Prot,

remember, the bigger the torso rotation and the less the hand travel, the less you have to wait.. even for a hitter... There are different ways to approach transition..

-----

Lag Pressure throwaway is the root of all golf's evils

I started to realize this some months back simply from hitting the bag. It is as if you 'swing' the club back, and you 'swing' the club through, but once your hands reach waist height, it is like a solid metal clamp compresses my arms into my upper body, and they move together, until the hit....

I am going to fart around with this tonight. I want to see how far I can hit my driver while darn near 'ending' hand movement past the ball, until the hit is made.

I apologize if some of this post is confusing. I am experimenting with maybe more than the basics right now. Most of it makes sense, and I'm kind of doing some 'what if...' scenarios.

"Try smarter, not harder." Moe Norman

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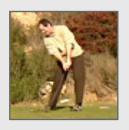
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# lagpressure



- May 12 2009 08:29
- 1430 posts
- Member since 2008

The point I was making is that for any given shot, let's say a 170 with a five iron.. you are going to need a certain mph to get the ball to go that far, and most will go with the over acceleration version to get it. rather than striking it with an accelerating club, because the reality is, they can't. However, that golfer will not likely hit the ball consistently well.

As far as the free ride down.. the longer the club, the more you need to feel this.

The more the torso rotates, and the less the hands travel, the feeling of the transition can be quicker and less waiting.. because the pivot can go fast and the wait is created as the pivot loads into the arms..

The more the arms travel, the longer the feeling of the wait will have to be to keep things in sequence...

As far as hand travel, you are spot on, because the hands do slow down, but the wrists fire hard and rotate so that clubhead doesn't have to slow down. That's exactly why we work hard on the bag.

Lag Pressure throwaway is the root of all golf's evils

# KycGolfer



May 12 2009 10:15

- 4324 posts
- Member since 2008
- View Monitored Posts

Thanks for updating us on your Us open 'journey'

I live in the 'Bush' downunder, but rest assured I'll be rooting for ya!!

go persimmon and blades...go LAg:)

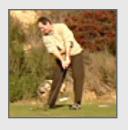
If Tiger plays Lefty will he be that good?

Square is Good? Sure is, if it's the right stick!

Good Golf is Fun plus the Great Outdoors...

In the Bag: Clubs and Balls. My Handicap is Bad Golf.

# lagpressure



- May 12 2009 12:18
- 1430 posts
- Member since 2008

I am quite sure that of the 4000 entries this year, I'll be THE ONLY one teeing off with persimmons! It's the chance to make history which is exciting... and I'm actually hitting a good stride with my ball striking so that makes it extra fun.. I'll be using my vintage Hogan Bounce Soles irons, and the new putter I just built.

I was disappointed to learn that the first stage is just a one round crap shoot, It seems that I remember it being a two rounder years ago..

Second stage is a two rounder.

I really don't think equipment will be an issue at all.. I'm driving the persimmon about 260 maybe even 280 if I really lean into it.

It's amazing how different a little age and a different perspective can really change how I prepare. When I was on tour years ago, I would be out there for a second practice round today, and probably be hitting 200 balls, and putting and chipping till near dark.. Right now I have not touched a club today nor will I!

I tee off early at 8 am, which is a bit early because that's usually about the time I wake up in the morning these days.. and I have over an hour to drive to get there so I will be getting up at 5 am.. morning stiffness is always been a nemesis for me, so I'm just going to make sure I get to the course an hour before, just to walk around, stretch a bit, and roll a few putts to get a feel for the speed..

I will not be using yardages.. just sighting and feeling the shot with pure intuition and feel. I find golf to be more fun and interesting that way..

I'll be carrying a 9 degree driver, two wood, and a five wood in case I end up in the rough. I'm dropping my 1 iron, and carrying 2 - 9..

I have two wedges.. my 48 degree split sole, and a 56 degree sand wedge.

The course is wickedly tough, every bit as severe as any USGA event I have ever played... it's like walking through a mine field.

Extreme danger on every shot. Super fast hard greens and huge

drop offs around the greens, high rough, pretty crazy stuff.. not the

kind of golf I have been playing.. but if I hit lots of fairways and greens, all that stuff doesn't matter much. It will weed out the weak ball strikers.. it will be interesting to see if some of the young players can get up and down all day out there.. I really doubt it.

Here's what the persimmon kid will be up against tomorrow!

It's a whole round full of this stuff..!





Lag Pressure throwaway is the root of all golf's evils

# Flatleftwrist



- May 12 2009 12:45
- 87 posts
- Member since 2006

Good luck Lag.

The Secret to Golf is producing a constant rate of acceleration of the Primary Lever Assembly.

# dcee



- May 12 2009 15:47
- 142 posts
- Member since 2008
- View Monitored Posts

You weren't lying about the course being ummmm.... challenging. I can see why you have to hit it high and accurately. Luck LAG, luck....

dcee

# **Styles**



Good luck John, sustain the lag!

wait to hear from the man himself!

- May 12 2009 21:46
- 3715 posts
- Member since 2007
- **View Monitored Posts**

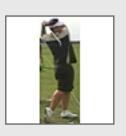
The biggest lesson I ever learned was, not, whether it works or not, but, if it makes mechanical sense, do it 'till it does work.

been searching but can't find a link for the qualifying. We'll have to

The day of smoke and mirrors is gone. Gimmicks are gone. Fundamentals have

The Dart

# **Prot**



- It looks gorgeous Lag.
- What is the loft of your 2 wood?

nothing to do with trial and error

I'm curious... one thing I learned about hitting Hogan PC's is you need a darn tight swing to help with the lack of bounce. What kind of bounce is on your sand wedge?

- Are you going to be using those balls you won/used at that "classic" tournament?:)
- Anyway, as I said to you already, best of luck. Show those young whipper snappers what a fairway looks like.

- May 12 2009 22:37
- 354 posts
- Member since 2008

"Try smarter, not harder." Moe Norman

# Shomethamoney



- May 13 2009 14:45
- 1342 posts
- Member since 2009
- View Monitored Posts

That Grout story is disputed.....

http://stevewozeniak.spaces... 210.entry

Can't get it link right - check out the April 2008 entry in the blog (link on left hand side).

Wouldn't be like Jack Nicklaus to not quite make sense in an interview!

Found that book Beez...

Let me teach you golf as I taught Jack Nicklaus- Jack Grout

"I believe that keeping the head still is one of the most difficult things a golfer has to learn to do. Certainly was for me.. When nothing else would work Jack Grout would have his assistant Larry Glosser stand in front of me and grab my hair while I hit shots. My scalp still tingles at the thought of those sessions. I cried tears of pain many a time......"

So Beez....if Jack quoted that and it was printed in Jack Grout's very own book...I would have to believe it happened otherwise Grout would

Stories change over the years but that book was written in 1975 so I have to think it was true and our blogger stevewozenik isn't on the ball with his source on that one

"Now I know why Tigers eat their young"

have edited it out and classified it as BS

# iseekgolfguru

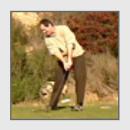
Jack says that in his My Way old video.



- May 13 2009 16:34
- 8161 posts
- Member since 2003
- View Monitored Posts

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# lagpressure



- May 13 2009 17:56
- 1430 posts
- Member since 2008

Thoughts on US OPEN qualifying.. (72 qualified)

Fairways 10/13

Greens 11/18

Three putts 0

I drove the ball very well today. Over drew my opening tee shot into 4 inch rough. Tried to hook a shot into the green but couldn't turn it enough and ended in a hazard. A double bogey start.

I refused to let it shake me, and just started hitting fairways and greens. Hit the next 6 greens and fairways, with great shots into the three pars, including a 3 iron to 2 feet, for the only birdie of the day.

I was back to one over going into 8, playing very solid good golf.

On 8 I hit a very nice drive down the left side to open the shot to the pin, but the ball trickled about a foot into 4 inch rough. Couldn't reach... bogey.

Sorry Mr Nicklaus but the 9th is a stupid hole. A par 5 that unless you drive it 310, you have to lay up short of three big oak trees that you have to be far enough back of to get over with a short iron.

I hit a perfect drive, and perfect layup leaving me about 135 yards.

I have a blind shot from the center of the fairway with a 9 iron. I did take an exact yardage here. I hit a soft shot right at the pin... all over

Hole	1	2	3	4	5	6	7	8	9	Out	10	11	12	13	14	15	16	17	18	In	Total
Yards	434	525	178	501	188	420	340	411	568	3565	397	205	441	404	159	537	322	196	559	3220	6785
Par	4	5	3	5	3	4	4	4	5	37	4	3	4	4	3	5	4	3	5	35	72
Round 1 - 5/12/2009	6	5	3	5	2	4	4	5	6	40	6	3	4	4	4	5	6	3	8	43	83

it actually, can't see it.. I get to the green and fix a ball mark 6 feet short of the pin, my ball over the green, down a 20 yard embankment in a pile of 6 inch rough. I was LUCKY to make 6!

On 10, I split a very tight fairway with a driver and have 120 left. Hit a nice wedge left of the pin.. which is tight to the right against a hazard, and my ball strikes a branch on an overhanging oak tree, and drops to a death. Double.

11 I hit 3 iron stiff but make par.

12 I hit driver- 3 iron on the green for par.

13 I hit 2 iron off the tee, and 4 iron on the green for par.

14 I'll let Mr Nicklaus off the hook here, but the greens keeper should have his head checked.

This par three is 160. The greenskeeper has shaved the grass short of the green and If you are 1 yard short of the green, the ball will roll back all the way down the hill leaving you a 60 yard wedge straight up the hill to a firm green. If you don't make it up the hill, you will replay the shot from your feet. (had this happen in practice round) Now, I am fine with this, as the pin was cut right in the front of the green. This is what I call a sucker pin. There is a tier right behind the pin going up to the second level.. I pull 6 iron to make sure I get past the pin, and the tier, because if I even land past the pin on the

tier, I might end up pulling it back down the hill.

I hit it just left of the pin, lands in the first third of the second tier and bounces like it hit concrete into a bunker over the green. I make a great 4 from there holing a 10 foot putt. If they are going to shave the front slope short, and offer a sucker pin, they need to keep the top tier soft enough to hold a teed up 6 or 7 iron shot. This is just stupid BS golf.

15 is another stupid 5 par, that you hit driver, then a 7 iron layup... which leaves you a downhill hanging lie to an shallow hard, elevated green for your third with a wedge. There is no risk and reward even if you can reach the green because the green is too shallow and small to accept a shot from a downhill lie.. Just a dumb hole. I make a nice par nevertheless.

16 is a short 4 par. I hit 2 iron that leaves me 80 yards out over water. I walked up to the green to have a look and picked a landing spot 40 feet short and slightly right of the pin. Nipped it real nice, and it hits and rolls over the green down a 20 yard steep shaved slope into a funnel of rough. This time I'm in someone's big gouged divot.

Remember there is a lake just past the pin coming back, I can't even go sideways because of the shaved slope. I make a 20 footer for six.

17 is a 200 yard 3 par, I hit 4 iron 20 feet... just miss the birdie.

18 is another awkward 5 par. It's 560, dogleg right that if you drive it tight down the right side, you might have 240 over water to a reasonable green. Rather than put a bunker left, with water right, Nicklaus puts a bunker out there about 260 just short of the water. I just nail a drive down the right side looks just perfect, and it hits some bump in the fairway, and kicks me into the bunker. I have to wedge it out. Had to hit it very flush to get it over the huge lip. Now I have 180 to the front edge. Slight tail wind, pull a 5 iron, probably the most flush feeling iron I hit all day, just covering the pin, but lands on the bank short of the green, and rolls back into the water. I think the wind must have changed direction because it was the right club, and hit really well.

Now with all that said.. I think Pete Dye, and Nicklaus, and many of the other modern course designers fail over and over to take into consideration future course conditions. I don't mind hard fast greens as long as I have a run up option. I don't even mind "drop it in from the sky" if the green will hold a properly struck shot from a nice fairway lie...but these architects also fail to consider how these holes will play in high winds.. some of these holes can literally be impossible in those conditions.

I suppose these kind of courses started in the early 80's... TPC courses and so forth here in America. If you like these kind of courses, good for you.. not for me.

My goal for the event was to hit 14 greens, which I should have hit if not for these three ridiculous short iron bounce overs.

I had no three putts, but only made one birdie.

In closing this nightmare,

I easily could have qualified. If my drive stays in the fairway on 8.. I make par. I could have just as easily made birdie on 9 and turned even par. If I don't hit an oak tree branch with the wedge on 10... I'm right there still. The bounce over on 14 should not have happened, and I could just as well have been even going down 16. Sand wedge is usually a birdie putt for me especially when I strike it perfectly, and if I am in the hunt going into 18, I'm not making triple. I hit iron off the tee... play left, exactly like I did in Vegas last year, play safe, and hit wedge into 18.. two putt and I'm in or in a playoff.

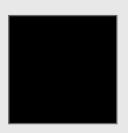
I really didn't feel held back by persimmon and 1960's gear. It can be done.

I don't blame any of the 10 guys that withdrew today... and I know why they did.

Regardless of all the what if's and such, there were 40 guys out there that couldn't beat a guy hitting a persimmon driver, and a set pf 1968 Hogan Bounce sole irons!

Lag Pressure throwaway is the root of all golf's evils

### Golfur66



- May 13 2009 19:28
- 205 posts
- Member since 2008
- **View Monitored Posts**

Nice try Lag,

Although it does show that they have set it up for the bombers hitting it over 300 (oh yeah, and masochists!).

You said you weren't disadvantaged in any way by using the Hogan's, so would you have been hitting the same numbers into greens if you were using a current model?

"Golf is a 'hit the ball to the target' sport, not a 'hit the ball with the clubhead' sport".

Percy Boomer

### Beezneeds



- May 13 2009 19:34
- 427 posts

Hard luck Lag - and well done for giving it a shot.

10 and 16 look like the real killers.

Next year.....

What about giving the (British) Open qualifying a go?

Might suit your style a bit more.

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# Styles



- May 13 2009 20:24
- 3715 posts
- Member since 2007
- View Monitored Posts

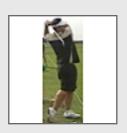
Hard luck Lag. Tough job when you are fighting from the outset.

The biggest lesson I ever learned was, not, whether it works or not, but, if it makes mechanical sense, do it 'till it does work.

The day of smoke and mirrors is gone. Gimmicks are gone. Fundamentals have nothing to do with trial and error

The Dart

## Prot



- May 13 2009 22:34
- 354 posts
- Member since 2008

Thanks for sharing the experience with us Lag. I'm sure some of it (if not most of it) isn't easy to do so.

You played a practice round or two there, correct? In those rounds they kept the pins in easy placement? I mean how can anyone score on a sucker pin with a false front and shaved greens? What is the correct play for that hole?

What kind of player do you think won? Lucky? Bomber? Short game guru?

I'm personally glad you gave it a shot. It's really too bad it's a one day

shot. I mean I understand why it is that way, but still, it'd be nice to get into a groove, and stress test the winner for more than one day.

Good on you for doing it Lag.

"Try smarter, not harder." Moe Norman

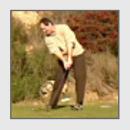
# Mashie72



- May 14 2009 04:51
- 105 posts
- Member since 2008

I tip my cap to you anyway no matter what you shot. What was your best and worst reaction from others seeing the equipment you were using and having no idea of who you are? Did the bag boy say, "Dude, this isn't Bushwood; this is The US Open"

## lagpressure



- May 14 2009 08:48
- 1430 posts
- Member since 2008

I just don't think luck had anything to do with it.. I have a right to be able to hold the green with a full wedge shot or a short iron! LOL!

Most of the golf I have played.. (except for the TRGA event I won in Las Vegas last Nov) have been on slower bumpy greens.. even the old Sahara CC in Vegas held a good golf shot, even though I thought they were firm and very fast greens.

I chatted a bit with Styles this morning, and he send me a link to some groove sharpening tool.. that gets the club just gripping the ball apparently..

I didn't think I needed to be worrying about the grooves from the middle of the fairway... the best solution for me to do well with old style V grooves is just to hit all the fairways. I really feel if I need to get a shot in the fairway, I can do it.. I'll hit 2 iron off the tee if I need to...

I personally have never had any interest in spinning the ball back..

I like it to hit, and release 10 feet.. 20 at most.. and if it holds where it landed that is fine too..

In my head it's like being able to block out one side of the fairway or the other.. If left is not an option, I can aim down the left side, and I have the whole fairway to work the ball into, not half.. If I think of spinning the ball, I don't want both options.. I don't want to have to think hmmm this could either release or spin back...

So I always like to think of some release on the ball..

The crazy thing is.. it's usually the long irons that people can't hold on the greens.. I mean I don't carry a hybrid.. I hit 3 iron into 3 greens, 4 iron into two greens, hit 5 iron twice... hit the green every time.. no problems.. it was the short irons I couldn't get to stop on the greens.. a bit ironic actually..

Nicklaus uses bigger greens for the long and medium par 4's.

He uses small shallow tricky greens for the 5 pars and the short 4 pars..

and short par 3's... I mean that is all good, and it follows nice logic...

but those holes need to be properly maintained.. I don't even feel I

need one side to bail out on.. but If a properly struck wedge or short

iron shot can't hold the green at all.. just bounces or slopes off into an abyss.. what is the point of that? It's absurd..

that's what killed me..

I know it sounds absurd to say an 83 was almost a 72... but to me it was...

I say this because 72 was my target score, but don't think that after being out there on this course for a couple hours, it didn't cross my mind that the qualifying # could be much higher.. what if big winds came up for the guys later? What if others couldn't hold the greens?

Being one over after 7 I was right in it.. the bogey on 8 was a bad break but no big deal, that's golf.. I expect a few of those a round.

It's the shot on 9.. 135 with a 9 iron, landing it 10 feet short of the pin and making 6. That should not have happened. I hit a nice wedge into 10 that hits a tree branch and I make 6.. that should not of happened, yet alone, why am I having to worry about a tree branch from dead center fairway?

I make two putt pars on the next two with 3 and 4 iron approaches.

Those are the tough holes.. A six iron to a par three should be a par, because I played smart away from the sucker pin.

So I think this.. if I take bogey on 8.. par on 9 and 10 and 11- 13, I think with the iron I hit into 14 should be good for a par too.. if the ball just holds on the green.. I'd be two over with 4 to play and I have two five pars and a short par 4.. I mean I would be looking really good.. the only tough hole should be a 3 iron par three #17 and that hole ends up being my best birdie chance from 20 feet.

I did miss my birdie on the par 5 15th, and If I was still two over,
I have 80 yards to a pin with a sand wedge in my hand. I mean the
whole round could have come down to that shot.. and if I stick it as I
should have, and not had it bounce over the green into the devils

pulpit, I should be looking at a 3, not a triple...

If I'm one over I play for par on 18.. and if I'm two over I play down the right side and gamble with the driver.. I mean who cares if I shoot 76 or 86.. this isn't the first day of a 4 rounder.. it's a do or die deal..

A lot of what if's here.. but this whole this has been one big WHAT IF?

Can this guy qualify with antique golf clubs? That's a big WHAT IF?

I'll tell you right now.. it was not that big of a what if...

I really don't think it's much of a pipe dream that I shoot 73 out there with persimmons and a set of worn out Hogan Bounce Soles. I was putting good too.. It really could have happened... and it's not just a crazy guy ... all I can say is that if there are any persimmon purists out there.. I really believe you can win against the modern gear if the course is set up so you can hold the golf ball.. that was the issue... not the driver, not the putter.. and that is really what has shocked me about this whole endeavor..

Looking back, if I had just one club, like a nine iron with razor grooves, milled face, I could make that club work to hold the green from 80 yards to 150 if needed.. that is all it would take..

The kid I played with that swung out of his shoes on every shot..

I would not have traded driving rounds.. even though he was

40 to 60 yards by me ... because he was in trouble.. and I can see

how his driver could let him down under pressure.. there was no shape, he was just aiming center, swing and spray, or pray. He missed both ways without shape.

I think the good of this is that I can now see that it is possible to take down the new gear with the old straight up.. no problem on a proper golf course. I found renewed confidence in my putting.. the teeth on my putter worked great on the super slicks.. great promise there.

I'm feeling great control of my driver after struggling a bit with it over the last couple months since the 8 degree flat re-bore I did to it. and I feel that even playing the old stuff, I have enough game to qualify for the US Open even though I didn't.. I can see it's there.. even being a once a week golfer who doesn't practice.. kind of a good feeling.. and as far as Nicklaus.. I wish he would have stayed with playing rather than designing golf courses! Or just teaching, "Golf Jack's Way"

Lag Pressure throwaway is the root of all golf's evils

### Prot



- May 14 2009 09:31
- 354 posts
- Member since 2008

Oddly enough, I own that groove tool (or possibly one just like it), and have used the "V" groove portion on my Ben Hogan PC's. I used the

"U" groove part to keep my wedges sharp.

Interesting insight lag.

I play on a course that hosts lots of tournies and the stimp is never under 10-11. I just feel that yea, I'm good with lesser grooves in long irons, I'm simply not good enough. But anything 8 iron and down I want to be able to stop on a dime. I also know the course well enough to know I need to be on a ledge... that I'd rather not... roll over, but rather chuck a dart at.

Anyway, the tool works, and doesn't make your club illegal.

# +edit+

Ah forgot to add the ball factor. Grooves are great, but if you were still playing that Srixon feel ball, that ball is tested (reliably) to give somewhere around 8K spin on wedge shots... it falls in the lower 10 percent or so for spin.

But for all I know you went with something high spin. I just thought of it as another factor because I know you had a bunch of them.

<sup>&</sup>quot;Try smarter, not harder." Moe Norman

## lagpressure



- May 14 2009 11:01
- 1430 posts
- Member since 2008

I hit the Srixon ball.. so that is probably an issue..

I mean I never once even considered that I wouldn't be able to hold the greens...

I thought I might putt really bad.. or have an off day with the driver and be in the rough all day, or even think, "what the hell am I doing in this shark tank?"

But in spite of it all, I think it really gave me a boost, because I putted really solid.. and I drove it really well, and my iron play was very good. and I can see that I if I play half decent, I'm still going to beat most of the guys out there..

I mean that's still beating a lot of guys who have all the latest and greatest stuff.. as it is I beat 40 guys out there..

as bad as I scored, given 5 over on the last three, and believe me, if I had to par them I could have.. I could have played way right on 16 and made par, but I did want to give myself a birdie run from 80 yards with a sand iron in my hand. On 18 if I hit 2 iron off the tee and go left on my second it's a cakewalk for a par. so 78 puts me in a tie for 25th..

If my ball just holds the greens with three of those shots, I shave off

at least 4 more shots, maybe 5 if I convert one to a birdie..that puts me at 74... and if my ball doesn't hit the tree on a wedge shot into #10 take two more off or maybe 3 because that should have been a 10 or 15 foot birdie putt.. and now I'm almost winning the thing..

I mean it was really that close..

It's not like I'm asking for a swing back.. I'm just asking for my ball to hold the green with a short iron.. and for a wedge to not clip a tree branch from the middle of the fairway... it's not crazy stuff.. I could have made it even with the old gear, just as easily as not...

I'll post my score no matter what I shoot.. 83 or 93 103.. or 63..

I think the key to shooting low is not fearing shooting high.. if fear is in the picture, it works on you both ways... good or bad...

I'll never fear a golf score..

Lag Pressure throwaway is the root of all golf's evils

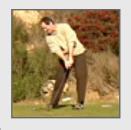
# Whitednj



- May 14 2009 11:40
- 774 posts
- Member since 2007

Lag, you say that PGA courses are set up for driving/pitching/putting contests. The course you just played sounds completely different, and not just because you were shorter off the tee than others using 460cc drivers. Why don't they use this course or others like it to sort out the best golfers on the planet?

# lagpressure



- May 14 2009 13:12
- 1430 posts
- Member since 2008

Whitednj,

This course was set up exactly like a USGA major in the 1980's.. so scores would be like those of that time.. given playing persimmons.

They are trying to put a mid iron in the tour guys hands once in a while so to do that, they have to make the courses 7400 or longer.

I suppose the firmness of the greens was not an issue for everyone, as most are using milled faces, and groove sharpening tools, and probably a higher spin ball than what I used. I had no idea I wouldn't be able to hold a green with a short iron.. least of my worries..

and that is what broke me... not the length of the course..

I needed to play the short par 4's 1 under not 4 over.. and par fives, I needed to play 1 under not 4 over.. so that's my ten shot swing.. I

never hit a bad shot on any of those holes, not even slightly off..

perfect shots.. I wouldn't do a thing different.. I had nothing to do
with it.. The ball and the grooves.. that's what it came down to..

Getting back to the PGA Tour.. fans love the long ball..
but in the old days, there were long drive contests for that.. so
go figure.. it's a different vibe..

I know I sound like a broken record but I actually like hitting long irons into holes.. I hit 3/4/5 iron seven times and never missed a green. I played those 7 approaches or holes 1 under par... that's supposed to be the tough stuff.. and that is exactly WHY I went to US OPEN Q... I have a good golf swing, and can play the tough shots. On a 6800 yard course, what I did was typical with old gear. If you can hit 8 out of 10 fairways, and not have a three putt for the week, you might find yourself in the hunt at the US Open on Sunday in pre 1990.

The game of course has changed, and from my observations now,

I think the old game is much more interesting.. unless you like 350 yard
drives.. then it's a bore I suppose..

Mayacama was a huge and expensive undertaking to make this course, why make it obsolete within a few years? The PGA tour would not play it at 6800 yards...

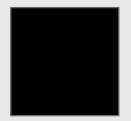
Nearly every great course of the past is now an aging relic that will drift into the memories of glazed eyes and cataracts.. I always thought well kept old things were cool..

then again.....

Lag Pressure throwaway is the root of all golf's evils

# KycGolfer

Still it was a Good Show, Lag



Kudos and standing applause from me

Golf is a Damn Funny Game.

- May 14 2009 13:23
- 4324 posts
- Member since 2008
- View Monitored Posts

If you had hit driver all day , it just means that you are hitting a modern day 3 or 4 -wood ......distance wise, not bad strategy actually from the sound of things on this course

If Tiger plays Lefty will he be that good?

Square is Good? Sure is, if it's the right stick!

Good Golf is Fun plus the Great Outdoors...

In the Bag: Clubs and Balls. My Handicap is Bad Golf.

# Whitednj



- May 14 2009 18:26
- 774 posts
- Member since 2007

Lag

Is the the course you played? http://www.mayacama.com/gol...

Qualifiers found here. http://usga.usopen.com/2009...

72 (par?) qualifies.

Do all the qualifiers get a start or is there a 2nd round to narrow them down further?

# AddingtonArnie



- May 14 2009 21:33
- 413 posts
- Member since 2008

Lag

Is the the course you played? http://www.mayacama.com/gol...

Qualifiers found here. http://usga.usopen.com/2009...

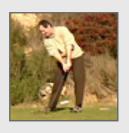
72 (par?) qualifies.

Do all the qualifiers get a start or is there a 2nd round to narrow them down further?

If you get through local qualifying you then go to sectional qualifying in a couple of week which is 36 holes. Get through that and your at Bethpage Black!

I looked at the stats last night - average score was 82.01 by my calcs!

## lagpressure



- May 15 2009 04:27
- 1430 posts
- Member since 2008

My second stage (would have been) at Saticoy CC down south..

That is a tight ball strikers course I have won tournaments on before, so I felt my chances would be very good down there at second stage because I know the golf course well. I picked Mayacama for two reasons.. close to home, and heard it was a good ball strikers course, and tough, so it wouldn't be a big putting contest. I didn't know it was a Nicklaus course or I would not have gone there.

I suppose the reason I am not a big fan of Nicklaus designs or Pete Dye is that if the courses are not properly maintained, such as letting the greens dry out too much or high winds, these courses can just be silly if not unplayable.

I am completely against courses that severely penalize properly struck golf shots. In my case I make 3 doubles and a triple with only one bad swing (my drive off the first tee) So that's 9 over right there. Rub of the green, a bad kick here or there, you make a bogey, big deal.

I am a very straight hitter of a golf ball, and am just not the kind of player who should be going out making a fist full of doubles and triples especially on a good ball striking day. The long wild hitters should be

making those big numbers.

This is exactly why I passed on the American Tour and went to play in Australia and even Canada. I like lay of the land golf courses where you play across the terrain, not someones vision of fantasy golf 101. I'll stay home and play the playstation version. I really believe that a great golf course will stand up and still be a fair test in any conditions of wind, rain, dried out greens or whatever mother nature throws your way.. as long as some part of the green is accessible with a ground play.. In the case of a shot over a canyon or water, the 16th at Cypress Point is a great example.. Alister MacKenzie knew that the severe winds coming off the sea could offer up an unplayable situation, so he made an open landing area

off to the left of the green that you can play to.. it's a simple 4 from there with still a chance at a 3 with a good up and down. I think that is a good golf hole.. you have the risk and reward element if you take out a 3 wood or driver and go at the green over the ocean and try for a 2 or 3.

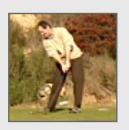
The great thing about the old style golf the way I see it.. is that it allowed the short hitter to compete with the long hitter.. and a ground game player could also be in the game against a high ball hitter... because there are several paths to the green. A strategically placed bunker short of the green on one side or the other still allows the ground game guy to roll one up.. and if he plays his drive into the

correct side of the fairway, and even has a golf ball (heaven forbid) that he can curve, might even be able to work a low shot in close running it in there.. then Jack on the other hand can drop it in from the air.. two ways.. both can work.. that is a better design. More options means more interesting.

To each their own..

Lag Pressure throwaway is the root of all golf's evils

## lagpressure



- May 18 2009 13:09
- 1430 posts
- Member since 2008

Beez, What about giving the (British) Open qualifying a go?

I think it would be fun to travel around and try to qualify for all the world's majors with persimmon and blades.. given several opportunities, I am more than convinced I would sneak into a few.. At least now I have a much clearer picture as to what I am up against, and it's not as bad as I thought.. it's amazing how well you can play golf from fairways and greens. Of course I would need a sponsor who thinks that idea is as cool as I do! Not sure anyone does, but I can tell you, it's absolutely possible, if not me, someone else who played the old game could do it given a few chances I'm convinced.

### Golfur66

You said you weren't disadvantaged in any way by using the Hogan's, so would you have been hitting the same numbers into greens if you were using a current model?

What I was saying is that, after I set a scoring goal for myself after learning what typically makes it there, looking at the golf course in the practice round, and then matching my current game to a strategic approach, I didn't feel disadvantaged at all to reach my target score of 72. Other than my drive off the first tee, I never made a bad enough swing to at anytime hit the ball into trouble.

I refuse to blame my ball striking when the shot hits 10 feet short of the pin with a 9 iron and bounces over the green, or with a sandwedge, or hitting a tree limb. My goal was to make 4 birdies to allow for an occasional mishap... I made just one, but remember, the short holes that I should have had those putts where the ones that gave me the problems with the bounce overs..

Now as far as going out there with modern gear, I'm not convinced I can hit a lightweight driver as straight.. longer yes, of course, but am I willing to give up my choice of which side of the fairway I am going down? not sure that I want to do that.. remember, 99% of the golf I play during a year is on very tight tree lined classic style golf courses with small greens... real ball strikers courses.. that's what I like.. In the Bay Area, Mare, Presidio, Lincoln Par, are my favorites, Olympic Club, and the SF Golf Club, Pasa Tiempo, and I of course would enjoy

anything down on the Monterery Peninsula (Pebble, Cypress Point, Spyglass Hill) all of which are great classic layouts.

So the golf courses or modern era courses are a different game than what I prefer, although I don't mind the occasional challenge, but not on a daily basis.

#### Prot

What is the loft of your 2 wood?

Are you going to be using those balls you won/used at that "classic" tournament?

13 degrees... I uses a Srixon ball, probably to my detriment.. Sorry Srixon.. I think I saw an add for that ball here on the right.. make a better ball you guys!

### Mashie

What was your best and worst reaction from others seeing the equipment you were using and having no idea of who you are? Did the bag boy say, "Dude, this isn't Bushwood; this is The US Open"

I have to admit, when I pulled of the my head cover on the first tee and pulled a persimmon from my bag, EVERYONE took a second look.. the officials asked me.. is that a persimmon? and I said yes.. are these things still legal? The look on their faces was really priceless.. made it worth it.. I wish I would have hit a better drive off

#1 though.. my only regret..

Kyc

If you had hit driver all day, it just means that you are hitting a modern day 3 or 4 -wood .....distance wise, not bad strategy actually from the sound of things on this course

Like I have said before.. My opponent every time I play is the imprint of the golf course architect.. the greens keeper's pins, and how he sets up the course, and third, is mother nature, and what comes from that.. I refuse to compete against myself.. my conscious mind and subconscious mind are on the same page, we both are there to compete the best we can that day. In the case of a qualifying, I set a target score, and play the course with a game plan and very specific objectives.. The goal in a qualifying is to qualify, not to shoot 76 or make a respectable showing.. you'll often see very high numbers posted on the back nine in qualifyings because of the "go for broke" element, especially on a tough setup.. If you have to take a big gamble to have a chance, one would be foolish not to take it at some point... it's a totally different vibe out there than the first round of a 3 or 4 day event.

Anyway, I'll sign off now about the US Open, and my attempt at a historic entry into Bethpage.. I think I'll give it another go next year!

In the meantime, I'll probably play two more events this year, the

	TRGA Los Angeles Open at the historic Rancho Park later this summer,
	and then defend my title down in Vegas in November.
	Back to the golf swing
	Lag Pressure throwaway is the root of all golf's evils
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## Steb



- May 18 2009 14:52
- 2398 posts
- Member since 2008
- View Monitored Posts

Of course I would need a sponsor who thinks that idea is as cool as I do! Not sure anyone does, but I can tell you, it's absolutely possible, if not me, someone else who played the old game could do it given a few chances I'm convinced.

Well if you were prepared to play a currently sold persimmon, the manufacturers would be crazy not to take the chance of at least subsidising somewhat. It's a headline waiting to happen.

## lagpressure



- May 19 2009 05:11
- 1430 posts
- Member since 2008

I still am not convinced in anyway that hitting a persimmon driver is a disadvantage on a proper golf course. And I say proper golf course meaning that there should be a PREMIUM on driving accuracy. And a golfer who is a good striker of a golf ball should be challenged with all the irons in the bag throughout a round including having to hit several long irons or even fairway woods into par 4s in a given round of golf on a championship golf course. That is why it is called a championship golf course. Champions must be required to show their talents right through the bag, and if they can't hit long irons, then they sure better be extra exceptional at some other part of their game.

Show me a good long iron player, and I'll show you a good golf swing.

The long irons are the benchmark of the golf swing.

Trying to dumb the game down so golfers aren't required to show their abilities in hitting long irons makes golf less of a game.

In the US Open Q.. I hit 11 greens, missing 3 because they wouldn't hold with short irons.. but nonetheless.. 11 greens.

The college kid I played with was driving the ball at times 50 yards past me, yet he only hit 10 greens. He made several very poor golf swings, hitting shots way off line with both his driver and irons. He was missing greens right and left. His golf swing is seriously flawed and he was clearly using stack and tilt method. In spite of my mis fortunes I still beat him on the front nine, and was 4 up on him after 7 holes, yet I never once drove past him. I'm likely more accurate with a 3 iron than he is with a 7 iron. I was 7 for 7 hitting greens with 3, 4, and 5 irons.

My point here is.. golf is and should be a game of accuracy first and foremost... and I believe that the classic equipment teaches you a better golf swing over time... and that better golf swing can beat the guys using the new stuff who don't have as good of a golf swing.

In my failed attempt, even with a double on the first hole, I was either tied or beating 4 of the guys who shot 72 after 7 holes.. and if my shots hold the green on 9 and 10, I going into 14, even with one of the guys who made it, and only one shot back of three of the guys who shot 72. It was really that simple. It can be done, no doubt about it. Knowing

what I know now, I'm not the least bit intimidated playing against a guy using modern gear on the right kind of golf course.. A 7400 yard wide open course, obviously I would be at a huge disadvantage... but a course where accuracy is a premium, not at all.

Given this idea continues to interest me, I think I'll make my point beating the new gear and winning an event with the old gear. I'm just not sure I'm quite as "in love" with competition as I was years ago. A persimmon round with a good player or someone like Al Barkow is more exciting to me at this point.

Lag Pressure throwaway is the root of all golf's evils

## AddingtonArnie

- May 19 2009 08:35
- 413 posts
- Member since 2008

Hi Lag,

Just wondered if you could help me out with a couple of clarifications regarding flexing the shaft and shaft flex. Sorry if this sounds a bit dumb but is it actually easier to "apply and maintain" pressure to a regular shaft than say an extra stiff shaft?

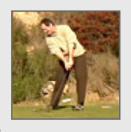
Obviously we can see that the shaft has been flexed more easily with a regular/junior shaft (as your previous photo's without a ball show) but that doesn't mean more pressure is being applied does it? Its just that its easier to see the manifestation of that pressure. Similarly in terms

of the maintenance of shaft flex is it more difficult to maintain pressure the stiffer the shaft? Even if it is the case that stressing and maintaining stress on a regular shaft is easier than with an XS shaft, the quid pro quo is presumably if you lose that stress pre-impact the consequences are worse with a regular shaft than with a XS shaft because of the potential extra distortion.

Can you also provide any guidance on the impact that shaft flex has on ball position and low point for the hitter? With your really old sets with regular shafts do you make any changes to your set up?

Cheers, Arnie

### lagpressure



- May 19 2009 09:25
- 1430 posts
- Member since 2008

When we apply pressure to a shaft, that pressure is essentially the same whether it is an x shaft or a ladies regular. That pressure is what we need as golfers, because that pressure is our feel. The more stored pressure we have in the shaft, the less the golf ball has any say in what is going to happen to it.

It is more difficult to visually see the flex in the shaft, if that shaft is stiffer than looser.

It's a tricky thing, because as soon as acceleration reaches zero, the shaft starts to unflex. Full extension of the shaft takes longer with the

looser shaft, so it could appear that the looser shaft is holding flex longer than a stiff one given the same moment of zero acceleration that would trigger the release of the pressure.

However, once pressure is lost, it is lost.. and impossible to regain in a golf swing... so don't be fooled thinking that the looser shaft is offering some kind of forgiveness.

The lowpoint in a super flexed shaft is certainly more forward and slightly left.. I can certainly feel the difference. The looser shaft is more open just prior to impact if flex is being held, but it is also MORE CLOSED if you don't..

As a hitter, I find little difference in the distance I hit my shots between regular and x shafts.. but there is a trajectory difference. The stiffer shafts do hit the ball higher..

Now if you are a swinger, all this is different.. and looser shafts may very well throw the ball up, because most people bring into impact a fully released shaft or an over released cupped shaft.. which would increase loft.. and most golfers play golf this way.. and just start piling on the compensations.

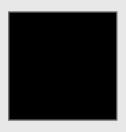
The bottom line is.. if you are a hitter, you should probably favor stiffer shafts.. but the good news is if you are hitting, shaft flex is not much of an issue, not nearly as much as it is for swingers..

For swingers, shaft flex is extremely critical because you are trying to "time" the release of the shaft into an inline situation, and that is tough stuff..

\_\_\_\_\_\_

Lag Pressure throwaway is the root of all golf's evils

## • Golfur66



- May 19 2009 10:01
- 205 posts
- Member since 2008
- View Monitored Posts

Great posts there Arnie and Lag,

I have a question/observation based on this topic.

Lag, you know I've been having tremendous hooking problems with my driver over the last few months. I have tried many things to remedy this, including waiting longer.

Lag, you have said that because of the longer shaft of a driver, more wait time is required before "hitting" through the ball.

I have had a strange observation in the last week with the irons and driver.

I have finally seemed to fix my problem, but it was through trying to hit the ball earlier, not later, with my driver. I'm back to smashing it with a slight draw.

With the irons, I try to hit it later in the downswing than the driver.

I don't quite fully understand this result, but it seems to be that because if the longer shaft of the driver and the earlier hit, I am forcing the club to load for a longer time prior to impact. The converse

seems	to be tr	ue as I hit	t the irons	, SO	that I	feel	the	"free	ride"	for
longer	prior to	the hit in	mpulse.							

Does this make sense to you?

"Golf is a 'hit the ball to the target' sport, not a 'hit the ball with the clubhead' sport".

Percy Boomer

#### lagpressure



- May 19 2009 13:31
- 1430 posts
- Member since 2008

That does make sense, because by you feeling an earlier hit with your driver, you are likely pressuring the shaft with the hands.. and while you have been working towards moving your release point farther down the swing arc toward the ball, your hand speed is still not up to the strength it needs to be to fire hard from a later and deeper P3 4:30 position. If the strength and speed are not there, then the clubhead takes over, shaft flex is lost, and the ball goes left more often than not.

Your release needs to be in direct correlation to what you are currently capable of.. so as things improve, you'll be moving this all down the arc of the club path over time..

In the meantime, you can get back to playing some good golf and I am quite sure you will be striking the ball with much better compression and feel than you were before all the hard work.

Lag Pressure throwaway is the root of all golf's evils

# lagpressure



- May 19 2009 14:30
- 1430 posts
- Member since 2008



Sometimes you just have to tremble in amazement...

I took a video tonight, hitting a couple shots off the back deck, and when I reviewed the tape, there was a swing on there that was astounding really. I took a couple stills of it..

I'll have the video of it up soon..

Entire religions have probably been based upon lesser things!

Lag Pressure throwaway is the root of all golf's evils

# lagpressure



• May 19 2009 14:36

• 1430 posts

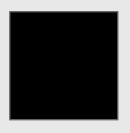
Member since 2008

If you look closely, you can just make out the ball traveling on the golden sunbeam just slightly below my right shoulder, and there also seems to be a holographic image of the ball as if it's still at impact in the last finish frame...

quite mysterious...

Lag Pressure throwaway is the root of all golf's evils

#### Golfur66



- May 19 2009 19:38
- 205 posts
- Member since 2008
- View Monitored Posts

If I don't have the hand strength, why am I hitting the ball long distances with my driver and rescue woods?

Is it due to the speed of my arms and pivot?

How can I determine if the strength in my hands is found wanting?

I feel like my forearm and hand strength is more than sufficient to

perform the swing, but it feels 'right' to hit it where I am.

"Golf is a 'hit the ball to the target' sport, not a 'hit the ball with the clubhead' sport".

Percy Boomer

# iseekgolfguru



- May 19 2009 22:47
- 8161 posts
- Member since 2003
- View Monitored Posts

Beware about the term 'hand strength'. Its how fast they can roll through the impact zone still with a FLW and a Flying Wedge in place that counts here. Think punch or slap. Which has more biff.

You fire the right forearm with a still bent right wrist.

Lag have you run across Dr Jack Kurkendal (and I know that is not the right spelling) as he is only guy I know who teaches a flattening right wrist through impact?

#### TheDart



- May 19 2009 23:34
- 2266 posts
- Member since 2006
- View Monitored Posts

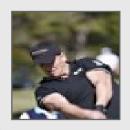
Kuykendall, Professor of Physics,

He taught me Lag Pressure through his writings and video. Homer introduced me to the concept but Jack hammered it into my thick head.

For tuition in Sydney call Paul Hart (TheDart) 0412 070 820.

Terry Hill's, St. Michael's or Milperra Driving Range

## Junior



- May 19 2009 23:59
- 412 posts
- Member since 2009

I was lucky enough to work with Jack when he was here in Australia, very clever guy and a true gentleman... Right hand release delivers 85% of clubhead speed... Of course the right hand grip is crucial to achieving this, we met accidently when he saw the grip I use... He is a true marvel to talk to!

If we could combine his mechanics knowledge with Bio's body motion findings, WOW what a product you would get!!

I can truly say that Bio has the secret to golf and then some! Since he has hammered it through my thick scone 2 weeks ago my impact power has tripled in 4 training sessions - NOT 1 ball hit yet!

The optimal golf swing is light years away from what we have been taught!

It is a tough pill to swallow but once you free yourself from what you thought you knew, wow it tastes good!!

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

#### Prot



- May 20 2009 00:07
- 354 posts
- Member since 2008

Nice pic Lag....

Can't help but notice your iron face looks ever so slightly closed at the top (1 or 2 degrees). Is this normal for you?

That is a really cool pic though, you should put it on your site.

"Try smarter, not harder." Moe Norman

# Shomethamoney



- May 20 2009 01:59
- 1342 posts
- Member since 2009
- View Monitored Posts

Cool pics Lag..... ball going right down the sunbeam with the balls position still showing on the boards at impact- afterburners are on

Left sunbeam may well be the 4.30 line .....and you have the golden ticket my friend to lead us forward down the right path to golfing freedom !!!! (or something like that)

Amazing how timing is everything...with a camera and with a club

"Now I know why Tigers eat their young"

# AddingtonArnie



May 20 2009 03:30

- 413 posts
- Member since 2008

•

Styles, Beez and I are going to do a UK & Eire version where you can just about make the ball out against the black clouds......

# Mashie72

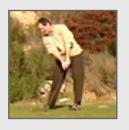


- May 20 2009 04:38
- 105 posts
- Member since 2008

Guru,

Jimmy Ballard teaches with a "Perfect Practice Glove" for the right hand which has a straight plate on the back side of the glove to keep the right wrist more or less straight throughout the swing. It is similar to a base stealer's sliding glove used in baseball

## lagpressure



- May 20 2009 05:11
- 1430 posts
- Member since 2008

The flattening right wrist through impact is not compatible with a swingers full roll release and dead hands with the arms flying off the body.. absolute nightmare...

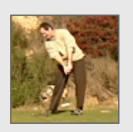
However, with a cut it left angled hinge, strong hands, a cocked and turned hand position at P3 4:30, it's exactly what you would want to feel, but this is more advanced stuff, and not to be tried without proper guidance and supervision.

Kind of like lighting yourself on fire in one of those insulated body suits.. don't try this at home!

But I am sure I would agree with Kuykendall, it's a much better way to hit a golf ball if done properly.

Lag Pressure throwaway is the root of all golf's evils

## lagpressure



- May 20 2009 07:16
- 1430 posts

Mashie,

I can't imaging keeping a flat right wrist on the downswing.. can't even imagine that working at all.. The wrist need to be cocked and loaded at P3.. so that then those angles can be quickly unloaded by a rapid firing of the hands down near the bottom..

• Member since 2008

There must be more to it...

Guru's description is spot on for a swinger's protocol.. it's all about how fast the hands turn over a FLW is you are using an automatic CF release...

But the hitter's 2M3 pivot driven release into an angled hinge is a completely different protocol.

Lag Pressure throwaway is the root of all golf's evils

#### Loren



- May 20 2009 09:59
- 906 posts
- Member since 2007
- View Monitored Posts

Kuykendall is a hitter, both triceps active (folds both arms in the backstroke to Top, no extensor action, no wristcock), about 75% right triceps, no pivot power, palm right hand grip, big Roll Transfer accumulator power, very little wrist cock if any at all, horizontal hinging. In his video I see no evidence of flattening right wrist. At the Top he says address hands angles maintained, at least. Not flattening the right wrist through impact unless what I'm looking at has been superseded.

It's all right triceps, right forearm, followed by both forearm swivel into impact from P3, roll power increasing clubhead speed 50%, he says. 85% arms, 15% body which is incidental to facilitate arms' action, almost no advantage in weight of player.

Right shoulder back and down plane, causing about a 6" lateral shift but no rotational force. Impact is relatively squared away, feet flat, weight fairly well balanced. No lower "spin out".

Body is all reaction, not action.

He says some other interesting things. The right shoulder moves about 45 degrees but the left shoulder moves about 90. They can move independently a certain amount. No tension in the torso. First move is a "sit down of about 2 inches, which puts it on plane".

Looks to me like a coordinated lateral bump with a down plane shoulder drop, followed by a straightening of both elbows.

"It must have a feel of an underhanded tossing motion."

The biggest surprise for me was that both arms fold close to the body in the backstroke and no wrist cock.

\_\_\_\_\_\_\_

(Systems Analyst, not an AI)

"To be consistent, you must apply Extensor Action." HK

# iseekgolfguru



- May 20 2009 10:27
- 8161 posts
- Member since 2003
- View Monitored Posts

Lot of hitting in that action indeed. The 'underarm toss' is a forearm driven thing with the right wrist not actively fired at the ball - it gets pulled out straight in the follow through in what could be seen as a steering effort. Ball is gone by then but those who learn this method need to keep their Flying Wedge in tact form P3 to just post impact.

Anyway thought I would 'toss' that idea into the Hitters thread:)

# Mashie72



- May 20 2009 12:56
- 105 posts
- Member since 2008

Lag,

I don't disagree with you about the wrist action being cocked and loaded @ P3. But it is indeed true to keep the right wrist nearly flat in the Ballard method. One drill is to just simply extend your right trigger finger down the side of the grip before you swing and keep it there the whole time. I agree it's probably hard to imagine but it really works great if you plan to play Jimmy's way. Don't want to side track your thread but would be happy to chat/e-mail more about it off line if interested.

# iseekgolfguru



- May 20 2009 13:16
- 8161 posts
- Member since 2003
- View Monitored Posts

Mashie fire it up as a new thread in here. There are a few who have done the Ballard in their swing searches.

# Shomethamoney



- May 20 2009 14:13
- 1342 posts
- Member since 2009
- View Monitored Posts

Ballard must have changed his method.or ideas... Curtis Strange, Hal Sutton and Parnevik and others he associates his name with certainly don't and never have had a flat right wrist

Has he changed his ideas? or is that idea more for the weekend golfer?

"Now I know why Tigers eat their young"

#### Junior



- May 20 2009 14:59
- 412 posts
- Member since 2009

Kuykendall is a hitter, both triceps active (folds both arms in the backstroke to Top, no extensor action, no wristcock), about 75% right triceps, no pivot power, palm right hand grip, big Roll Transfer accumulator power, very little wrist cock if any at all, horizontal hinging. In his video I see no evidence of flattening right wrist. At the Top he says address hands angles maintained, at least. Not flattening the right wrist through impact unless what I'm looking at has been superseded.

It's all right triceps, right forearm, followed by both forearm swivel into impact from P3, roll power increasing clubhead speed 50%, he says.

85% arms, 15% body which is incidental to facilitate arms' action, almost no advantage in weight of player.

Right shoulder back and down plane, causing about a 6" lateral shift but no rotational force. Impact is relatively squared away, feet flat, weight fairly well balanced. No lower "spin out".

Body is all reaction, not action.

He says some other interesting things. The right shoulder moves about 45 degrees but the left shoulder moves about 90. They can move independently a certain amount. No tension in the torso.

First move is a "sit down of about 2 inches, which puts it on plane".

Looks to me like a coordinated lateral bump with a down plane

shoulder drop, followed by a straightening of both elbows.

"It must have a feel of an underhanded tossing motion."

The biggest surprise for me was that both arms fold close to the body in the backstroke and no wrist cock.

(Systems Analyst, not an Al)

I'd like to pick up on some very important points that Loren has mentioned here so that they are not lost and not made 'overtechnical'

both triceps active (folds both arms in the backstroke to Top, no extensor action) absolutely! I know that many will disagree but the 'straight left' arm is the biggest killer and tension cause in amateurs I come in contact with IMHO



Big Mark Bylsma (Australian LD record holder, handicap +2)

No wristcock Jack never mentioned this to me in person or on his dvds so I would not advise this to be followed

about 75% right triceps, no pivot power, palm right hand grip

The arm power is not consciously active but is facilitated by the body motion aka 'super stiffening' as taught and mentioned numerous times by Bio. Jack has the idea right, he just does not understand why he is right. Nobody did until Bio and Zenolink were able to explain it, this is why I would love JK to have an opportunity to meet with Bio and Chris. Right palm grip is a fallacy in terms of what people have taken it to be, including Jack in his explanations, it is still in the fingers but in TGM terms is Weak Double Underhand Action 10-2-E. This facilitates the right wrist straightening (note: Not straight right wrist) at impact. Do you throw a ball with a bent right wrist, and how bent is bent? It is the 'traditional grip' that requires bent right wrist as you cannot achieve FLW if you dont, with 10-2-E you can achieve both! This is how Moe did it, it is not palms even though it has been falsely explained that way!



Roll power increasing clubhead speed 50%, he says Happens naturally post extension is not a conscious action, do you roll when you hammer a nail?

A 6" lateral shift but no rotational force. Impact is relatively squared away, feet flat, weight fairly well balanced. No lower "spin out" There is gold in this, Bio has found it, knows why it happens and

how to train it. The wording Jack uses is a little off the mark but he is so close to the money it is not funny! "If you continue to spin you will waste power that you could potentially transfer to the club through kinetic linking" the secret is knowing the why, not the what.

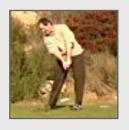
Please guys understand that this is not a dig at Loren in anyway, I just wanted to highlight the major points for those that are interested. Nor is it a shot at Jack, Jack is so close to the truth it is not funny, I hope he gets a chance to see how good his work is and to realise how his physics transfers into optimal human body motion. Purely educational post for people who are interested, not degrading TGM either as a lot of it is covered in there.

In closing dont think "Hit" or "Swing" think optimal body motion, physics and biomechanics and you are close to the truth

Junior

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

## lagpressure



- May 20 2009 15:40
- 1430 posts
- Member since 2008

•

I don't know a lot about Ballard, but from what I do understand, I like a lot of what he says..

I hate taking one thing like this and saying it holds no water.. I'm sure there is more to the story or the theory..

Junior makes a good point about throwing a ball, a pitcher brings a loaded wrist into the moment of release then fires the wrist actively.. and I think this is exactly what Hogan and Snead talked about..

I like that idea too..

But like all things in the golf swing.. this action must be supported by the correct geometry, delivery path, pivot rotation, forearm action,

I just don't see how trying to flip your hands underhand through impact into a flattening right wrist is going to work as a swing thought unless you are doing all the other things necessary to effectively utilize such an approach. It is however, as very good approach, and one that I encourage, but one needs to be careful trying to blindly implement such a component without proper guidance and direction.

On a side note..

Wild Bill Melhorn was a big advocate of both arms bent at the top back in the 1920's..

He was in fact Hogan's idol during Ben's formative years.

I have read up on his theories since talking to Al Barkow a bit about him, and it is all very CF swinging stuff.. relaxed, dead hands, and just let it go.. zero tension in the body... and that golf is smooth timing and feel...

good if you can do it..

Lag Pressure throwaway is the root of all golf's evils

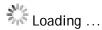
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#### Weetbix



- May 20 2009 18:00
- 450 posts
- Member since 2009
- View Monitored Posts

Loren and Junior

Very interesting stuff. Thanks.

I think it will be in my best interest to forget about it over the coming weeks as I work on Bio's training program. But it is something of a picture of a place on or for the journey.

Breaking 80 is my goal

PST is my full swing weapon of choice

# AddingtonArnie



- May 20 2009 21:31
- 413 posts
- Member since 2008

But like all things in the golf swing.. this action must be supported by the correct geometry, delivery path, pivot rotation, forearm action,

I just don't see how trying to flip your hands underhand through impact

into a flattening right wrist is going to work as a swing thought unless you are doing all the other things necessary to effectively utilize such an approach. It is however, as very good approach, and one that I encourage, but one needs to be careful trying to blindly implement such a component without proper guidance and direction.

The underhand flip or straightening of of the right wrist always reminds me of the description of the "puck release" action advoctated by Nick Bradley a few years ago in his booik the 7 LAWS of the Golf Swing. I could understand it going into an angled hinge but I a don't think that is what we see here in this graphic.



#### Flatleftwrist



- May 20 2009 22:53
- 87 posts
- Member since 2006

"Centers and Accumulators can be sequenced, overlapped, omitted, emphasized, triggered, and timed as the players understanding and skill permit. But the Club's Swing Radius (6-B-0) ends at the "non-lagging" Component nearest to the Clubhead. The "Centers" of the Stroke start with the Feet or the employeed Component nearest to the feet in the following order: Knees, Hips, Shoulders, arms, Right Elbow, Left Wristcock and/or Left Hand Rotation. For maximum Power, the position of must be taken with that will allow Delay of the Release until all Components, except the Right Foot and Right Shoulder, have reached, or passed the Line-of-Site-to-the-Ball per 6-B-1-C. Then the Accumulators must move very rapidly toward their "In-Line" Position. But none should actually arrive (lose all their Lag and Drag until well after Impact. Also see 6-H-0."

The photo/illustration above could easily serve as a bad example of

when a Right Arm Swinger Releases too early. The Secret to Golf is producing a constant rate of acceleration of the Primary Lever Assembly. Thought you might be interested in a tiny snippet from an interview Phil Mickelson did recently with Bob Verdi, Lag. GD: How would you rate yourself as a ball striker? PM: That's not a concern of mine. The only way to win tournaments is with the short game. Over half your shots out here are within 30 or 40 yards. Ballstriking is where I'm trying to improve, yes, but more to eliminate big numbers than make birdies. **Full interview** He has a point. The biggest lesson I ever learned was, not, whether it works or not, but, if it makes mechanical sense, do it 'till it does work. The day of smoke and mirrors is gone. Gimmicks are gone. Fundamentals have nothing to do with trial and error The Dart

**Styles** 

May 20 2009 23:31

Member since 2007

**View Monitored Posts** 

3715 posts

#### lagpressure

- May 21 2009 01:49
- 1430 posts
- Member since 2008

Arnie,

that photo makes me cringe because it shows a complete failure of the pivot to accelerate post impact. The feeling of the hands ever being in the position of the last photo is frightening.

Styles,

Phil has it right.. The tour is not a ball strikers game anymore.. The courses don't require it, and the perfect greens allow for a lot of mistakes to be made from tee to fringe.

However, for me, golf is still a ball strikers game, because I prefer to play the old style ball strikers courses, and I would love to have Phil come out and spray the ball all over Mare Island, and miss lots of 6 foot putts on less than perfect greens and see what that does to his psyche!

Tight fairways, and small difficult greens (that will hold a proper golf shot) is the way I feel golf should be played, because it requires more of you as a shotmaker, and it feels more rewarding on a good day when you are "in the slot"

I won't get rich, but I'll sure enjoy the quest for higher ideals.

#### Mashie72



- May 21 2009 04:49
- 105 posts
- Member since 2008

Guru/Show/Lag,

OK you asked for it!..The new thread is Answers about Jimmy Ballard's Methodology

# Junior



- May 21 2009 10:35
- 412 posts
- Member since 2009

Loren and Junior

Very interesting stuff. Thanks.

I think it will be in my best interest to forget about it over the coming weeks as I work on Bio's training program. But it is something of a picture of a place on or for the journey.

Maintain LAG with a FLW (& BRW) on PLANE:

- -Good biomechanics lead to lag
- -The hands do not add any power to the swing-PPs not PAs = FLW = no flip!

## -The magical right forearm traces the plane

You will learn it all on the program my friend and never have to think about a single thing ever again while striking a golf ball. Welcome to golfing freedom!

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

rt1



- May 21 2009 14:19
- 157 posts
- Member since 2009

Just some worthless info

US Open qualifier...

71..missed by one. 7300 yards..and typical USGA silly pin locations.

10 of 14 fairways...15-18 greens.

4 birdies..4 iron 211yds par three..3 feet, 7 iron 176 two feet( hit stick), two putt birdie from 25 feet, 5 foot last hole birdie.

Had it 12-25 feet 8 other times.

Now the stupid stuff...

3 bogeys..miss club after hitting it 305 on first hole..over green to a short side long right over the top of the pin (I blame my caddy !!) with

a nine iron..actually in hazard..up and down bogey. Three putt from 25 feet( tricky down hill first putt), 8 iron chip and run after missed green to a upper tier pin..bogey.

Putts..31...one of those days where I did not make one putt over 5 feet..ball striking was extremely good..putting ok but nothing went in.

SHOWME, how about a putting mind lesson? I need to call DR. BOB!!

Look out for the summer and the fall classic.

Good golfing to all!!

## lagpressure

- May 21 2009 16:09
- 1430 posts
- Member since 2008

RT1,

Good effort,

I hear ya about over the green troubles...

and the USGA can really get silly with the pins.. but I also blame the architects on that one too, because they assume the courses are always going to be properly maintained, and that there is some kind of governor of how hard the wind can blow, or how fast greens can dry out.

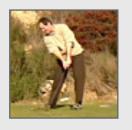
I will always believe in Alister MacKenzie's view that a proper golf hole should in general offer some kind of feed it in option or run up option

in the event these kind of things happen. Nicklaus started it, Dye juiced it up, and everyone else copied them and tried to outdo the overdone and over cooked.

If I see another railroad tie on a golf course I'll take the next train to Clarksville.

Lag Pressure throwaway is the root of all golf's evils

## lagpressure



- May 21 2009 16:16
- 1430 posts
- Member since 2008

RT1,

You were born in the wrong generation.

Sam Snead boasted in is book that the reason he won the most tour events of anyone .... even to this day, is because he averaged 33 putts per round. You'd be writing books on putting with George Low and Billy Casper if you averaged 31 putts a round..

Nice to hear you're hitting pins!

Moe told me his best round ever was hitting 6 pins.. not his multiple 59's

Lag Pressure throwaway is the root of all golf's evils

## Junior



- May 22 2009 09:48
- 412 posts
- Member since 2009

RT1, Great Job mate!!! One Shot is an absolutely marvelous effort, you must have been very unlucky not to have qualified with that performance...

305!! Oh there is some serious power starting to happen for you my friend... OUCH! Keep up the good work, I know you are training hard!

I will not even say the word "p#tting" anymore... Hahahaha... There are no tips coming from this corner...;) From 3 ft I am looking to get down in 2!! hahahaha

Keep up the good work bud and look out y'all, cant wait to here about 320 drives soon

Junior

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

## Whitednj



- May 22 2009 18:30
- 774 posts
- Member since 2007

Lag and gurus, how "athletic" is the golf swing? When I watch the smooth swinging pros it seems effortless - except for TW who seems to put everything into each shot.

I ask this as I am really trying to get a balance between control and really putting my body into each swing, erring on the side of more torque and turn - and this means I have to trust that the club will square up. The results are generally good but I can be erratic - lots of pushes when I go too far, particularly with the driver.

Is this the right track or should I back off "the power" and work more on a controlled swing? I probably should post a video some time but hopefully you guys know where I'm coming from.

# iseekgolfguru



- May 22 2009 18:46
- 8161 posts
- Member since 2003
- View Monitored Posts

# Rt1 - great effort!

Whitednj: with rhythm you can be athletic. Without it a 20 armed octopus flailing away:) You can build the coordination of the entire machine from slow to slightly faster to faster so that it feels the whole thing is still working in unison. As soon as something flys off, back off a tad. If you finish in beautiful balance all is well.

# Whitednj



- May 22 2009 21:40
- 774 posts
- Member since 2007

Guru, I get what you say. I'm trying to fit more stuff into the swing before the balanced finish! But do you tell your students to push the swing components and learn to balance in that paradism or is it always "balanced finish" and whatever fits in that? Chicken or egg?

I look at someone like Peter Senior who gives the swing a workover - I'd love to think I can model myself on his "ungainly" action which keeps delivering shot after shot.

#### Weetbix



- May 23 2009 13:58
- 450 posts
- Member since 2009
- View Monitored Posts

In a different thread Lag wrote:

The problem I have with most golf books is that they spend way too much time discussing grip, stance, posture, and backswing.

I can pure a golf ball with my feet in about any direction, even my legs crossed over, or even off my knees...with all kinds of grips, and I can loop it three times in a circle at the top like a rodeo cowboy, but somehow, I can find my way down to P3 and fire into impact.. and over to P4...

So what is it that's really important in the golf swing? What is

hitting the golf ball?

I firmly believe that a proper grip, stance, backswing and posture, will evolve from learning to strike the ball correctly ...and properly releasing the club utilizing the power sources from P3 to P4.. the rest of the stuff of course has it's place, but there are much more important things to worry about in the golf swing than where the right pinky connects to the club at address, and if you should flair the right toe 5 degrees at address..

Impact is king..

Lag Pressure throwaway is the root of all golf's evils

I have 2 questions following this Lag?

- 1. You often talk about 4.30 and P3 together. I have read in lots of places about having the club shaft parallel to the target line at P3, but are you saying is should be more at 45 degrees to that (ie 4.30)?
- 2. Would you recommend some training, with and/or without an impact bag, where you start at p3/4.30 and then finish the swing? Alternatively or as well, might you backswing to that point and then swing down?

And then maybe going further and further back from there?

Breaking 80 is my goal

PST is my full swing weapon of choice

# lagpressure

- May 24 2009 05:05
- 1430 posts
- Member since 2008

Whitednj,

Do as Peter Senior does and you will be on the right path...!

Senior's action is top shelf and in line with every concept I would teach.

As far as golf being athletic...

Think of a duck going across a lake.. it looks graceful smooth and effortless... yet under the water, it is really working hard..

Lag Pressure throwaway is the root of all golf's evils

# lagpressure

- May 24 2009 05:14
- 1430 posts
- Member since 2008

Weetbix,

Because the swing plane is INCLINED not vertical, you are much better to feel the club cocked back 45 degrees at the 3rd parallel..

This does everything you want...

It engages the pivot

It loads all your accumulators properly..

It promotes you to properly release the club either automatically or non automatically. Hit it swing..

It promotes more spine tilt so you can open up the pathway for the arms and hands to access the "golden slot"

If you don't think of P3 as also cocked back on the 4:30 line, you are really selling yourself short both in reality, intent, and conceptually.

Lag Pressure throwaway is the root of all golf's evils

#### trentster

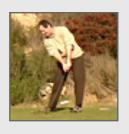


- May 24 2009 05:33
- 75 posts
- Member since 2006
- View Monitored Posts

From the top of a backswing Lag, how do you get in this position? It seems like you'd have to really drop your right shoulder and arms, and keep your shoulders closed to get there. Am I right, or am I not thinking about it correctly.

I think doing it from the P3 is obviously doable, but from the top of a backswing to P3 at 45 degrees I can't imagine or picture it, but then again, I've never swung from the inside, nor can I hit any kind of a draw to save my life LOL!

## lagpressure



- May 24 2009 05:37
- 1430 posts
- Member since 2008

Using an impact bag without proper guidance is not recommended, because if you just start slamming it, there are all kinds of pitfalls that can happen..

The number one is over acceleration.. it's a very exacting form that is in many ways much more complicated that it would at first seem.

From P3 into impact is THE MOST IMPORTANT PART OF THE GOLF SWING.. so we really need to be VERY disciplined and execute this move with extreme precision, with proper intentions, pressures, direction, firing order...

I have a video for my students that spells it out load and clear, with as much detail, images, camera angles and so forth, yet NO ONE has been

able to just watch it and get it straight away. The reason is that what
they think they are doing is not what they are doing. It's extremely
counter intuitive to what most people THINK they should be doing.
It's a tough process of tweaking, adjusting, moving things around,
a little of this, or lot less of that and so forth
I just don't believe in teaching the backswing, transition or downswing
until you know exactly what to do once you arrive at P3 4:30.
It's like running towards a cliff and jumping off, not knowing what is
below or how far you will be falling
Do you need a parachute? a Pogo stick? a bathing suit? wings?
Get prepared before you take the leap down to the golf ball.

Lag Pressure throwaway is the root of all golf's evils

## lagpressure



- May 24 2009 05:46
- 1430 posts
- Member since 2008

trentster,

maybe Prot can chime in here and share his experience in his quest for the holy grail or the 4:30 line...

This is a great question you pose.. how to you get there?

Well.. like I just said, you had first better learn what to do with the club from that position into impact..

Secondly, you better, know if you are hitting or swinging...

But in a nutshell.. you can either learn the big drop like Furyk, or loop it in there like Trevino, or just go really flat, because it can feel a lot more straight back straight through.. or you can go upright and cross it over at the top like Nicklaus, or whip it inside and lay it off, there are a lot of ways to get there.. a lot more options for that, than there are from P3 into impact..

-----

Lag Pressure throwaway is the root of all golf's evils

## trentster



May 24 2009 08:19

- 75 posts
- Member since 2006
- View Monitored Posts

•

Lag, your swing looks simple, or atleast you make it look simple:)

How would you say you get to that P3 4:30 position from the top of your backswing?

## Weetbix



May 24 2009 09:15

- 450 posts
- Member since 2009
- View Monitored Posts

I'm liking the flat option. I know it is very athletic, it just feel natural (ish)

Breaking 80 is my goal

PST is my full swing weapon of choice

#### Prot



- May 24 2009 09:29
- 354 posts
- Member since 2008

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there are a lot of ways to get there.. a lot more options for that, than there are from P3 into impact..

Lag Pressure throwaway is the root of all golf's evils

I guess to chime in, because it was very hard for me to 'get this'. I still think it's the biggest challenge, but once you start getting it, you can actually go too far, because you start to trust it... and then I was in

hook-hell...

I thought I was doing Lag's 4:30 drill properly, then I finally realized, you can't do it with your arms. You really shouldn't anyway (as a hitter I suppose).

So the trick is to understand that you really shouldn't accelerate until very late in the down swing. To accelerate early means spending your angles too soon. At first I looked for little 'feels'. Like my right upper arm clamping to my core before going after the ball.

Then next thing you know, it starts to feel natural as a drill. The next step is trusting it with hitting balls. The 'old' desire to use the arms to 'hit' is prominent at first. But once your club reaches parallel I find my arms travel VERY little between parallel and the ball getting hit from that inner quadrant. Close the face properly with assistance from a pivot, and viola, draw in a bottle.

Don't hit too soon. It's hard to get past that, and I think it's almost mandatory to do it as lag suggests with an impact bag. That gives you a head start at least.

I hope this makes sense. Don't give into the early desire to hit. Don't let your arms do the work down there either. That's what it took for me to get it. To practice it? A 1/2 (I mean a real one half) backswing shows you just how powerful a hitter action can be, because it

eliminates arms, and forces you to hit later.

I also remember, I actually had to (and still do) think of **total** acceleration happening at a spot about 12" past the ball... sounds insane doesn't it? But the best results followed.

"Try smarter, not harder." Moe Norman

## Whitednj



- May 24 2009 17:54
- 774 posts
- Member since 2007

"It's like running towards a cliff and jumping off, not knowing what is below or how far you will be falling..

Do you need a parachute? a Pogo stick? a bathing suit? wings?"

Before you hit the ground you should be thinking "so far so good!".

#### trentster



- May 24 2009 22:56
- 75 posts
- Member since 2006
- View Monitored Posts

trentster,

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I also remember, I actually had to (and still do) think of total acceleration happening at a spot about 12" past the ball... sounds insane doesn't it? But the best results followed.

"Try smarter, not harder." Moe Norman

That's great to hear from another Lag disciple! I have always been a hitter, and mostly with my arms. I'm excited to be able to coordinate my body better. When you say..."But once your club reaches parallel I find my arms travel VERY little between parallel and the ball getting hit from that inner quadrant."...I would assume that you have gotten your right elbow WAY in front of your hip, like Hogan, and that your hands may quite possibly be already even with the ball, does this sound correct?

You talk about hitting a draw. I've never hitt'en a draw so that would be nice.

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#### Prot



- May 25 2009 08:08
- 354 posts
- Member since 2008

•

Actually I would have to say ideally, my right arm position is more akin to George Knudson, coming off the right side of my body.

I mean the hands do travel... about a foot or so, while the wrists, forearms etc, release very hard. When you get to a point that you are hitting the inside of the ball and your pivot is assisting in closing the face enough... you will draw the ball. Trust me.

I started at that point going flatter and flatter to get a fade, or a more preserved right arm, until after impact.

Right now I'm struggling with pivot timing. I had it nailed for a while, so it just goes to show, it can all get derailed if you aren't mindful of it.;)

"Try smarter, not harder." Moe Norman

#### trentster



- May 26 2009 07:31
- 75 posts

Prot,

What's your handicap now?

- Member since 2006
- View Monitored Posts

•

# lagpressure



Here is some textbook P3 4:30

- May 26 2009 19:07
- 1430 posts
- Member since 2008

Lag Pressure throwaway is the root of all golf's evils

## lagpressure



These guys had it right....

- May 26 2009 19:11
- 1430 posts
- Member since 2008

Lag Pressure throwaway is the root of all golf's evils

#### Junior



particularly in the hips...

- May 26 2009 20:55
- 412 posts
- Member since 2009

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

Not on current biomechanical findings... Pity Bio not here to explain it

throughly... The modern swing will be heaps squarer with less rotation

#### Weetbix



- May 26 2009 21:37
- 450 posts
- Member since 2009
- View Monitored Posts

#### Here is some textbook P3 4:30

Given the camera angle looks quite a way behind the target line - based on the right foot being hidden from view well behind the left and that you can still see his back in the P3 and follow through positions - if I trace the club angle at P3 it doesn't look anything like a 4.30 position (which I understand is 45 degrees to the target line).

It actually doesn't look much deeper than the toe/heel line. I think if we saw a clear down the line photo of the position in the first photo it would look not a long way off parallel to the target line.

I know it's hard to tell with 2 dimensional images but it sure doesn't

look anything like 4.30 to me.
Procking 00 is my goal
Breaking 80 is my goal
PST is my full swing weapon of choice
Photos are of the same player Gay Brewer
Lag can elaborate morehe will explain it light years better than
me
but if you look at the single photo from down the line view
don't think you can get into that p4 position without hitting from 4.30
p3if he wasn't in the 4.30 position he couldn't rotate his pivot as
well and his hands would be flicking off into right field
so he would be swinging the same way in the other photos tooas it is

Member since 2009

May 26 2009 23:17

• 1342 posts

Shomethamoney

View Monitored Posts

"Now I know why Tigers eat their young"

the same person....

## aiguille



- May 26 2009 23:33
- 28 posts
- Member since 2009

Shomethamoney,

Can you imagine the sensation that Brewer has at P3, will it be one of potentially hooking the living daylights out of the ball?

And then at P4, we see the club trailing to the right, ball going straight, imagine the intense sensation of feel that he has by the act of resisting the inclination of the club to hook the ball from P3.

Is he controlling the ball with this directed pressure rather than just hitting at it with a fast swipe at the ball?

## Shomethamoney



- May 27 2009 00:29
- 1342 posts
- Member since 2009
- **View Monitored Posts**

Lag knows the better understanding and dynamics of this......

I think if you are coming from the P3 area like brewer is (and from my own feeling) .... I don't feel like I can hook it.... as long as my body rotates and drives and take the hands along for the ride with that force..... also remember most good players have a weaker grip which also resists the hands from rotating too much

To me it feels much more powerful coming from that direction. My entire body gets incorporated into the action. I know my bad shots come from club coming too much down the line and the body just doesn't want to fire and release from that area...something slows down (body) and then something else quickens (hands) and all hell breaks loose then.....

That's my own feeling and idea..... I believe Hogan said something to that effect also...that the faster he can go from what Lag calls P3 to P4 and then beyond with his entire body.... the straighter he can actually hit the ball

"Now I know why Tigers eat their young"

## Shomethamoney



- May 27 2009 00:32
- 1342 posts
- Member since 2009
- View Monitored Posts

Gotta resist to hit the ball...... the intent is the path and line and force with all components right into and through the hitting area Let the ball get in the way of the motion

"Now I know why Tigers eat their young"

## aiguille



- May 27 2009 00:57
- 28 posts
- Member since 2009

OK...maybe I am not explaining this question properly, but I think Lag likes to get his students to create that hooking sensation to start with and then he gets us to redirect that sensation into an angled hinge look like the p4 picture. This puts immense feel in the hands but of course you have to get that 'pulling it out of orbit' move right to perform this correctly.

Ultimately, I don't think you can get those two pics at P3 and P4 unless you are pulling the club out of orbit correctly.

## Shomethamoney



- May 27 2009 01:28
- 1342 posts
- Member since 2009
- View Monitored Posts

That's right......what you say is correct because the move is entirely different to what most people do...so the hook like Lag says is good when you are moving along the process.

I was going by my sensation.....which is going to be entirely different to what you may feel because I swung that way since I was 12 years old.. so the hooking sensation was never there for me because i swung that way all along and never had to start afresh and feel something entirely different... It was always ingrained and natural to me

"Now I know why Tigers eat their young"

## Styles



- May 27 2009 03:01
- 3715 posts
- Member since 2007
- View Monitored Posts

•

Hey Lag, thought you might like this story I found on Geoff Shackleton:

Curt Sampson, working on a story for Sports Illustrated, drew a crowd on the practice range when he unveiled a MacGregor Byron Nelson persimmon driver. Everybody wanted to hit it. Vijay Singh went the longest at 253 yards, one yard farther than Colleyville's Chad Campbell. Campbell, who swings like Ben Hogan, managed a carry of 232 yards using an old balata ball.

I still don't see why they think Campbell and Hogan swing alike. Not to my eye they don't.

The biggest lesson I ever learned was, not, whether it works or not, but, if it makes mechanical sense, do it 'till it does work.

The day of smoke and mirrors is gone. Gimmicks are gone. Fundamentals have nothing to do with trial and error

The Dart

## lagpressure



- May 27 2009 04:11
- 1430 posts
- Member since 2008

Junior,

The modern swing is of course based upon the modern gear that doesn't require the golf swing to be as precise or dynamic. Every time I read an article about a modern player who is handed a set of tiny blades and persimmons, they core of the article is usually around "how the hell did they hit this stuff? wow those guys were good".

Junior, the thing you might be overlooking is that back then, the game required the type of release that could enable the player to shape the ball with a very different protocol for plane line manipulation, and hinging. Accuracy was king.. and although distance is always a good thing, it was not to be at the expense of accuracy and precision shot making.

I'm sure you and Bio are correct about what is the best way to biomechanically create massive velocity, but that is not always the best way to hit the ball straight, and I say this because I am not convinced that an angled hinge action which requires a different type of pivot action is the best way to maximize velocity, but I do believe it to be the best way to control the golf ball, and I still believe that most golfers would do themselves a big favor by letting go of the "I have to hit it farther" and insert "I have to hit it straighter".

I've spoken to Bio about it, and he knows.. we are very much on the

same page about the golf swing. More same than not, that's for sure.

Lag Pressure throwaway is the root of all golf's evils

### lagpressure

- May 27 2009 04:26
- 1430 posts
- Member since 2008

Styles,

I really think golf needs to, and at some point I believe it will, split into two sports..

Just like baseball and softball.

Indy car, Nascar.

In a sense it already has, as there are hickory events and tournaments in existence already.. and at some point people I think there will be an appreciation for the golden persimmon age of which a great deal of golf's history revolves around. There are just too many gorgeous pieces of real estate around with great golf courses that were designed for a 250 yard drive, and an opportunity to play all the clubs in the bag.

I think as the years go by, more and more players will wake up to idea, or find the idea.

I found a like minded persimmon nut here in SF that had no idea anyone was even talking about such things.. and he is the club

champion and course record holder at Lincoln Park, which is SF's most historic golf course. He shot a 60 with a set of Mac Gregor Super Eye O Matic woods, Tommy Armour Silver Scots from the eary 50's and an old iron master putter.

With the golf boom of recent years, and all the new technology, his record round of 60 still stands.. and they get hundreds of rounds played there daily, year after year, and no one has touched it.

That says something I believe.

Lag Pressure throwaway is the root of all golf's evils

#### robbo65



- May 27 2009 07:25
- 98 posts
- Member since 2008

He shot a 60 with a set of Mac Gregor Super Eye O Matic woods,

Tommy Armour Silver Scots from the eary 50's and an old iron master
putter.

With the golf boom of recent years, and all the new technology, his record round of 60 still stands.. and they get hundreds of rounds played there daily, year after year, and no one has touched it.

That says something I believe.

Lag Pressure throwaway is the root of all golf's evils

Lag,

Actually I think it speaks VOLUMES!!

Robbo

#### Junior



- May 27 2009 07:33
- 412 posts
- Member since 2009

Junior,

The modern swing is of course based upon the modern gear that doesn't require the golf swing to be as precise or dynamic. Every time I read an article about a modern player who is handed a set of tiny blades and persimmons, they core of the article is usually around "how the hell did they hit this stuff? wow those guys were good".

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I've spoken to Bio about it, and he knows.. we are very much on the same page about the golf swing. More same than not, that's for sure.

Lag Pressure throwaway is the root of all golf's evils

Thats very true Lag, I had over looked that point. Do you think it is hazardous though to teach such a method to people that are utilising modern golf equipment and playing the modern game?

I do struggle with your concept that all well do is strive to smash the ball and to hell with where it goes. Accuracy of delivery is also very important, the centre of a square clubface is always going to be longer than an open toe.

I also use an angled hinge...

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

#### Mashie72

- May 27 2009 13:05
- 105 posts
- Member since 2008

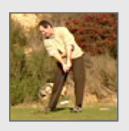
Lag,

Has Johnny Miller moved backed to SF?

Also, any thoughts on your basic greenside bunker shot? Do you treat them like a mini impact bag with vertical hinge action? or do you have some other technique? or do you handle the bunker with hitter protocol and angle hinge?

**Thanks** 

#### lagpressure



- May 27 2009 14:04
- 1430 posts
- Member since 2008

No I don't think Johnny ever moved back, but he played a lot of golf at Lincoln Park, and never touched 60 out there..

We are looking at playing the next TRGA event at the historic Rancho Park GC right in the heart of Los Angeles...

#### Rancho Park

Notice the course record shot in 1968 Bobby Howe a 61. Still standing to this day, and I can assure you Tiger has played there many times.

There are all kinds of course records that are still standing from the golden age, in spite of all the technology... and I really believe that the modern gear is aimed at helping the hacker and not the good player.

Today I played with a set on 1950's Haig Ultra Irons (Contour Soles).. it was the first time I had ever hit them.. I worked on them setting the loft and lies to my specs, but never once hit a range ball.

I did re grip them, but played the original shafts (stiff) and heavy.

I hit 15 greens first time out, and had it all over the pin all day, hit it inside 10 feet 6 times with full irons shots. Even Barkow gave me the nod after the round, and believe me, he is a hard guy to impress!

I just don't know how much better I could hit a golf ball even if you gave me the latest and greatest set of anything out today. The three greens I missed, one was 20 feet right of the pin, and about 10 feet right of where I was aiming into the safe side of the green with a 6 iron. The other two plugged in the lip of two bunkers, but the shots were both covering the flagstick to front pin placements.. it was a pretty unspectacular 70, but even AI thought it could just as easily been a 64 with a hot flat stick.

Ok, what was the question? Bunker shots? Just on a bit of high from todays ball striking!

I use a 56 degree SW with a fair amount on bounce, but not a real wide

flange.

I have a little secret about how I set up my SW... but "hint" I like to swing on the same plane angle as my other shots, so I open the face up, play the ball forward, and try to set and cock my wrists quickly, and just spank it out on a pillow of sand, very firm and aggressive. I like to vertical hinge it, and I like to get the club up and out of the sand as quickly as possible, so unlike normal golf shots,

FLW goes out the window. I am a very handsy bunker player.

Of the three bunkers I was in today... I was plugged in one, but the other two I nearly hole, but tap ins for par.

I spank it down firm and don't like the idea of the club spending a lot of time down there in the sand... in and out quickly....and the very wristy method allows from that..

I'm sure Showme has some bunker tips (I hope) he'd like to share.

Lag Pressure throwaway is the root of all golf's evils

## lagpressure



- May 27 2009 14:29
- 1430 posts
- Member since 2008

Junior,

The only thing the modern gear is doing is allowing the ball to go 20% farther, and the ability to stop the ball quicker out of the rough. Both concepts have been tragic to the game in my opinion. Missing a fairway should be a penalty, about half a shot.. meaning you should have a very difficult time getting the ball on the green.. there for if you are a 50% around the greens then... there you do.. half a shot..

For a guy like Tiger to be 150th in driving accuracy (is he even that good?) and then be leading in GIR's this is beyond ridiculous.

Put Tiger out there 270 off the tee in US Open rough, with no square souped up grooves and he has to hit mid irons into those greens and not be able to hold the ball.. and I think he would not have nearly the record he does. Has he ever hit the driver straight? Nothing like Norman did or Faldo.

I know it's an unpopular opinion I have, but I think the players in the modern game are extremely over rated if they had to play the style of golf that the previous generation had to... and are compared against constantly.

I know Bio agrees because we have talked about it.. The modern players don't have to have great golf swings and be great strikers, for the simple reason they don't have to.. Bomb it, pitch it, and roll it on

the felt.

But that doesn't work on every golf course. There are still a lot of great courses around that will not allow that kind of golf to be effective. And most of the golfers here on iseek are probably not playing PGA Tour type conditions, so I suggest learning the swing the golf club properly.

Lag Pressure throwaway is the root of all golf's evils

## Shomethamoney



- May 27 2009 14:44
- 1342 posts
- Member since 2009
- View Monitored Posts

I need to come hit off your back deck Lag.....and learn some more good stuff off you....then I will share all my bunker secrets first hand at The Mare !!!

"Now I know why Tigers eat their young"

## Whitednj

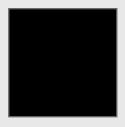


- May 27 2009 15:07
- 774 posts
- Member since 2007

If you think golf gear has gone "too modern" have a look at the good old bow and arrow - my kid wants to get into this sport and I'm thinking Robin Hood and Sherwood Forrest and this is the link he sends me .... http://www.abbeyarchery.com...

Is that a bow???? Looks like a Bullworker (for those old enough to know what that is).

## KycGolfer



- May 27 2009 16:06
- 4324 posts
- Member since 2008
- View Monitored Posts

If you think golf gear has gone "too modern" have a look at the good old bow and arrow - my kid wants to get into this sport and I'm thinking Robin Hood and Sherwood Forrest and this is the link he sends me .... http://www.abbeyarchery.com...

Is that a bow???? Looks like a Bullworker (for those old enough to know what that is).

#### Classic!

I have kept my Honma Persimmons in my Museum and every now n then admire them what a work of art!

If Tiger plays Lefty will he be that good?

Square is Good? Sure is, if it's the right stick!

Good Golf is Fun plus the Great Outdoors...

In the Bag: Clubs and Balls. My Handicap is Bad Golf.

#### dcee



- May 27 2009 17:19
- 142 posts
- Member since 2008
- View Monitored Posts

I've heard on a regular basis that Norman was a good driver of the ball, in fact I heard him comment on it around Augusta time (if memory serves me correct) What was it that made him such a good driver? Can an easy answer be given? Is there a couple of TGM imperitives in there or what was doing???

Hope someone can help....

dcee

## Whitednj



- May 27 2009 17:44
- 774 posts
- Member since 2007

•

I followed Norman 3 times over the years (1998 Holden Int, 1996 Aus Open, 1989 PGA - he won all 3). He was so straight and long off the tee it was scary. He was playing a different game to the other pros. He used to put so much into each drive, nothing smooth to this untrained eye, a bit like the difference between Tiger and Adam Scott. He could work the ball either way. A privilage to watch live.

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#### Weetbix



- May 27 2009 18:05
- 450 posts
- Member since 2009
- View Monitored Posts

Bio has said to me that Norman had the best natural biomechanics he has ever seen in a golfer.

Breaking 80 is my goal

PST is my full swing weapon of choice

## lagpressure



- May 27 2009 18:08
- 1430 posts
- Member since 2008



I've never seen anyone hold shaft flex with a driver to this degree all the way to the ball.

So why did Norman drive the ball so well day in and day out, week after week, long and straight? This is why..

Next question.. How does one do that?

If you're interested in reading this whole article, drop me a line at lagpressure@yahoo.com

Lag Pressure throwaway is the root of all golf's evils

## lagpressure

In Norman's case, it starts with the feet.

I think Greg had the most fantastic footwork and lower body mechanics

of anyone I have ever seen either live or on film.

May 27 2009 18:17

His post impact pivot force was just out of this world. He was playing a

different game than most. He was such a superior ball striker to Tiger

it's not even a comparison.

- 1430 posts
- Member since 2008

Lag Pressure throwaway is the root of all golf's evils

#### Weetbix

## Refer answer above! :o)



Breaking 80 is my goal

PST is my full swing weapon of choice

- May 27 2009 18:17
- 450 posts
- Member since 2009

• View Monitored Posts

waffle\_iron



- May 27 2009 18:26
- 4210 posts
- Member since 2009
- View Monitored Posts

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His post impact pivot force was just out of this world. He was playing a different game than most. He was such a superior ball striker to Tiger it's not even a comparison.

Lag Pressure throwaway is the root of all golf's evils

Whoa, big call

the greatest game ever played

# aiguille



May 27 2009 18:42

28 posts

Member since 2009

Have to agree with Lag on this, although I think Tiger is a phenomenal player, it is almost exclusively because of his stellar short game and supernatural putting ability.

His driving stats are not stellar at all.

### Weetbix



May 27 2009 19:29

• 450 posts

Member since 2009

View Monitored Posts

Have to agree with Lag on this, although I think Tiger is a phenomenal player, it is almost exclusively because of his stellar short game and supernatural putting ability.

His driving stats are not stellar at all.

Not bad with the irons though. Driver isn't the whole of ballstriking.

Breaking 80 is my goal

PST is my full swing weapon of choice

#### dcee



- May 27 2009 20:12
- 142 posts
- Member since 2008
- View Monitored Posts

•

Thanks for the responses guys. I love this thread... I look for it everytime I log on. Always something happening, always something to think about. I'm always sad when there is no new posts for a couple of days.

Without getting too much away from the topic, what is the quick answer to why Norman's swing broke down on that infamous day at Augusta in '96??? Not the mental aspect, but the physical breakdown of his swing. Any 'quick' thoughts from those in the know?

Sent that email, thanks Lag

dcee

# aiguille



- May 27 2009 21:02
- 28 posts
- Member since 2009

Although I would not describe myself as being 'in the know', Norman's physiological swing did not break down, he lost it from a mental perspective, imagine someone being under a huge amount of psychiatric stress and not being able to cope with it, thats what happened in my view.

Its a very fine line dealing with stress at such a high end competitive level...like walking a tightrope and the concentration makes you play better but if you panic, watch out...

Would be interested in Lag's and Shome's take on this.

#### Junior



- May 27 2009 22:08
- 412 posts
- Member since 2009

Junior,

The only thing the modern gear is doing is allowing the ball to go 20% farther, and the ability to stop the ball quicker out of the rough. Both concepts have been tragic to the game in my opinion. Missing a fairway should be a penalty, about half a shot.. meaning you should have a very difficult time getting the ball on the green. there for if you are a 50% around the greens then... there you do.. half a shot..

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Put Tiger out there 270 off the tee in US Open rough, with no square souped up grooves and he has to hit mid irons into those greens and not be able to hold the ball.. and I think he would not have nearly the record he does. Has he ever hit the driver straight? Nothing like Norman did or Faldo.

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But that doesn't work on every golf course. There are still a lot of great courses around that will not allow that kind of golf to be effective. And most of the golfers here on iseek are probably not playing PGA Tour type conditions, so I suggest learning the swing the golf club properly.

Lag Pressure throwaway is the root of all golf's evils

Lag 11033410 till owaway is the 100t of all gon 5 oviis

I can totally agree with your points Lag, but and as is the case with our debates (which I must add are never meant derogatoraly in their direction toward you) me being a modernist and you being a purist...

The game is what it is and I think any result will be a halt in further progression rather than a regression... That being said...

Tiger will never be 270 out without square grooves so not worth address, he plays the modern game he is required to do and is head and shoulders above anyone else currently

To say he is a poor ball striker is ridiculous, he hits shots that nobody

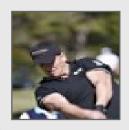
can fathem... His error is in his aggression at times... but his weakness is also his strength and the fact that he is so powerful is why his errors dont severely hurt him (most of the time). He is winning what more does he need? Until he is challenged is there a need for him to be better?

With regards to the iseek golfer... Do they not play with modern equipment? Is it not a lack of length that puts so much pressure on their games? And when will they ever come across penal rough? (Most of the courses I have been too where the 'average golfer' plays has next to no rough) Why not teach them a more modern swing, the average golf score has not improved for 100 years, something needs to change?

Also must compare the "average" with the distance they hit which is shorter than the previous generation of pros even with the technology advantage. Majority hit the ball well under 250 yards (dispite the estimates of others), is distance not an advantage?

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

#### Junior



- May 27 2009 22:15
- 412 posts
- Member since 2009

Agree with Greg Norman being magical (the other Norman is not bad either!), best driver off a golf ball ever. Why? Sensational body motion. As Lag alluded to the best footwork ever and the modern golf swing as being taught by Bio is a ground up process... Hell you cant even get to upper body motion until you have the feet right! I know have been working on it for 6 months! hahaha...

Re Greg's swing breakdown? Mental and psychological stress and breakdown will cause even the greatest player to second guess themselves and cause their technique breakdown. Greg had an aggressive swing with an aggressive game plan, as soon as that seed of doubt creeps in and you go against what made you great in the first place, you are gone!! Going conservative and trying not to lose is a different mindset from staying aggressive and trying to win! This is where Tiger is highly successful, yes technically not as good, but never doubts, never second guesses and sticks with his game plan, He is always trying to forge forwards not just tread water. IMHO

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

# waffle\_iron



- May 27 2009 22:18
- 4210 posts
- Member since 2009
- View Monitored Posts

In his day he was by far the best

the greatest game ever played

# Shomethamoney



- May 27 2009 22:55
- 1342 posts
- Member since 2009
- View Monitored Posts

answer to why Norman's swing broke down on that infamous day at Augusta in '96??? Not the mental aspect, but the physical breakdown of his swing. Any 'quick' thoughts from those in the know?

Without getting too much away from the topic, what is the quick

dcee

dcee

My take and I am think I am pretty correct because I have seen a lot of Norman's play over the past almost 30 years....is this...and it relates to a lot of what Lag talks about...

Flat out....Norman was the absolute best ball striker. I will guarantee that no-one I have seen has hit the ball as strong or as well as he has. He could drive it nearly as long as anyone in today's game and 100 times straighter..all with a persimmon club that was almost as old as he was. You could hang your washing on the trailmarks his drives left they were that long and straight.

Even though he had some success by seeing Butch Harmon it filtered out by the mid 90's....I really think that leg work and foot drive and even that right foot slide were the benchmarks of his swing. It's what made it tick.

When he hit his shanks off to the right (86 Masters, 84 US Open) it was due to the fact he was trying to baby shots back to the pin. He lost that force with his swing and he still swung long but had less acceleration at the ball and the club never caught up to being square because his body or hands became slower through the hit in an attempt to feather the shot into the pin.

He shortened his swing under Butch and won the British in 1993. The shorter swing got him to accelerate on all shots coming into the ball. he felt he had to go faster or firmer at the ball to compensate for that shorter swing and it worked for a while until his swing got longer again.

The 96 Masters was just flat out not him on the final day. He had a

huge lead and like I said above.....he played like a sissy trying to protect that lead and not being authoritative through impact and beyond with his swing. He was trying to not make mistakes which made the mistakes anyhow. He lost his groove and he was done for that day by the start of Amen corner.

He always played his best with come from behind swashbuckling approach because that was his nature and it suited his swing style.

That's a great photo of Norman coming into impact on the scales. I bet a handful of today's players could do something like that with the shaft/swing coming into the zone

"Now I know why Tigers eat their young"

# waffle\_iron



I would be very interested if any of u gentlemen could comment on thishttp://forums.iseekgolf.com...

the greatest game ever played

- May 27 2009 22:59
- 4210 posts
- Member since 2009
- View Monitored Posts

#### robbo65



- May 27 2009 23:32
- 98 posts
- Member since 2008

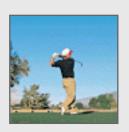
Tiger will never be 270 out without square grooves so not worth address, he plays the modern game he is required to do and is head and shoulders above anyone else currently

Actually..... I think we'll get to see the effect of NOT having square grooved wedges at Bethpage this June! Should be interesting.

http://sportsillustrated.cn...

Robbo

# Shomethamoney



- May 28 2009 00:08
- 1342 posts
- Member since 2009
- View Monitored Posts

Robbo65.....I think that is a misprint about jan 1 2009 being the start.... of no more square grooves for PGA

I think it should have read Jan 1 2010... so this years US Open among others won't be affected.

I have actually started playing some rounds again with older clubs which have have v grooves to see what would happen.

Off the fairway...really no difference. In fact I actually see my irons going if anything a hair farther?? Why?... I don't know. I am guessing the ball doesn't grip the grooves as much and jumps a hair. That being said I haven't noticed the ball stopping much differently on the green.

Can still spin them fine.

Now...out of the rough it gets interesting. I have always had trouble getting the ball to 'GO' out of the rough.... probably for same reasons above. the ball gets in the grooves more. Now when I hit the v grooves from the rough the ball flies out.... and actually goes it's regular distance or more.....and I say... GREAT

That's exactly what I am looking for....so it suits me fine..... they come out hotter and with less spin from the rough but at least I know they are coming out

So we'll see come next year.... as long as the courses are set up well and don't have puddings for greens this groove thing should make a difference. I think we may see a little changing of the guard in many aspects.....with the strikers coming more to the fore again and the blasters dropping back a peg or two

"Now I know why Tigers eat their young"

# waffle\_iron

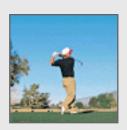


- May 28 2009 00:13
- 4210 posts
- Member since 2009
- View Monitored Posts

sounds good, shame its not the open

the greatest game ever played

# Shomethamoney



- May 28 2009 00:15
- 1342 posts
- Member since 2009
- View Monitored Posts

Bunker shots? Just on a bit of high from todays ball striking!

I use a 56 degree SW with a fair amount on bounce, but not a real wide flange.

I have a little secret about how I set up my SW... but "hint" I like to swing on the same plane angle as my other shots, so I open the face up, play the ball forward, and try to set and cock my wrists quickly, and just spank it out on a pillow of sand, very firm and aggressive. I like to vertical hinge it, and I like to get the club up and out of the sand as quickly as possible, so unlike normal golf shots,

FLW goes out the window.. I am a very handsy bunker player.

Of the three bunkers I was in today... I was plugged in one, but the other two I nearly hole, but tap ins for par.

I spank it down firm and don't like the idea of the club spending a lot of time down there in the sand... in and out quickly....and the very wristy method allows from that..

I'm sure Showme has some bunker tips (I hope) he'd like to share.

-----

Lag Pressure throwaway is the root of all golf's evils

I think that is a great bunker action to have Lag.....so long as the sand is soft and can be worked through.

the club is accelerating and you are choosing how much sand you 'throw' out with the ball to control the spin and the distance.

You have a great feel for the club and what it's path is and how to deliver it.....so your technique is fine for most playing fields.

For most people though the hands can be evil in bunkers and around the greens.

i would suggest the majority of my bunker shots are played as you suggest. Conditions dictate otherwise sometimes.

When you get up the back of a bunker on the 7th at Royal Melb on some hardpan then it may not perform as well.....but your feel for the conditions will enable you to pull it off and come up with a softer feel to stop that club from bouncing too much.... luckily I have a 60 degree

with no bounce so I can also adjust by using that in that situation to help stop the club bouncing through and hitting ball and not enough sand.

Not a big critique....just an observation as I am no doubt sure you would be aware of what I said anyhow

Best way is to not go in the bunkers anyhow!!!!!

"Now I know why Tigers eat their young"

#### robbo65



- May 28 2009 00:45
- 98 posts
- Member since 2008

Robbo65.....I think that is a misprint about jan 1 2009 being the start....of no more square grooves for PGA

I think it should have read Jan 1 2010... so this years US Open among others won't be affected should make a difference. i think we may see a little changing of the guard in many aspects.....with the strikers coming more to the fore again and the blasters dropping back a peg or two

Good catch Shome..... 2010 was my original thinking, but I thought I may have missed something when I saw this article. It explains why there hasn't been much buzz about it going into Bethpage. I bet gets plenty of play in 2010 with the pundits predicting just who will be "hurt" the most by the change.

#### Robbo

#### Mashie72

- May 28 2009 05:38
- 105 posts
- Member since 2008

Lag,

I was just curious about your bunker technique and couldn't remember if it was ever brought up before in 3000 plus posts. For me I'm pretty good in the sand and very wristy as well. I'm terrible using FLW in the bunker. I'm nearly identical with Utley's procedure where there's a square face, lots of clubhead speed and throw with minimal arm/grip swing. I like his leftward spine tilt and no need to cock the wrists upward. Just swing around nice and flat. My only tip (borrowed from Lee Buck) to share is for longer bunker shot, don't swing any faster just keep the sand on your clubface longer. Conversely on short shots don't swing any slower, just dump the sand as fast as needed off the face of your club.

#### lagpressure



- May 28 2009 08:26
- 1430 posts
- Member since 2008

My sand play improved a lot after a lesson I got from both Jim Benepe and Billy Ray Brown, both of whom were outstanding sand players.

So the technique I described I really am just relaying from these guys.

There are so many different conditions such as Show me mentioned, and how you hit a sand shot is really dependent upon so many things that it is really hard to dictate any kind of universal approach.

Bunkers offer us different sand, different under surface, lots of sloping lies, fried eggs, footprints and so forth.

It's not easy to have any kind of blanket policy from the sand.

I used to use a more stiff wristed approach, with little wrist cock, but the method Billy Ray, and Jim taught me helped me not hit the occassional bladed over the green shot I liked to hit.

Setting the hands quickly, helped steepen the decent into the sand, so I felt I didn't have to be so precise. The flattern entry exit seemed more troublesome to me in that it felt like it took more precision to execute.

Showme,

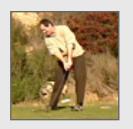
did you ever mess with using a PW out of the sand if the sand was either wet or very firm?

I know G Norman talked about using an 8 iron for his long bunker shots... being one of the infamously difficult shots to execute in the game.

What other techniques do you use to deal with the harder sand that many average golfers deal with?

Lag Pressure throwaway is the root of all golf's evils

#### lagpressure



- May 28 2009 08:44
- 1430 posts
- Member since 2008

Junior,

the point I am making about Tiger, is that, when it's all said and done, I don't think he is going down in history as one of the greatest ball strikers of all time, because driving the ball straight is an absolute benchmark of the mastery of the art. It's not just his deplorable stats, it's how often he drives it 30 or 40 yards right of target, even in some of the most crucial moments. Phil is no better.

It's because people and the media are making comparisons to the past that this topic would even come up. Jack's 18 majors, Tiger's pursuit of that.. but you see, Tiger doesn't have the same requirements to deal with. Yes he has competition, but on a ball strikers measuring stick, he doesn't have to drive the golf ball as straight as they guys

HAD TO in the past.

The fact is, golf is not the shot makers, ball strikers game it once was.

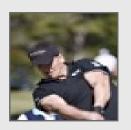
Teaching the modern swing?

Is Greg Norman the modern swing? His swing developed from the persimmon age.. don't go bashing the old way.. if you are including Greg Norman.. He used the same ground force principles as Hogan, Knudson, Trevino, just did it even better. Holding shaft flex, the modern swing doesn't require that?

Who's the modern model swing now you speak of? Padraig?

Lag Pressure throwaway is the root of all golf's evils

#### Junior



- May 28 2009 09:47
- 412 posts
- Member since 2009

Lag,

No Tiger will not go down in history as the greatest ball striker just one of the most successful! I find it ironic that he is that bad and has done so well for himself on the world's highest pressure stage and yet someone like you who is apparently a great ball striker did not? Why is that?

The trouble with talking about "the modern swing" is you guys all

make it mechanical, it is not, it is about optimal body motion. The poster boy for the modern swing? There is not one on tour at this stage. I believe that Bio/CW have the answers to great golf performance and in the next 12 months you will see a radical shift in the golf swing. Yes Norman has optimal body motion! Sadlowski has great body motion - swinging on ice has given him great ability to create ground force which is where it is at! Maybe me one day Lag how bout that! hahaha... I can also say to the golfing world, watch Chris Gaunt very closely over the next few years!

Interestingly enough Mindy Blake in his books was scarily on the money with the evolution of the modern golf swing. It frightens me that someone without the technology to prove it came so close by stepping outside of the golf circle and into the sporting body motion arena. The man was before his time. The application was a little suspect but the principles are all there in black and white.

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

# Shomethamoney



- May 28 2009 10:17
- 1342 posts
- Member since 2009
- View Monitored Posts

•

Showme,

did you ever mess with using a PW out of the sand if the sand was either wet or very firm?

I know G Norman talked about using an 8 iron for his long bunker shots... being one of the infamously difficult shots to execute in the game.

What other techniques do you use to deal with the harder sand that many average golfers deal with?

Lag Pressure throwaway is the root of all golf's evils

Playing some practice rounds with these guys is where it is all much more casual and relaxed and you learn some good stuff just by asking and fooling around.

On 2 separate occasions playing practice rounds with Norman I learned the long bunker shot (8 iron blast like you mention) and also an absolute awesome plugged lie technique that he himself got from Seve. In a tournament round once playing with Norman I gave his buried lie technique a workout from a horrible lie with little green to work with. I actually got it out so good it didn't run on...it spun and stopped a foot from the hole.... Now you know you've hit a good one when the Shark looks you right in the eye and winks and says good shot.... he knew he

had shown me that and was glad I had worked on it and put it to use

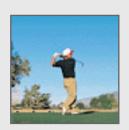
As for harder sand.....

- 1) less bounce helps
- 2) If that is not an option due to bag setup- then a slower tempo with a squarer face to make the club dig at a slow speed and not accelerate and bounce
- 3) use a wedge has less bounce...open slightly and play like a normal open stance bunker shot and repeat slow tempo as above
- 4) putt it !!!!!!! chip and run it if there is little lip and room

Just because it is sand doesn't mean you have to use a sand iron

"Now I know why Tigers eat their young"

#### Shomethamoney



May 28 2009 10:47

1342 posts

I think the guys from the past actually had better body mechanics than today's players. There may have been a few funkier swings but they knew what they were doing to get to impact and make that ball talk and sing.

Yes. todays players may be more finely tuned athletes but they are all club position technique players because of the advent of video cameras

- Member since 2009
- View Monitored Posts
- and swing programs

If the PGA passed a rule tomorrow about no player being allowed to have a coach.....hardly any of these guys would be able to hit the ball anymore because they have no clue about the swing. They stick it in positions a coach told them without much explanation as to why and away they go...Doesn't work for a week, they get told one little checkpoint by their Guru and then get told how great they are and the confidence builds and away they go again for a 2 week money pillage and then back to crap again for 4 weeks because they don't know what makes their swing tick.

The older players were body swinging machines compared to today's players.....and that's what Lag is getting at. They knew how to swing their bodies to get the club where it had to be to promote the curve and flight they needed...

Today it is restrict, turn...rip...and go fetch ......with no idea as to what just happened......because no-one has played by feel or trial and error. ....they all have Mr Guru on the range to get in their ear and give them one idea and 100 brownie points to make them feel good about themselves and they hit a few good shots again

I appreciate what you are saying Junior....it is different today. But for many of the wrong reasons. If you can roll the wheelbarrow up full of money to the bank each week for hitting 50% of the fairways and 55%

of the greens and have 24 putts per round then terrific. You don't make the rules, you only follow them, so if that is what works...great But sooner or later someone is going to come along with the CORRECT swing logic and feel and belief..... and hit every fairway....and hit every green.....and hole every putt with a great mental approach and win every single week because he is in play, never in danger and can putt lights out

Tiger is awesome.... no doubt about it....but he is awesome at trouble shots (which is nothing to be proud of because trouble should be avoided) and he is the best wedger and putter out there.

So he is breaking records with a wedge and a putter and some tree recovery shots...

I am convinced with the right knowledge someone will come along one day that will surpass even him because they will be the best at everything.

Nicklaus....no wedge

Hogan....poor putter

Trevino... low ball flight

watson....average driver

Tiger.... poor driver

Norman... poor luck?

.

Overall every great player has had some weakness.... nobody has really had it all.....it's out there but it isn't going to come from what they are working on right now, because right now the hitting is getting worse and the chipping and putting is getting better.... that's the only improvement with todays golf... They putt on marble tops and chipping is a snack for them because it is flop drop stop to a foot and move to the next hole....

I am real interested to see what happens next year when the grooves are changed for PGA events....it doesn't sound much but it should make a HUGE difference and guys will find they have been barking up the wrong tree for a while with their swing ideas and will jump ship and look for the next big thing to somehow help them hit a fairway or green in regulation

maybe it's your way Junior....maybe it's Lag's proven method.....
whatever it is it will be better than the direction the game has moved

"Now I know why Tigers eat their young"

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# lagpressure



- May 28 2009 11:10
- 1430 posts
- Member since 2008

Junior,

Your completely missing the point. Tiger's driving is poor by tour standards. But because the modern conditions allow for errant tee shots, if not even rewarded, we have a situation were the top players in the world are way down the list in driving stats. Poor driving stats mean poor ball striking. You're confusing ball striking with scoring. You only drive the ball 14 times a round.

However, it is a very important measure when you talk about ball striking... because driving the ball sets up the hole. It's SHOULD BE very important.

The bottom line is, no one is in awe of Tiger's errant tee shots..

It's constantly talked about, everyone sees it, he has a problem, and he wouldn't be going through driver shafts like he's tossing out junk mail if it wasn't an issue.. It's a ball striking issue.

I'm talking about the art of fine ball striking, not about scoring, putting, chipping, saving par from the parking lot. i'm talking about not being in the other fairway, or the parking lot...

Me vs Tiger? do you really want to hear that again? I did my comparison about 100 pages ago! Iol

#### Rochie



May 28 2009 11:29

- 220 posts
- Member since 2008

I'm talking about the art of fine ball striking, not about scoring, putting, chipping, saving par from the parking lot. i'm talking about not being in the other fairway, or the parking lot...

Lag,

What do you consider the best stat for measuring ballstriking? GIR?

#### Junior



- May 28 2009 14:25
- 412 posts
- Member since 2009

Showme: Totally understand and agree with you. The point I am trying to make is Tiger doesnt have to get any better... Why do I say this?

Because he is already dominating with what he has... Someone comes out and starts sticking it to him and it will be game on and I agree he will have to get a LOT better at aspects of his game.

I know you guys (Lag and yourself) are about the purity of the game and that the current modern game is not to your liking, but it is the way it is and that is my argument... It will never change back to the good old days, it has gone too far. I am by NO MEANS saying it is a good thing, I would rather see magical ball striking, but it is not the way it

is, so we deal with it and play the game the way it is.

Distance is and always will be a major advantage, I am yet to read anything that says that it isnt and wont be. Imagine Showme you drove the ball 350 off the tee and above average accuracy. Would the game not be a hell of a lot easier for you? Now you hit it only 220 off the tee, Is that going to make it tougher?

Give me a strong young kid with a killer short game who can can putts like no tomorrow and let me teach him to drive 350 off the tee with accuracy and I'll show you the next tour dominater!

You guys better hope that Sadlowski cant chip and putt because if and when he decides to join the tour jaws are going to drop, he is a great ball striker, very accurate and his length makes Daly and Tiger look like they belong on the LPGA!

PS: Not my swing method, is the biomechanical swing model for optimal body motion... No thinking, no mechanical measures, just pure impact pleasure and consistancy. Length and Accuracy...

Lag:

I understand perfectly well what you are saying but last time I checked they only wrote numbers on the score card not stats... Tiger does the numbers pretty well...

As for you V Tiger? Dont take this as an insult but I dont need to go 100 pages back to know the result.

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

# lagpressure



May 28 2009 15:13

1430 posts

Member since 2008

Junior,

Gotta be old school golf...
apples to apples mate..

Tiger and I have never played head to head.. the only possible comparison where we played the same course in the same event was the Sun Bowl All Star event.. 10 years apart. 1985 - 1995 I doubt Tiger had a persimmon in his hands in 95.

211

As absurd as it may sound..

It's not my job to fear another player. Respect yes.. fear no.

inish	Golfer	1st	2nd	3rd	Total
1.	Sam Randolph (USC)*	71	66	70	207
2.	Philip Jonas (Lamar)	66	71	70	207
3.	Brent Franklin (BYU)	66	73	69	208
4.	Jim Benepe (Northwestern)	70	67	72	209
5.	John Erickson (Fresno State)	75	67	69	211
6.	Billy Andrade (Wake Forest)	70	72	71	213
7.	Nolan Henke (Florida State)	70	72	72	214
8.	Greg Parker (North Carolina)	69	71	74	214
9.	David Jackson (Florida)	76	69	7600	725
10.	Todd Hamilton (Oklahoma)	69	72	75	21



# 1995 Golf Classic Results

Finish	Golfer	1st	2nd	3rd	Total
1.	Tiger Woods (Stanford)*	68	71	72	211
2.	Fredrik Soderstrom (Tulsa)	69	71	71	211
3.	Lance Combrink (Houston)	73	67	73	213
4.	Todd Pence (BYU)	74	71	68	213
5.	Rory Sabbatini (Arizona)	69	73	71	213
6.	Garrett Willis (East Tennessee State)	68	75	70	213
7.	Jerry Chang (Stanford)	77	70	69	216
8.	David Seawell (South Carolina)	74	68	74	216
9.	Jon Bettencourt (Fresno State)	73	71	73	217
10.	Simon Cooke (Virginia)	75	69	73	217

Put us on a course like Pasa Tiempo, and I'd play him straight up for three or four rounds.

Tiger is not invincible.

Has he even won a professional event using persimmon?

Lag Pressure throwaway is the root of all golf's evils

# lagpressure



Rochie,

week.

I think if you took an average between total driving and GIR, you would get an interesting #.

• May 28 2009 17:39

39

Moe would probably measure it in how many pins he hit during the

• 1430 posts

He told me his best round ever was 6 pins!

Member since 2008

I hit 3 in a round one day at Madera CC.. so I have no doubt Moe could hit six.

Lag Pressure throwaway is the root of all golf's evils

# lagpressure



- May 28 2009 17:44
- 1430 posts
- Member since 2008

Let's get back on the golf swing..

Here is some food for thought!



Lag Pressure throwaway is the root of all golf's evils

### Weetbix

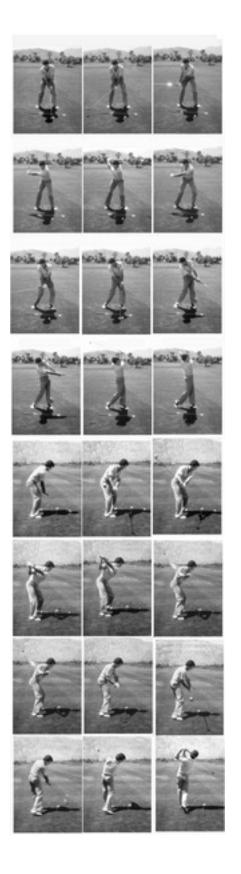


- May 28 2009 19:56
- 450 posts
- Member since 2009
- View Monitored Posts

No P3 4.30 there! But definitely 4.30 as it comes into P3.

Breaking 80 is my goal

PST is my full swing weapon of choice



# JazzSinger



- May 28 2009 22:10
- 154 posts
- Member since 2007

Lag:

You assume Tiger's competition wouldn't suffer if they also used persimmons. I would think that the gap between the top skilled players and the less skilled players would increase if persimmons were used because I am of the belief that the less skilled you are, the more you have to gain from using better equipment. Plus, I've seen Tiger hit a right handed club left handed from next to a tree back into play, and maybe even onto or near the green. I think you are dead wrong about his inability to play in the previous era. If he were to win 20 Majors would you finally be convinced?

John McEnroe shares similar sentiments with regards to wooden rackets. Where you two differ is that he doesn't completely question the greatness of Sampras and Federer (just a little). His main beef is with the marginal player who doesn't have the shotmaking ability but is helped by the modern rackets, and that because the sweetspot is basically anywhere on the racket, the game has lost its artistry and finesse. His complaint is more about the state of the sport than singling out a single player's accomplishments.

Tiger's strength isn't his driving, but his short game and that is where he is Rembrandt and Michaelangelo. He's Dali and that guy who paints with his bodily fluids when he uses the driver.

Asking how many tournaments Tiger won using persimmons doesn't

make any sense.

#### lagpressure



- May 28 2009 23:04
- 1430 posts
- Member since 2008

Asking how many tournaments Tiger won using persimmons doesn't make any sense.

Well, that is exactly my point, Junior bringing up comparing me to Tiger, also makes zero sense.

I do think Tiger would do well in the persimmon era... not sure however he would dominate Nicklaus or anyone else. Different times, different games.. and because golf changed so drastically with the gear, all bets are off making comparisons... absolutely senseless, and so is how many majors Tiger wins.. only means he won them in the Titanium age. Apples to apples..

Lag Pressure throwaway is the root of all golf's evils

# Shomethamoney



- May 28 2009 23:09
- 1342 posts
- Member since 2009
- View Monitored Posts

I have seen Tiger hit persimmons in practice...a few years back now. He hit them quite well at times.....but his misses with the persimmon was horrific....even worse than his misses that he does now. The ball went straight right or just nose dived left because of the bulge and roll of the face.

So....is that the swing or the club? Tiger is so good he would work it out...eventually....however the way the game is played now he can win with just a wedge and a putter so why does he really need to knuckle down and really work it out?.... He doesn't....hopefully next year when you can't be spinning shots back from rough and fliers are back in play... It will make some guys analyze their game a bit more and start making ballstriking head back a little more to pure ideas instead of bashing it anywhere.

As for the McEnroe tennis statement he is saying the same thing as Lag..... the top players would still work it out just like Federer or Sampras.....it's the poorer player that is being given money in todays world that would have difficulties... you certainly wouldn't be seeing double handed strokes from both sides like many of todays tennis pros do. Just like you wouldn't see guys trying to bash the hell out of a wooden headed driver.

That's what is going on....golf has become about power and putting, whereas it used to be about precision and fairways and greens in reg

This argument could go on forever because some people never played

golf the way it was meant to be played and some people are chuffed that they hit the ball 20 yards farther with the new gear so think that is the way.

Best news yet.....improve your swing. Play better golf... It's that simple.... a new club isn't going to do it for you no matter what the commercials try to tell you... I would spend \$400 on good lessons any day before i would spend \$400 on a club

\_\_\_\_\_\_

#### Beezneeds



- May 28 2009 23:26
- 427 posts
- Member since 2008

Lag - I'm sorry but that 'comparison' between you and Tiger just doesn't wash. It just doesn't make any sense.

Where were the tees on your week? How windy was it? How firm were the fairways? How high was the rough? Where were the pins?

It's meaningless - almost like me going around saying 'hey, I got a birdie on this hole and so did Tiger - therefore......'!!!!!

If I went out and played with a v.good player and stayed with him for a few holes or even more, would I go around afterwards trying to compare my game to his?

Absolutely not.

<sup>&</sup>quot;Now I know why Tigers eat their young"

Your point on the persimmon is not without merit but it doesn't stretch to "I shot 211, he shot 211, therefore....."

#### Prot



- May 29 2009 00:12
- 354 posts
- Member since 2008

I don't know... to be honest, I think it does 'wash'.

I can't speak for Lag, but it seems for people insistent on making a comparison, I think Lag is saying; this is as close as it gets. And I think it's fair.

It can't be entirely discounted. It's the same course, relatively similar era. The same level of pressure. Heck, you can't discard it just because of weather... I mean they keep course 'record' scores regardless of era, or course renovations never mind weather.

Some skeptics seem to continually seem to challenge Lag's ideas with comparisons to modern players. I see nothing wrong with Lag presenting his own comparison with similar circumstances/conditions in mind.

<sup>&</sup>quot;Try smarter, not harder." Moe Norman

## Shomethamoney



- May 29 2009 01:17
- 1342 posts
- Member since 2009
- **View Monitored Posts**

It is all relevant...

Only Championship courses have been really lengthened of late, so courses played back then were basically the same course. If they have been lengthened a little it has only been to compensate

the ball going farther with the bigger heads...so it all matches up.

I would personally say that older records are even stronger because of the above. Not all holes can be lengthened to achieve a similar club being hit into a hole. If it used to be drive/5 iron it is probably drive/8 iron now. And as far as the course condition, it isn't close. Agronomy has leaped ahead also. Today all events are played on carpet for fairways and pool table tops for greens.

It's all relevant.... I still have some course records that were achieved with persimmon clubs and soft tour balata balls.... No-one has come really close to matching them even with all todays so called advances.....

I achieved those records by hitting fairway after fairway and green after green and making a couple of putts.... not by chipping in 3 times and making 10 putts over 30 feet. It was control and accuracy...which I had more of definitely before this 'technology' came along.

"Now I know why Tigers eat their young"

#### Beezneeds



- May 29 2009 01:32
- 427 posts
- Member since 2008

How can it not matter that it could have pelting with rain one week and not the next.

I've lots of time for Lag's ideas they are very interesting but I don't think this one has much merit.

Anyway, I've had my 2 cents, you guys have had yours - as ever, no hard feelings and, as Lag said - back to the swing......

## lagpressure



- May 29 2009 03:09
- 1430 posts
- Member since 2008

Beez,

What you are saying is that course records then mean nothing...

However, I do think a 54 hole event, in fact the most exclusive event in US collegiate golf, is a fair comparison of our abilities on the same course, under the same pressure, with similar gear, and being about the same age... is the best one can do for comparisons. 10 years apart, but not as far apart as a lot of other comparisons being made.

What's wrong with comparing one week? People do that all the time when talking about the Olympics.. Spitz vs Phelps.. or whomever.

1 week every four years. Decade to decade, 30 minutes on the ice.

The big game, The World Cup.. The Super Bowl. One day only in a lot of other sports. How about a horse race?

Hogan played one British Open.. he proved he could win it.

I played one Sun Bowl, I proved I could shoot the same score Tiger

Woods shot when he played in it. That's all I'm saying.

## Sun Bowl All American

It's an amazing event and interesting to see all the great players that played there over the years.

I also shot the course record in the Sun Bowl pro am at EI Paso CC the day before... not sure if that is still standing, but I have a trophy buried in a box somewhere in the attic for it.

Belittle it all you want, but I did it.

What I didn't do was beat Sam Randoph very often. Sam wouldn't have had any trouble taking down Tiger or anybody when he was dominating in the early 80's.

I remember playing Junior World, and they announced Sam to the first tee at Torrey Pines. The starter says.. "On the first tee from Santa Barbara California with a qualifying score of 61." The starter looks at Sam and says... "is that right Sam? 61? Sam says in his quiet demeanor, "Yes sir, I did, I shot a 61 to qualify for your event

sir" it was a classic moment.. the look on the starter's face, thinking it was a typo or something. Of course Sam went on the win the tournament by a landslide. No one could beat him. That summer in junior golf he shot in the 60's every single round except for maybe one or two rounds for the whole summer. All Hogan gear. Hit that Speed Slot Persimmon a mile.. low fade bullet, never saw him miss a fairway left. Rarely ever missed right either. He won every tournament.

Lag Pressure throwaway is the root of all golf's evils

Won every tournament ... Then what happened?

## Weetbix



Breaking 80 is my goal

PST is my full swing weapon of choice

- May 29 2009 07:43
- 450 posts
- Member since 2009
- View Monitored Posts

## lagpressure



- May 29 2009 08:31
- 1430 posts
- Member since 2008

What happened after he won every tournament in Junior golf?

He had his choice of schools and went to USC and won just about everything there for 4 years.. including the US Amateur.. low amateur in the Masters twice. Butler cabin, all that great stuff.

Came out of University, signed a huge deal with IMG, got his PGA Card, won on the PGA Tour... Sounds good to me...

Great player... to have a run like that for 8 years is better than most will ever do.. even if he never played again. I played head to head against Sam for 6 years and hats off to him for raising the bar on what a golfer could do with a golf ball. I think about his action all the time.. he did everything right in the golf swing.. compressed it like no one I had ever seen up until that point..

Anyone following golf in the 1980's knew who Sam Randolph was.

Lag Pressure throwaway is the root of all golf's evils

# aiguille



- May 29 2009 09:22
- 28 posts
- Member since 2009

•

Just thought I would post my experience as one of Lag's students nearly three months into the drills and online tuition.

First thing to say is that the online element of the tuition was very convenient from my perspective, no need to be anywhere at a certain prescribed time, no travelling etc....

Lag is very good at reviewing the videos very promptly and I admire his work ethic in this regard and it seems that he has the patience of a saint in trying to make sure that every detail of the modules are understood and implemented before he allows you to progress, quite an old fashioned concept in this day and age.

Reading about the concept, understanding it and perfecting the modules are very different ball games. It is quite amazing how far off one can be just imitating the drills and it really does require Lag's expert eye to ensure the drills are done correctly.

Perfecting each drill is 'tough stuff', each drill isolates a specific element of the swing and requires very precise and in every case thus far, very unfamiliar biomechanical actions. By dint of sheer hard work and the odd hint to Lag that I was curious about the next stage (IoI!) I have managed to progress to the third module which is the most biomechanically complex to perform, for me anyway.

Module 1 is P3 to impact

Module 2 is the same drill with footwork carpet drills

Module 3 is P4 to impact

The amount of post impact pivot required is almost shocking to me .... each drill properly done leaves you feeling quite knackered! I kept asking Lag about gymwork to get fitter etc...he said just do the drills, now I know why!

The shape and look of my golf swing itself is slowly changing to accommodate these new modules which are ghosting into my biomechanics as it were.

A good example of how far I have come is that although I have an actual playing handicap of 9, I was playing to more like about 14 handicap when I started the drills in March, on even an easy course. I had not had a great round in years, literally!

I played Merion two weeks ago while on a trip to the States, they are getting ready for the Walker Cup so the fairways are tight and the rough is the sort you are dead just 6 inches off the fairway, its lob wedge 20 yds out sideways stuff. I had been 'promoted to module 3 two weeks earlier and had been drilling hard.

I had the best ballstriking round of my lifem full stop. Missed one fairway and because I am not a particularly long hitter, I was often

hitting in from where Hogan would have been when he won there. I even hit from almost exactly the same spot as that memorable picture of his 2 iron to 18 to get into a playoff.

I shot 78 and my friend who is a scratch player there shot 77. Standard scratch score was 74.

While that may not sound particularly impressive to some of you, coming from a position where I was struggling to break 85 on easy courses to a viciously penal class track played from the back tees, I consider it to be a real defining moment in the impact of Lag's tuition for me and it was a nice reward for my hard work.

It was the equivalent in real terms of shooting maybe sub par on my home track which is nowhere near as difficult. In particular, the consistency and accuracy is improving. Yes, I weave between good days and bad days like everyone. This is golf, after all.

The difference is that I now know what my intentions are and I know how to do it, before if I had a good round I had no idea how to go about reproducing it, now I know the theory and also know the biomechanical actions necessary, its just a question of ingraining the modules into my game which will happen slowly over time.

Its tough stuff, the drills are very technical but the game becomes so

much more enjoyable when you start hitting more good shots more consistently. I usually have a real nervous phobia about the first hole of a class track the first time I play it.

At Merion, first hole, driver 260 yds middle of the fairway, 8 iron 140 yds to 8 ft straight uphill, just missed the birdie putt, I blame the caddy! Lol!

Thanks Lag.

# aiguille

Sorry, that should read



Module 3 is P4 to P5

- May 29 2009 09:26
- 28 posts
- Member since 2009

# KycGolfer



- May 29 2009 10:41
- 4324 posts
- Member since 2008
- View Monitored Posts

Lag

great stories indeed

nothing better to hear from the man in the front line

I noticed some names on that winners' board billy mayfair, david duval, tiger etc

but this guy ricky barnes ...heard that he was a monster off the tees.... strong bloke built like a US marine

whats' of him now?...last heard he was in the Asia or Jap tour ....?

btw just out of interest, have you so much as tried these newer technological advances eg 460cc driver heads, hybrids, Irons and see how they went vs the old school stuff?

If Tiger plays Lefty will he be that good?

Square is Good? Sure is, if it's the right stick!

Good Golf is Fun plus the Great Outdoors...

In the Bag: Clubs and Balls. My Handicap is Bad Golf.

# Shomethamoney



- May 29 2009 10:56
- 1342 posts
- Member since 2009
- View Monitored Posts

Ricky Barnes is on PGA Tour this year... finally got his PGA card after playing the Nationwide Tour the past 4 or 5 years

Good player...feel player....really strong... have more moves than a swiss army watch but has steadily improved the past few years after a struggle when he first turned pro..... made a bunch of cash in sponsorship when he first turned pro, being the next big thing, so still hasn't had to struggle for a quid

Finished Nationwide top 25 last year

"Now I know why Tigers eat their young"

## Junior



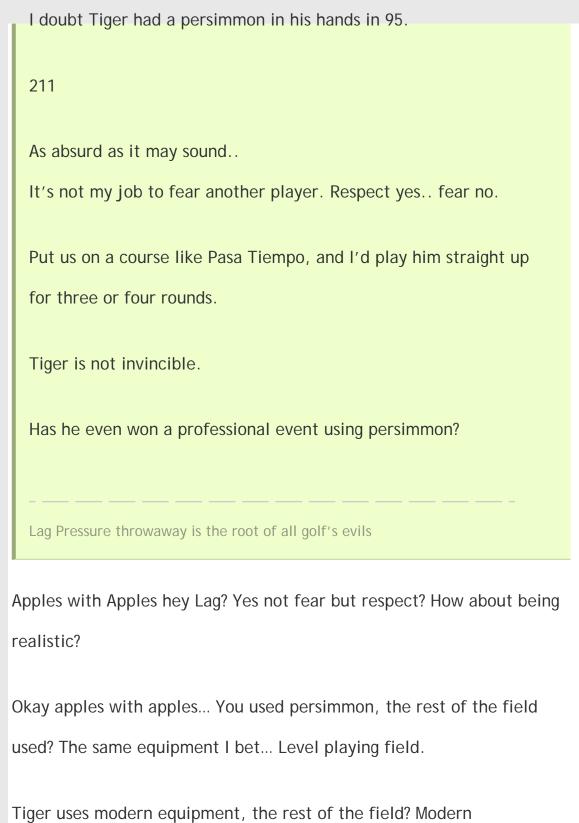
- May 29 2009 11:34
- 412 posts
- Member since 2009

And Annual State Control of the Control of the

Junior,

Gotta be old school golf...
apples to apples mate..

Tiger and I have never played head to head.. the only possible comparison where we played the same course in the same event was the Sun Bowl All Star event.. 10 years apart. 1985 - 1995



equipment... Level Playing field!

You both scored 211... Doesn't give us information about the conditions, the course and what was involved, where the pins were, where the

tees were. The fact is on a level playing field for the time you both played the tournament he won, you didnt!

For being a fantastic ball striker you were a quarter finalist in the US Amateur, won several events, the most notable being the Windsor Charity classic, -17 (Good shooting!).

Tiger being a "dreadful" ball striker went on to win the US Amatuer 3 times, has 66 PGA Tour wins, 36 European Tour wins, 14 Major Championship wins (4 Masters incl -18, 4 PGA's, 3 US Opens, 3 British Opens)

Both records achieved on level competition playing fields. Apples with Apples.

I find it arrogant to criticise someone who has achieved so much more. Would be like me saying "Gee I have hit it further than Zuback because I strike it better, I must be as good!" Bullsh-t, Zuback has won 5 world titles and even if I beat him head to head tomorrow, I have a long way to go before I could even mention my name in the same sentence! I dont fear him, but I dont have the arrogance to criticise someone who has achieved more than I probably ever will. Yeah the fields are heaps stronger now but he has the score on the board.

It is quite possible that your sole purpose in life is simply to serve as a warning to

others.

#### Junior



- May 29 2009 11:37
- 412 posts
- Member since 2009

I have seen Tiger hit persimmons in practice...a few years back now. He hit them quite well at times.....but his misses with the persimmon was horrific....even worse than his misses that he does now. The ball went straight right or just nose dived left because of the bulge and roll of the face.

So....is that the swing or the club? Tiger is so good he would work it out...eventually....however the way the game is played now he can win with just a wedge and a putter so why does he really need to knuckle down and really work it out?.... He doesn't....hopefully next year when you can't be spinning shots back from rough and fliers are back in play... It will make some guys analyze their game a bit more and start making ballstriking head back a little more to pure ideas instead of bashing it anywhere.

As for the McEnroe tennis statement he is saying the same thing as Lag...... the top players would still work it out just like Federer or Sampras.....it's the poorer player that is being given money in todays world that would have difficulties... you certainly wouldn't be seeing double handed strokes from both sides like many of todays tennis pros do. Just like you wouldn't see guys trying to bash the hell out of a wooden headed driver.

That's what is going on....golf has become about power and

## lagpressure



- May 29 2009 14:11
- 1430 posts
- Member since 2008

Junior,

I retire to the fact you are not getting the point I am trying to make.

Very well...

KYC,

I hit a perimeter weighted iron (Ping Eye 2) in 1984. Ping sent complimentary sets to all the major college programs over here. Coach Holder at Oklahoma State embraced the idea, and our coach followed suit and demanded we all switch. I did for about 2 months. I hit the ball about the same, better on my miss hits... although I am about 95 percent of the time on the sweetspot with the irons, so not really much difference. After a couple months I noticed I was not hitting the ball as well, and I didn't think I could work that ball with the feel and precision I could with my Hogan blades. When I went back to them, I literally couldn't hit them.. my swing had adjusted to the easier to hit clubs, and my swing had become far less precise. I was hitting the ball all over the face. When I went to the Ping again, I realized I just couldn't feel center on the club.. so my brain just didn't get the information to keep my swing focused on a tight sweetspot.

Of course I was playing everyday.. so practice was a given, and I decided right there, that I did not want that for my game.. I didn't want to damage the golf swing I had worked so hard to obtain.

Back to the Hogans.

Coach wasn't happy.... but I just refused to play the Pings. I silenced his concerns when I won the Conference Championship individual title.

I just see the new irons as just more of the same thing. Bigger heads, cavity.. I suppose the grooves are really the big issue. If I ever played again seriously, I would probably just have whatever is legal cut or tooled into a set of older heads I liked..

I did hit a modern driver just to see what it would do, and from what I could tell, I was hitting it about 40 yards farther than my favorite persimmon.

It was not a jumbo head, but it was 45 inches, 10.5 ounces, and and I think 7 degrees or so.. and it just launched the ball ungodly distances. But with the extreme clubhead speeds I get with the light heads, around 118 MPH... I can't feel the club or the head.. the ball goes forever, but I really have no idea where it's going. It's such a foreign sensation in comparison to rest of my clubs.. meaning there is no gradual transition from the long irons into a fairway wood, and then to the driver. Lightweight is good science for launching the ball far with a driver, but I believe that lightweight heads are very poor science for irons.. yet alone the fact that I believe over time they will not properly load the muscles of the body to allow the proper control

of the irons, in particular, distance control.

Again if I were to play on the modern tours again, I would have little choice but to hit one of these driving clubs. With the courses being 7400 yards and getting longer, there is not much choice.. your essentially forced into it.

It's well known that I think these extra long courses are silly... and just prefer my golf on the great old school tracks. I like to hit all the irons in my bag during a round... and a nicely struck 250 to 270 yards persimmon driver feels good, and makes the course a fine challenge. I like to think a course should be played at a distance and with equipment, that makes par a respectable score. When you shoot under par, it should be a personal victory, not just expected because I'm flipping wedge into every hole.

I still believe that on the proper golf course, the old gear can beat the new gear. I'll have another go at a modern event at some point with the old gear. I still think it's the Indian, not the arrow.

\_\_\_\_\_\_

Lag Pressure throwaway is the root of all golf's evils

# Shomethamoney

Maxfli Aussie Blade Alert for Lag



I think this is a late 80's model....not 100% on that...just thought I'd point them out as I know you loved your old set

- May 29 2009 14:42
- "Now I know why Tigers eat their young"
- 1342 posts
- Member since 2009
- View Monitored Posts

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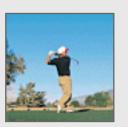


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# Shomethamoney

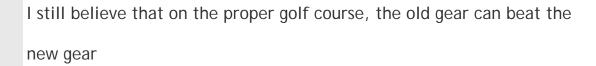
# Some golden oldies

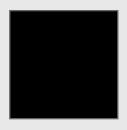


"Now I know why Tigers eat their young"

- May 29 2009 14:47
- 1342 posts
- Member since 2009
- View Monitored Posts

KycGolfer





Lag: A proper golf course - what's your definition of this term? just curious nothing more.

- May 29 2009 16:29

4324 posts

- Member since 2008
- View Monitored Posts

from your entries I gather is one that:

is not montrous long < 7000 yards

Has fairly tight driving holes

fairly heavy penalty eg challenging rough and bunkers, water

allows you to use ALL the clubs in the bag

the par 4s require you to hit middle to long Irons in at the least

If Tiger plays Lefty will he be that good?

Square is Good? Sure is, if it's the right stick!

Good Golf is Fun plus the Great Outdoors...

In the Bag: Clubs and Balls. My Handicap is Bad Golf.

## DIGGABRYCE



- May 29 2009 16:46
- 826 posts
- Member since 2008

I still believe that on the proper golf course, the old gear can beat the new gear

Lag: A proper golf course - what's your definition of this term? just curious nothing more.

from your entries I gather is one that:

is not montrous long < 7000 yards

Has fairly tight driving holes

fairly heavy penalty eg challenging rough and bunkers, water allows you to use ALL the clubs in the bag

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If Tiger plays Lefty will he be that good?

Square is Good? Sure is, if it's the right stick!

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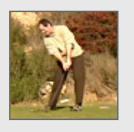
Might be barking up the wrong tree and correct me If I'm wrong, but didn't Tiger use pretty much just his Irons at the British open not that long ago..

I know I saw Robert Van Derksen Use only his 3 wood On all tee shots that the other players were using their drivers on at the Johnnie Walker.

Lag how do the modern 3 woods compare in distance, workability etc, to the old woods that you guys used to use back in the day. (or still use now).

Go All Blacks 09

## lagpressure



- May 29 2009 16:59
- 1430 posts
- Member since 2008

Showme,

thanks, I might have to think about those, they look 70's maybe?

Just a guess, I wish I could track down a reference guide to all the

Dunlop blades that were released over the years, in particular the

Australian Blades. I'm sure David Graham would know!

Кус,

Sounds like a good definition to me..

The holes set up to test a proficient player to have to utilize all the

clubs in their bag.. what a concept. Shocking almost!

## DIGGABRYCE

Showme would better be able to answer that one.. I just haven't played enough (at all really) with modern gear to make accurate comparisons, other than I hit a modern driver about 40 yards farther.

Lag Pressure throwaway is the root of all golf's evils

## Beezneeds



- May 29 2009 22:43
- 427 posts
- Member since 2008

Lag - not belittling anything. I think the point I make is fair but thanks for your response. Thankfully, we don't all have to think the same way.

Weather here in Ireland stunning at the moment so can't find it in me to be disagreeable!

Good golfing to all this w/end.

## Shomethamoney



- May 29 2009 22:48
- 1342 posts
- Member since 2009
- View Monitored Posts

Digga...... This may sound ass backwards but

When I played persimmon woods I had no trouble hitting my drive just as far as I do today...if not farther

Why?

I believe I had the ability to hit more because I had control of the head.

I believe I had better body motion because I was a natural player at that point with little tuition

Maybe I was younger and could swing harder....but I think I swung harder because of what I mention above

I really think the bigger thing was the ball.... I could really compress it.

I could make it take off and not overspin and just go

I try persimmons from time to time still to try and get a feel for my older swing and whilst I hit them good, they just don't seem to carry as well with today's ball

Today's 3 woods go miles......It is like having 2 drivers in the bag for many people. I swear I hit a 3 wood from a tee the same distance as a driver....

Stenson hit 3 wood a lot around TPC the other week and still drove it miles

In fact between my driver, my 3 wood and a 2 hybrid there is little difference when all are struck well.....it's crazy really. So I have 3 clubs in my bag that go almost the same distance off a tee.... different distances from the fairway but harder mentally for me to hit today's

metal woods because frankly I don't know how far they are going to go each time I hit them. If I mishit them they tend to upspin and go nowhere....so much for helping the mishits!!! So there are huge variance in distances for me with today's equipment and I have never been as comfortable with it for that reason.

Since I switched fully to metal in around '95 I have had a million drivers and 3 woods. Up until that point I had about 3 drivers and about 3 wooden head 3 woods. I liked the old woods, knew what happened when I hit them well or poorly and I knew how far they went in all circumstances, so I had little reason to change. There was no new great club coming out every other week making claims about itself so the options were fewer but the brainwork and guessing was easier by sticking with my tried and tested clubs.

The ball of today is huge..... that is where Lag gains a few of those 40 yds from when he hits a modern club. It just jumps off the metal wood but is harder to compress and get flight with a wooden club

Sorry....big rant but you know my thoughts on a lot of this.....the governing bodies need a rocket where the sun don't shine.....for allowing all this to get so far along

Ernie Els... Driver and a 7 iron to the par 5 9th (old 17th) at Royal Melbourne...c'mon that's not how the hole was meant to be played

"Now I know why Tigers eat their young"

#### DIGGABRYCE

Showme/Lag,

Thankyou for taking the time to reply...

That all makes perfect sence.

There are some old woods out in the shed that were left here by the previous owner of our house (passed away).

I think I might take them up to the course and see what it's like to hit them. Pitty I havn't got an old ball to match the clubs.

Lag what ball do you use these days with your permmisons?

Go All Blacks 09

May 30 2009 10:12

826 posts

Member since 2008

KycGolfer

I can understand why some of those 3w go a mile like a minidriver!

the loft of these can be ultra strong like 12 or 13  $^{\ast}\,$ 

and the shaft is like 43.5 or 44"!

May 30 2009 12:58

If Tiger plays Lefty will he be that good?

• 4324 posts

Square is Good? Sure is, if it's the right stick!

Member since 2008

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In the Bag: Clubs and Balls. My Handicap is Bad Golf.

## lagpressure



- May 30 2009 13:06
- 1430 posts
- Member since 2008

After not playing golf for 15 years.. I just played with whatever I would find out in the brush at Mare Island.. Iot's of new names on golf balls like Nike, which from what I remembered was a shoe company. Or Bridgestone which used to make tires for my car. Calaway made metal woods for hackers back then and they weren't making golf balls yet. "Noodle" was something I would usually find in a Top Ramen box, not in a greenside bunker.

All the new balls feel horrible to me.. but I'm left with little choice in that the great feeling and performing balatas of the past have been exchanged for what used to call a Top Flite, or Pinnacle.

On occasion I would find a familiar name on a ball like Titleist. So I was excited to hit that until it also felt like a rock, and didn't seem to spin as well as the last version I remembered being their "384"

Back in my tour days most everyone played the Titleist, or the Maxfli. I liked the Maxfli DDH ball back then because it flew a bit lower and performed better in the wind I felt. Hogan had a really nice balata ball, the Spaulding Tour Edition was a great ball...and I knew quite a few players who used it and the Hogan.

Back when I was playing on tour, everyone used balata, and the amateurs would use what they called a surlyn ball that was tough to

cut. Of course that came with a price in that they didn't spin well.

In the TRGA Las Vegas Open, the tournament director choose the Srixon Solf Feel ball as the event's official ball, and I must say it did feel better than what I was finding in the brush out at Mare Island.

However, I think it was not the right ball for me to play on the very hard greens at Mayacama for US Open qualifying as four shots of mine hit the greens nicely and kicked over the greens into horrific situations that led to things like double and triple bogeys instead of 15 foot birdie putts.

Mare always offers some kind of ground game entry into a green so if I don't think I can hold the ball because of my lie or downwind ...etc.. I just hit a different kind of shot into the green. I have never felt that I am entitled to have the right to hold the green, but I do think a green should offer another run up option into one side or the other in the event greens become rock hard and or wind swept. If airmail is the only option because of a lake or hazard fronting, then the green needs to be properly maintained to hold a well struck shot from the fairway.

# Whitednj



- May 30 2009 14:02
- 774 posts
- Member since 2007

SMTM - you are right on the mark when you say the new 3 woods and hybrids give you poor feel for how far they go. I have never hit balls through greens so often since I bought TMs burner woods and hybrids. The only place worse than through the back of a green is out of bounds and maybe in the water.

Lag, I came back to golf in late 07 after a 10 year lay-off. Went to the golf store to buy some balatas and couldn't find them anywhere! And there were all these funny looking "woods" with small heads. Sadly I have conformed to the new technology.

And as for balls, I have tried so many of the new balls thinking "this will be the one for me" and not getting any feel from them. The Titliest Pro V1s are probably closest to the old balls but in my hands they just don't hold the green as well as the old softies. My current favourite is a Bridgestone e7 - cause I got a free box!

## waffle\_iron



- May 30 2009 14:08
- 4210 posts
- Member since 2009
- View Monitored Posts

Whatever happened to balata?

the greatest game ever played

# Shomethamoney



- May 30 2009 14:23
- 1342 posts
- Member since 2009
- View Monitored Posts

Whatever happened to balata?

the greatest game ever played

I think they ran out of balata trees ....waffle

Goodness knows.....

IMO.....The new woods made the older balls spin upwards too much so they made a ball that was harder.....that ball didn't stop as well with iron shots so they made square grooves.....then the putts kept missing so they made long putters..... now we have digital yardage devices...46 degree wedges.....I have even seen a driver that you dont even swing,

you pull a trigger back and release it and the face pops out a million miles an hour and hits it for you..... who knows what is next?

Maybe a thing called a persimmon wood!!!!!!!

SMTM I like to see a drive that starts low and rises, it is a thing of

"Now I know why Tigers eat their young"

# waffle\_iron



the greatest game ever played

beauty

- May 30 2009 14:33
- 4210 posts
- Member since 2009
- View Monitored Posts

#### Rochie



- May 30 2009 16:22
- 220 posts
- Member since 2008

Lag, it may be worth you giving these a try......

http://www.bridgestonegolf....

They claim to be the softest Urethane ball on the market. I've used them and liked 'em but I wouldn't think they are anywhere near as soft as the old balatas (but then nothing is).

# Junior



- May 30 2009 18:40
- 412 posts
- Member since 2009

SMTM I like to see a drive that starts low and rises, it is a thing of beauty

the greatest game ever played

Depends where you come from bud, if I see a drive rise or lift, I stop looking and tee up another as I know the spin rate is too high and I am not going to get max distance or control. Visually it looks good though I guess...

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

## Whitednj



- May 30 2009 18:57
- 774 posts
- Member since 2007

Junior, I used to watch the scratch markers of years gone by hit long irons where the ball took off low and rose into the sky to drop softly on the green. This was a common shot and had its own "sound". I did a little bit of caddying for Jack Newton Jr way, way back and he also hit long irons this way (never woods though). Probably the most impressive shot in golf behind Norman off the tee in his prime.

# Shomethamoney



- May 30 2009 23:18
- 1342 posts
- Member since 2009
- View Monitored Posts

that spin up rising shot doesn't really happen anymore....the ball is not designed for it

The only way it happens now is mishit metalwoods... they spin up into orbit with a huge distance loss....and it never happens with an iron Anyone who saw Norman in his prime knows what I am talking about. He used to compress that ball and squish it with his long clubs. It used to go about 10 feet in the air for 150 yards and then start to climb and fizz

It wasn't anything like today's high spinning shots. It was pure beauty and didn't affect the distance it actually helped with it.

"Now I know why Tigers eat their young"

## waffle\_iron



- May 31 2009 00:03
- 4210 posts
- Member since 2009
- View Monitored Posts

SMTM I like to see a drive that starts low and rises, it is a thing of beauty

the greatest game ever played

Depends where you come from bud, if I see a drive rise or lift, I stop looking and tee up another as I know the spin rate is too high and I am not going to get max distance or control. Visually it looks good though I guess...

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

backspin on a drive

the greatest game ever played

## Shomethamoney



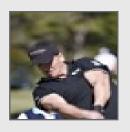
posted this in another part of the forum.....if you haven't seen it Lag... I think you will like it

- May 31 2009 02:16
- 1342 posts
- Member since 2009
- View Monitored Posts

"Now I know why Tigers eat their young"

http://forums.iseekgolf.com...

#### Junior



- May 31 2009 08:12
- 412 posts
- Member since 2009

Boys, with irons you want that flight, high degrees of spin and you certainly want to see that little rise in the flight.

SMTM, you certainly can over spin a driver even with the new balls.

Unless you are wanting to prevent run and release on a tee shot, a

"rise" in the flight is something you never want to see.

Keeping the spin rate of a driver under 2500 rpm (depending on your ball speed) is crucial to getting a shot that penetrates through the air, particularly into the wind or in heavy cross breezes. The driver tradjectory should be flat like the flight of a dart. How high it travels is irrelevant as long as it doesnt rise. If your ball "lifts" in flight you can forget about getting a nice hot release at the end.

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

Winning long drive championships, and shaping shots with a driver into

accordingly to open up a pin tucked behind a bunker are completely

different trains of thought.... and accordingly require completely

a fairway, working around doglegs, and positioning the tee shot

#### lagpressure

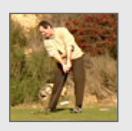
- May 31 2009 09:49
- 1430 posts
- Member since 2008

Lag Pressure throwaway is the root of all golf's evils

different protocols for hitting a golf ball.

Just a note here in all fairness.

#### lagpressure



- May 31 2009 10:41
- 1430 posts
- Member since 2008

That's a great article by Jack there Showme.

He certainly makes a lot of the same arguments and points that I think many more articulate students of the game can relate to.

I'm always puzzled a bit when I read such things, and of course even Tiger, who commented in a recent golf digest article that "If I were King, we would all be playing persimmons and balatas".

Palmer, and I'm sure Norman would agree, I know Moe would! I have

him caught on tape dissing modern gear even in 1987!

My point being, with all the money and influence these giants of the game have, why not do something about it?

How about putting on an event where players have to play the old stuff like what TRGA does. I'm sure with their endorsement of the event, it would be a smash, certainly to the media. It's an easy sell to the media, The Golf Channel would love it.. even if it was not an official event, it would do wonders to raise the consciousness of the golfing public about the issue in a much bigger way than Showme,

Sevam1 and Lagpressure could ever do on 1000 and 1 internet forums!

Tiger makes a million dollars for changing the color of his shoe laces, and he's getting how many millions to suffer through 16 hour flight to Australia later this year.

I just find it a bit disturbing to hear the gripping from these guys, and NO ACTION!

We launched a couple of Old School events, had prize money, secured a golf course and put together a decent field on a budget that probably would cover Jack, Arnie's and Tiger's dry cleaning bill for a month.

As much as I might complain about it, I am also in action mode, doing what I can with the resources that are available and whatever funding

we can drum up, however a small part that might be.

If you love and embrace the new technology, then great.. my point is, why not have a bit of integrity, and walk your talk.. if you don't.

What if Tiger played 5 events with a persimmon driver? Could he still contend? What if he won? What a statement that would make.

It would be historic.

I think it's great to play persimmon, and whatever level player you are, think how fun it would be to beat your playing mates with the old stuff. I went almost a whole year without anyone beating me with any gear, even for one round, until I lost my match in the finals of the SF Persimmon Open. Even scoring poorly at the US Open Q, I still beat 40 guys who were using modern gear. I think had I been hitting a balata ball I could have beat 40 more if not all of them.

There is a lot that can be done. Maves talks about it in his Hogan books, and vids, Vic Wilk has a weekly radio show and is often bringing up the issues, some of my students are playing persimmons if not just for the feedback they get to speed up their improvement.

I read an article recently about a guy in San Diego that is putting on Hickory events several times a year it apparently the movement on that level is taking off like crazy.

I think we as humans do have the capacity to at times, question our collective decisions about how technology should be handled... whether it's nuclear proliferation, or the practicality of continuing to make and promote gas guzzling machines like SUV's and Hummers.

I think a lot of things are being questioned right now..

If the grooves issue becomes a reactionary movement, and more restrictions are to come, who know how far things can be rolled back. It's a step in the right direction, and if at some point in the history of the game, whether it be 20 or 50 years from now, there might very well be an asterisk put next to competitive golf records from the titanium age.

New generations have a way of questioning the intentions and motives of previous generations. Sometimes it's with admiration, but sometimes it's with "what were they thinking?"

As much as anyone might believe they know how future historians will perceive this age, there's quite a possibility that today's assessment will not be that of the future.

Lag Pressure throwaway is the root of all golf's evils

#### Junior



- May 31 2009 11:25
- 412 posts
- Member since 2009

Just a note here in all fairness,

Winning long drive championships, and shaping shots with a driver into a fairway, working around doglegs, and positioning the tee shot accordingly to open up a pin tucked behind a bunker are completely different trains of thought.... and accordingly require completely different protocols for hitting a golf ball.

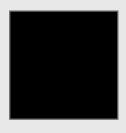
Lag Pressure throwaway is the root of all golf's evils

Lag in all fairness we are talking to golfers who are just happy to find the fairway, golfers who need every piece of distance they can get so they are not under pressure with the rest of their game (not everybody likes hitting long irons and woods for their approach shots into par 4's) and golfers who when they play in a strong breeze dont want to be blown all over the course!!

There would be twice as many golfers that would kill for 20 yards more to reach the corner of the dogleg, to hit 2 clubs less into that green, than there are hoping to open the green up for pins tucked behind bunkers. Most golfers I meet are simply happy hitting the green in two shots!

others.

KycGolfer



- May 31 2009 12:05
- 4324 posts
- Member since 2008
- View Monitored Posts

has anyone (of good standing like lag and showme) written, communicated or even tried to with the Kings and authritories etc (USPGA, R&A, Tiger etc) who controls, runs this game re: Persimmon and those other old school gear in at least allowing and approving optional (official) games with these older type imlpements eg teeing off from an orange tee contesting with those teeing off from the 'usual' tees with modern implements?

If Tiger plays Lefty will he be that good?

Square is Good? Sure is, if it's the right stick!

Good Golf is Fun plus the Great Outdoors...

In the Bag: Clubs and Balls. My Handicap is Bad Golf.

## lagpressure



- May 31 2009 14:14
- 1430 posts
- Member since 2008

Interesting you should mention that...

The very first thing I did after not playing golf for 15 years and then seeing the crazy modern gear was write to David Rickman of the R and A.

Mr. Rickman was at the forefront in the battle with Ping over the square grooves, and other subsequent lawsuits. He is still in the driver's chair

as the head guy on the subject at the R and A.

Grooves controversy, then and now!

Mr, Rickman and I corresponded twice last year after I voiced my opinions to him about the issues. I commended him for his earlier efforts to uphold the integrity of the game in the initial fight against Ping and obliviously arrogant Karsten Solheim.

I voiced my concerns and opinions as diplomatically as I could, and Mr Rickman was kind enough to reply. However, his response as of late sounded like he was now one of them. It reminded me of the 1970's sci fi classic "The Omega Man" when only Charlton Heston was the last man standing amongst an ever growing converted population of white eyed zombies who preached against the evils of technology that caused more or less the end of the world. (golf being the reversed scenario)

The tone of his correspondence was very cautious and supportive of

the changes to the game. I found it completely absurd that a man who			
fought the good fight so hard, could now be preaching the advantages			
of making the game easier in any way possible.			
It was beyond disappointing.			
He did send me a congratulatory e mail when I won the TGRA Las Vegas			
Classic Club Open last Nov.			
Lag Pressure throwaway is the root of all golf's evils			

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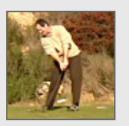
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#### lagpressure



- May 31 2009 14:19
- 1430 posts
- Member since 2008

TRGA that is...

Lag Pressure throwaway is the root of all golf's evils

#### Prot



- May 31 2009 23:16
- 354 posts
- Member since 2008

As a side note, the thing I found interesting in Jack's article is he mentions something I've said here many, many times:

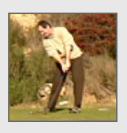
The new gear doesn't help amateurs near as much as pro's. That's a simple truth. If a guy can't hit the inside of a ball with a 45" driver, what chance does he have with a 46.75" driver? Zero.

But he tries, maybe catches one or two 'good ones' in the store, buys it. Comes over the top at the course, and it's on ebay... on to the next magical solution of the week...

Not to add fuel to the fire, but.....

http://www.golfdigest.com/g...

#### lagpressure



- Jun 01 2009 07:41
- 1430 posts
- Member since 2008

Campbell averaged 291 yards with his current setup. When he switched to the old Byron Nelson persimmon driver but kept the current ball, his average driver was 37 yards shorter. When he switched to the Tour Balata and the old driver, he hit that combo 44 yards shorter.

But jumping above all the data is one clear benefit that has nothing to do with ball or titanium clubhead: Campbell simply swings the modern driver faster. His swing speed with the old Byron Nelson driver, a 43-inch steel shafted model, hovered around 106 miles per hour. Switch to the modern graphite shaft and the swing speed jumped to 113 miles per hour. That speed increase could account for some 15 to 20 yards of improvement all by itself, independent of springier faces and lower-spinning balls.

swing speed has dramatically changed. For example, the USGA swing robot now functions at a speed of 120 miles per hour. More importantly, though, the average swing speed on tour is now 111.5 miles per hour, or faster than the fastest tour speeds were 30 years ago. In fact, 133 players on the PGA Tour now have an average swing speed greater than 109 miles per hour.

"The reduction of swing speed is also not surprising. Compared to modern drivers, the wooden club is probably about two inches shorter, about two ounces heavier, and has such a small head and sweet spot that great golfers have to slow down their swings. 'Hitting it on the screws' used to really mean something."

Rugge believes that current research suggests that the ball need not be singled out as the root cause of distance in the modern game.

"Our testing showed me that the majority of PGA Tour distance increases attributable to equipment have likely come from changes in the driver, not the ball,"

isolating the effect to either club or ball seems impossible. Rather, today's club-ball system seems to exceed the sum of its parts.

This is exactly what I have been saying, because everyone wants to blame the golf ball, but it's not the golf ball nearly as much as it is the driver itself. Extra long lightweight shafts and heads allow for the increase in clubhead speeds. The huge heads allow the players to swing out of their shows and still make substantial contact.

Like the article said...

Hitting it on the screws' used to really mean something."

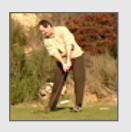
It absolutely should... and the game suffers because the golf swing

suffers.. The modern golf swings would be horrible if they had to go back and play the traditional gear. The old swings would have less trouble hitting the new stuff, but the new guys would have a horrific time hitting the old stuff. Absolutely.

We are certainly seeing more and more articles and attention being paid to the issues at hand.. and I think more and more people are starting to see the absurdities that the modern "technological rage" has been imposing upon the game on so many levels.

Lag Pressure throwaway is the root of all golf's evils

# lagpressure



- Jun 01 2009 08:12
- 1430 posts
- Member since 2008

On the Colonial...

I watched the last few holes...

Tim Clark is leading... also he is leading in driving accuracy for the week..

Second in Putting.. should mean you're right there and he is..

He missed the fairway on 14 and could only advance the ball half way to the hole.. in other words, it was a penalty as it should be.

On 18 he hits it dead left, and again, has to pitch out. Dead.

He was penalized.

These guys are tearing the course up because it's playing absurdly short with the modern drivers and pool table greens. However, there are trees on the course, and missing the fairways means a penalty... as it should..

Where's Tiger?

took the week off?

It would have been interesting to see him play an event where he has to hit it in the fairway.

I heard he won't play Pebble Beach anymore until they tidy up the greens to his liking..

Seems he's avoiding the historic courses these days...

Lag Pressure throwaway is the root of all golf's evils

#### lagpressure



- Jun 01 2009 08:40
- 1430 posts
- Member since 2008

Tiger skips, Riviera, skips, Pebble skips Harbor Town, skips Colonial

The last of the tight courses with trees, the last of the traditional old style courses, wants nothing to do with them apparently..

I've heard him comment on how golf should be persimmon and balatas and blades and all that.. but I don't see him supporting the classic historical events that would cater to a more traditional game of golf, even with the new gear.

Just an observation.

Lag Pressure throwaway is the root of all golf's evils

#### Prot



- Jun 01 2009 09:44
- 354 posts

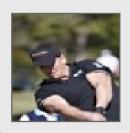
Lag,

I just got home from the range, but tonight Golf Channel is replaying the European tournament coverage. A french guy Cevear (I think it's spelled) is the shortest hitter in the field, with only a 100MPH swing speed.

I think he was leading yesterday, and was number one in fairways.

Member since 2008	They keep talking about how straight he is. I'm going to watch the
•	finish tonight.
	"Try smarter, not harder." Moe Norman

#### Junior



- Jun 01 2009 09:44
- 412 posts
- Member since 2009

I guess when you are the world number 1 (and are number 1 by streets) you can pick and choose your events, can keep a focus on staying healthy (by not overcommitting yourself), may choose to spend time with your new family, rather focus on major events or choose a schedule that is to your liking.

Being so dominant for so long, I guess he has not much he feels he needs to prove.

It is quite possible that your sole purpose in life is simply to serve as a warning to others.

## Whitednj



- Jun 01 2009 10:07
- 774 posts
- Member since 2007

Tiger went off the radar for a swing change a few years ago. What was this about? Did it change his driving stats?

I hazard a guess to say Tiger's life is a pretty busy one and he does what is needed to achieve his goals for the year and that probably doesn't include the extra hours to match Norman off the tee in his prime. As has been mentioned in this thread, if another Norman comes along some time soon Tiger (and others) may again go off the radar for a ball striking overhaul.

Which begs the question, are there any up and comers with Normanlike potential?

#### dcee



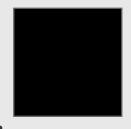
- Jun 01 2009 10:08
- 142 posts
- Member since 2008
- View Monitored Posts

I know we are all saying the driver distances have changed dramatically, but what has happened to the iron yardages? Have they also increased? I imagine so.

Granted there are many variables with the changes in lofts that OEM's create now, but does anyone have some data on the changes in irons??? That would surely be an indicator of how far the tour players are hitting it now.

dcee

# KycGolfer



- Jun 01 2009 10:18
- 4324 posts
- Member since 2008
- View Monitored Posts

Interesting you should mention that...

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The tone of his correspondence was very cautious and supportive of

the changes to the game. I found it completely absurd that a man who fought the good fight so hard, could now be preaching the advantages of making the game easier in any way possible.

It was beyond disappointing.

He did send me a congratulatory e mail when I won the TGRA Las Vegas Classic Club Open last Nov.

Lag Pressure throwaway is the root of all golf's evils

thanks Lag for that insider sharing

but it sounds like Mr Rickman ...got very very tired after all these years and decided to throw in the towel (clubs) with brickwalls after brickwalls...i fancy

you may well be Mr Heston...the last man standing!

If Tiger plays Lefty will he be that good?

Square is Good? Sure is, if it's the right stick!

Good Golf is Fun plus the Great Outdoors...

In the Bag: Clubs and Balls. My Handicap is Bad Golf.

#### lagpressure



- Jun 01 2009 13:09
- 1430 posts
- Member since 2008

With all the sidetracking about equipment, modern gear vs vintage, changes in golf courses, grooves, and so forth.. the point that I really am trying to make here is that the biggest casualty "for me" is the eroding and deterioration of the golf swing itself.

Both Showme and Arnie kind enough to send me some vintage footage, of early coverage of events such as the Masters going back to 1960, and all kinds of other gems.. seeing Hogan play in the Masters back then was really wonderful, as well as guys like Demaret, Sarazen, Snead, even though they were in the twilight years of their careers. The swings were so much more advanced back then in a dynamic way.

As a teacher and a student of the swing. I am most concerned with the form itself... not how it "looks" but the dynamic qualities of the golf swing. How it produces, generates acceleration, and a controlled strike upon the golf ball.

Maybe I am a bit jaded by spending as much time as I did with Moe

Norman in the late 80's and seeing first hand with my own two eyes

VERY WIDE OPEN, what the potential for a human can be striking a golf
ball in a most pure form of dynamic motion and function.

I will be the first to admit I am much more enamored with a pure striker than a short game wizard. I certainly don't discredit the ability of the scrappy player who up and downs it all day and seems to make everything... or the modern putting wizards of today that are averaging 27 putts a round and averaging 24 putts a round on the winning weeks.

The thing is this.. a lot of those skills particularly putting depend upon perfectly manicured greens... or other greenside conditions, smooth bunkers, consistent rough and so forth.

Therefore, the skill becomes dependent upon another condition being present.. whereas with the ball striking, I can enjoy the strike anywhere I can get a club on it... even my back deck.

The ball striking aspect of the game also offers a much more vast array of options than say putting would. A low fade, high, soft, floating, the draw, the hook around the corner, into the wind, down wind, cross wind, various lies, shaping the shot into the green and so on.. while with putting, the parameters for line and speed are much tighter, and unless you are on tour type pure greens, the feedback can be extremely unreliable.

Moe used to tell me that he owned the ball while it was in the air, but on the greens anything could happen. Of course the greens weren't as good back then.

But getting back to the point, I think it's sad we won't ever see great golf swings again, because in many ways, the equipment simply will not allow for it to evolve. The lightweight 46 inch 10 ounce drivers with large heads will never give the brain the type of feedback necessary to learn to strike a golf ball at such an optimal level of precision, power, and balance. The lightweight clubs will not load into the muscles correctly and as Bio would agree, promote over acceleration issues. This is why Hogan stayed with heavy gear his whole career.. he know this.. it wasn't about trying to hit it as far as possible, it was about hitting it as far and straight as possible.

After watching more vintage footage, I can see it so clearly in the ground work and foot action of the past greats compared to even todays stars.. The ball striking is not at a level it once was, because the swings have deteriorated to a point the mediocrity is now the norm, and all the attention is now on short game.

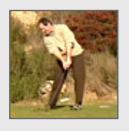
I believe a proper golf swing will hold up under pressure. Seeing the event today with Clark hitting wild drives on 14 and 18 might be evidence on just how difficult it was for him. The event was his, and he was leading by two, and I was glad to see that bogeys resulting from the errant tee shots. He was obviously swinging quite well because he was leading the week in fairways hit. His iron play seemed good enough, but I could only surmise that he just couldn't feel the driver

head enough to really have the kind of control he needed to just put something out there in play. These weren't tricklers off the fairway, they were mis guided golf swings.. resulting in one way right, and the other way left. I suppose that when the heat is on, the light drivers just get harder and harder to really control properly.

It would be interesting to hear his take on it someday...

Lag Pressure throwaway is the root of all golf's evils

#### lagpressure



- Jun 03 2009 19:39
- 1430 posts
- Member since 2008

It was an interesting day...

I must say that today was the first day I actually witnessed the modern game of golf..

I've made it well know that I still play persimmon and the old style of golf. I like the look of the vintage clubs, I like the feel, the way they play and I like the sound.

Most importantly, the golf course I play Mare Island, one of the hidden gems of California if not this entire country. If Mare was not 20 minutes from my house, I would not be typing these words here tonight. I simply would not be playing golf.

I am so fortunate to have such a wonderful ball strikers test, that sits on the SF Bay, and forces me to hit every beautiful blade iron I carry in my bag each round.

Another round with Mr Barkow.. this time he brought out his son Adam.

Adam is 21 and one of the top collegiate players around the area here..

go figure, Al Barkow teaches you to play golf from the day you're born!

Adam of course is a fine player and hitting the modern driver. His irons were very traditional looking heads, just slightly bigger.

In US Open Q I also played with a young college kid, but I refused to look at him drive the ball. I knew it could be a distraction so I just turned my head and trying to hum a tune in my head so I wouldn't even here the sound of it.

Today however, I wanted to see Adam swing, because I am sure it will be a topic of conversation in the weeks and months to come as AI and I have been playing a lot of golf lately.

Adams drive off the first tee was just unreal. I hadn't seen a golf ball leave the face of a golf club like that since Greg Norman was driving it like that in the late 80's when I played the Australian Tour. The hang time on the golf ball I think was an extra three seconds in the air. The first hole was dead into the wind.. I hit a fair drive leaving me a 7 iron approach. Adam flipped in a SW.

In the 1980's there was only one Greg Norman who could drive the ball like that. I presume today their are thousands.

As the round went on.. it was wedges all day for Adam. Other than the long par threes which he was one club longer, and don't know where he had his lofts set at, but I think it was just lighter clubs, not much difference between us. There is no shape to the drives, just high piercing cannon shots that even on his miss hits, the ball would seem to fall straight and lose it's curve at the apex. I got my first look at how the modern ball is flying straighter.. I can assure that if some of those miss hits were with a persimmon and a balata ball, a few of those drives would have continued to follow a curving path into some very dark and scary places at The Mare.

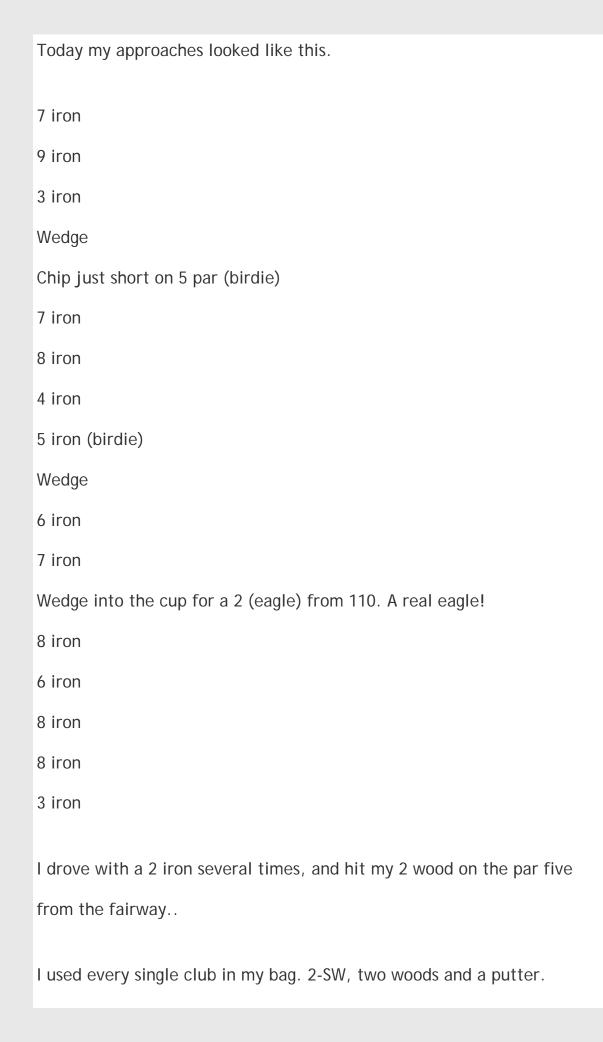
His putting stroke was pure, the whole game looked like a Tiger prodigy. He said that he spends most of his time putting. I can see why.

I had to think to myself, is this really what I would want golf to be like?

I of course I could bomb it like that too... and I have no doubt that I could hit those cannon shots with one of those clubs as well..

But I really think that what I enjoy most about a great course like Mare is hitting all the different irons into those tiny difficult sloping greens.

Trying to position the ball under the hole with a mid iron.



Now if I hit a modern driver, I like Adam would hit wedge into every single hole on the golf course. I just don't think that is the kind of golf I would ever want to play.

This golf course would have to be over 7400 yards for it to force me to use every club in my bag if I was driving the ball 40 yards farther.

It was quite a shocking thing to see today...
and how the course would be a joke to the modern kids playing
a competition.

I felt like a NASCAR in the Indy 500

but somehow we both shot 73

Lag Pressure throwaway is the root of all golf's evils

## waffle\_iron



Did Adam comment on your clubs/approach to the game Lag, or was he just choosing wedges?

the greatest game ever played

- Jun 03 2009 20:12
- 4210 posts

- Member since 2009
- View Monitored Posts

•

## petethepilot



- Jun 03 2009 21:37
- 99 posts
- Member since 2006

Slightly off topic, but not by much!

A quote from one of the most famous names in golf (slightly edited and shortened so as to not give his name away!) talking about the ball although it would be accurate if it refered to drivers as well!

"I am a strong believer in limiting the flight of the ball. Pleasure in obtaining length is only a matter of relativity. One got quite as much fun from driving the old ball 20 yards further than ones opponent as today one gets gets in hitting the ball 20 yards further.

One of the difficulties with which we have to contend is that any limitation of the flight of the ball is certain to be unpopular for some time after it's inauguration. Golfers would dislike to find that they were unable to carry a bunker they were formerly able to do. They would feel as though they had suddenly grown old.

Today, many are trying to obtain a temporary advantage by buying the latest far-flying ball on the market. It is often suggested that we have got to the limit of flight of a golf ball. I do not believe it. as there is no limit to science!"

Can anyone tell me who said this? I will post it Wed night or Thursday

(AEST)
Sorry if this is too off topic for the purists.
Regards,
Pete
Foooorrrreeee!!

# waffle\_iron



- Jun 03 2009 21:41
- 4210 posts
- Member since 2009
- View Monitored Posts

Thats a golf trivia type question Pete

the greatest game ever played

# iseekgolfguru



- Jun 03 2009 21:48
- 8161 posts
- Member since 2003
- View Monitored Posts

A quote for Pete...

"There is no place in aviation for error. Drivers just get in a car and go, whereas a pilot has a pre flight routine that he checks and adjusts as necessary. Golfers are like drivers, but should be more like pilots"

Homer Kelly.

# petethepilot



- Jun 03 2009 21:58
- 99 posts
- Member since 2006

Good quote guru, except a professional pilot does not adjust his preflight. He/She trys to do things the same everytime. ie DON'T get out of routine!!

I guess you are right, Waffle iron. The answer is;

Alister MacKenzie (The Spirit of St Andrews) a collection of notes from the great Doctor (approx 1935)

The more things change, the more they stay the same!! People forget the game is meant to be a game!

Regards,

## waffle\_iron



- Jun 03 2009 22:01
- 4210 posts
- Member since 2009
- View Monitored Posts

You didn't have to tell the answer, thought it was Nicklaus but too eloquent

the greatest game ever played

# iseekgolfguru



- Jun 03 2009 22:38
- 8161 posts

Good quote guru, except a professional pilot does not adjust his preflight. He/She trys to do things the same everytime. ie DON'T get out of routine!!

I guess you are right, Waffle iron. The answer is;

Alister MacKenzie (The Spirit of St Andrews) a collection of notes from the great Doctor (approx 1935)

- Member since 2003
- View Monitored Posts

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The more things change, the more they stay the same!! People forget the game is meant to be a game!

Regards,

Pete

Foooorrrreeee!!

True. Think Homer meant adjusting the fuel load for different destinations - rather like changing what loading patterns we need to get the ball to do its job.

Scott Gummers book just out on Homers quest is a fun read.

#### Prot



- Lag,
- Why did he shoot 73? You say he putted very well. Did this mean his par 3's were sub-par?
- At times I have to admit, I wished I could drive 290 yards. Actually, many times. I played this week with a guy that hit two Par 4 greens with his driver. One was within 12 feet of the pin.
- Jun 03 2009 23:23
- 354 posts
- Member since 2008

It's hard for me not to covet that... I mean I am playing modern gear.

I don't know if anyone caught Golf Channel's "Planet Jack". It was about Nicklaus and his course design in China and around the world in general.

At one point I was quite surprised to hear Jack say, "I don't like the way the game is played anymore..... There is too much long bombing and wedging in,,,, The game I played is totally different"

He went on a good 2-3 minutes about how he dislikes what modern gear has done to the game! I'm not surprised this is his personal feeling, however I was very surprised to hear him say it on T.V. and so... 'matter of factly' considering his own Nicklaus golf pushes severe game improvement gear.... I don't think he even makes any player's type of gear at all.

"Try smarter, not harder." Moe Norman

# waffle\_iron



- Jun 03 2009 23:33
- 4210 posts
- Member since 2009
- View Monitored Posts

The correct quote is.

They are are playing a game I am not familiar with anymore

the greatest game ever played

# aiguille



- Jun 03 2009 23:36
- 28 posts
- Member since 2009

In the same way that Prot keeps us updated with his progress, I thought I would share some feedback having completed three months as one of Lag's students...

Module 1 was a total jolt to my system, the concept of the hands firing from a deep 4.30 position was most definitely very foreign to me and it is only until the last few days that I have really embraced this concept... as Lag eloquently puts it...having the club way open like this 'entices' the hands to fire hard.

Module 2 introduced the concept of dynamic footwork and some classic examples thereof...must say that while I grasp and can reproduce these concepts, I still have a long way to go to really master this stuff, would

be interesting to hear some feedback about any other students on this.

Module 3 adds in the post impact to finish move...this module has really helped me to build a solid framework for what the intention of my swing is. There is something safe and reassuring about knowing where you are heading as opposed to making it up for every shot you hit!

As Prot says, its not all a bed of roses, every day you add a little, sometimes you need to backtrack a bit and in fact I have found real value in revisting module 1 and 2 while I work on 3 because they mean so much more to me now.

In terms of ballstriking, the trend is definitely upwards, I feel like I have been let into a secret society of 'advancedballstriking'.

Just a quick word about Lag, he is easily the most knowledgeable instructor I have ever had and believe me I have tried a few! He has a keen eye for spotting and correcting errors in the drills, its difficult to do the drills perfectly, for me at least, but the best thing is that the ball loves the end product the better you can do them.

Right now, I am working really hard on that P3 to P5 move with the 4.30 line being very important at P3. I can feel my golf swing changing in character slowly, I am becoming a hitter with really really 'mean' intent..that deliberate aggressive attacking move....

Would love to hear any thoughts from fellow students...

#### Prot



- Jun 04 2009 00:02
- 354 posts
- Member since 2008

In terms of ballstriking, the trend is definitely upwards, I feel like I have been let into a secret society of 'advancedballstriking'.

That's funny, but so do I. I understand what you mean here. For me it's like there's a lot of knowledge that most instructor's don't even have a clue about.

For instance, locally I finally found one person who even knew of The Golfing Machine. Everyone here teaches some form of swinging or another (not that they even realize this).

I think I've been doing Lag's drills since... last October/November. So about 7+ months. And I STILL revisit every one of them.

It's like a multiphase project though. I find many times the mechanics do not stick on the course, because it's not how the brain works... but going back and forth, back and forth... it starts to pay off.

I was stuck at my 'low round' score. Last year I hit the same score (nothing to brag about, trust me) about 12 times... and could not beat it. We're still just ending our first real month of playable weather...

I've beat it 4 times now.

There some things I have to figure out on my own. Trouble shooting is like the ultimate phase in my mind. When you know what you're 'go to faults' are, and then figure out how to fix them... it's a golden moment I find.

I have been VERY frustrated at times. Lag knows this too... Sometimes I imagine Lag with a large stick with a rusty nail sticking out of it, and I feel like Frankenstein being beaten into something I don't quite understand. Is that bad? LOL

-----

"Try smarter, not harder." Moe Norman

# aiguille

- Jun 04 2009 00:26
- 28 posts
- Member since 2009

LOL! No thats not bad, thats honest!

The way I look at it is like this...I have been hitting the ball in a misguided fashion for the last twentyfive years. Its got me as low as 7 but mainly by smoke and mirrors and good putting days.

I have never owned a swing that could reliably see me through an entire round and I still don't. But there are enough clues to suggest that I am getting closer, solid play on difficult windy courses etc..

Apart from the more consistent play and the odd memorable low score, there is something going on thats more important to me and thats the

quality and sound of **some of** my shots, its starting to surprise me and my playing partners.

With regard to my faults, I am taking an opposite view to you, rather than addressing them, I am focussing on doing the drills and incorporating those moves in my full swing because my theory is that this will wash all that bad stuff out...

The other thing is that I bug the hell out of Lag with questions when I get stuck and he loves going deeper into the answers, anyway I am sure you know that.

Keep at it Prot, for me understanding the drills /concepts is key to improving.

#### robbo65



- Jun 04 2009 02:41
- 98 posts
- Member since 2008

I haven't quite progressed to going "all persimmon", but I am carrying a persimmon 3 and 5 wood now in lieu of any hybrids or titanium fairway woods. My driver is still titanium, but 385 cc's and with some lead tape on it to get the weight up. Lag's "goal" (not sure if that's the right term) is to qualify for the US Open with the older gear..... I want to try and win a local amateur event with it. I often use a persimmon driver during my range sessions now as I think it keeps things pure and provides the most feedback. I just need to get the swing stronger so I can get a little more distance out of the persimmon

driver.

Our regular game consists of 10 to 15 players and most have handicaps that hover around scratch. There are lots of side bets and trash-talking among this crowd, and it can be a ruthless bunch but very goodnatured. I tend to be the one that likes to talk swing theory and equipment and most of the group loves to chide me for it, but I welcome it. On Sunday, I hit a persimmon 5-wood from about 215 yards out to 30 feet and 2-putted for birdie. One of my buddies who was playing in my group referred to it as a "persimmon birdie" the rest of the day. I had the chance to use the 3-wood for my 2nd shot on a par 5 later in the round. I caught it a little on the heel and it started left and cut back to the middle. I mentioned to the same guy that the ball flight was probably the result of the "gear-effect" of that 3-wood and he was like "what the hell is gear effect?!"

We tried to hold a persimmon/blade event late last year, but the weather was nasty and limited our participation. But, to a man, everyone who played loved it and were somewhat surprised at what they could do with the older equipment. We'll do it again soon.

Robbo

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